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# Redcliffe

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**GUIDE**

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# A Note from the Editor

**It's February already and our first edition of the Redcliffe Guide for 2024. We hope you all had a wonderful Christmas and New Year break. Kids are back at school and hopefully we are all settling back into routine.**

This year is very exciting for us all here at the Redcliffe Guide because we celebrate 10 years bringing stories and events to the community! Read more on page 8.

There are some great ideas for your next day or night out with family or friends in this month's edition of the Redcliffe Guide.

Moreton Bay Expo returns to the Peninsula this month and timing is perfect if you are looking at planning an outdoor adventure for 2024. There are some great activities including panning for gold that will keep the whole family entertained.

So grab a drink of choice, sit back and relax and take some time to read more about what is happening in your community.

Until next month, happy reading!

Jodie

Scan to hear our latest podcast!



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## WHAT'S HOT AROUND TOWN

STORY **SALLY EBERHARDT** PHOTO **PIXABAY**

**L**adies, do you LOVE your car? Get your motors running on Saturday, 10 February when Redcliffe Muscle and Kustom team up with the all-female car club Thick Thighs & All Rides to bring you a night of cruising the Redcliffe Peninsula 'girl power' style.

Everyone is welcome to check out the cool and unique female-owned vehicles and show off their own. Whether your ride is muscle, sports, classic or simply a beloved family car, this is a wonderful evening of sharing your passion for automobiles of any kind.

Gather the women in your life – girlfriends, friends, sisters, daughters, mothers, wives and other loved ones – and make it a date at Redcliffe Cruise Night.

If cars mean more to you than just a way of getting from Point A to Point B then this fun night will have your engine purring and your peepers feasting on metal and chrome eye-candy.

*Meet at The Pavilion, Marine Parade, Suttons Beach at 5pm. For more details search for Redcliffe Muscle and Kustom on Facebook.*

**A**re you ready to rock out hard and fast? Unleash your inner metalhead and punk rocker with not one, but **THREE** live bands at Tribe Clubhouse on Saturday, 10 February.

It's not too often you have the chance to see such a renowned band as Beast Machine right here in Redcliffe. These guys have toured the US twice, have a booking agent in Los Angeles and have played many iconic venues including the Whiskey a Go Go. Supported by two local acts, this will be a night to remember.

Sunshine Coast pop/punk rockers Deadheat will open the night with fast guitar riffs and lyrics about good times. Next up, the high-energy sounds of Brisbane-based punk/grunge rockers Hard Luck Champions. With catchy songs and breakdowns, they recently played at the Good Things Festival in Brisbane. Headlining the night is thrash/metal

**L**ooking for a night out of mesmerising fun? UK-based Peter Powers is proclaimed to be the world's funniest hypnotist and you can catch him at the Redcliffe Entertainment Centre on Friday, 16 February.

If you've seen him entrancing his victims and audience as a frequent guest on The Footy Show, now is your chance to see him LIVE. And maybe even join him on stage as a volunteer if you are feeling brave! Peter draws large crowds in every country he performs in and has featured in his own Channel 7 TV series, Mesmerised, which aired in prime time.

Whether the hapless volunteers get to live out their wildest dreams or experience their worst nightmares, the audience is guaranteed a ton of belly laughs as they watch the outrageous antics. If comedy is your bag, Peter Powers will deliver a great night's entertainment with his hypnotic powers of persuasion.

*Show starts at 7.30pm. Bookings are required – adult tickets are \$69.90 (excluding booking fee). To book go to [www.redcliffeentertainmentcentre.com.au/Events/Peter-Powers](http://www.redcliffeentertainmentcentre.com.au/Events/Peter-Powers)*

*Do you have an upcoming event you would like to see featured in What's Hot Around Town? Shoot me an email at [sallyeberhardt@yahoo.com](mailto:sallyeberhardt@yahoo.com) with the event and contact details.*



powerhouse duo Beast Machine with their intense and heavy sound of raspy vocals over complex beats. Likened to a hybrid of Slayer and Faith No More, Beast Machine are touring Queensland for their latest album Plague of the Death Cult before heading off on their third tour of the USA.

*Doors open 6.30pm – FREE entry. Tribe Clubhouse – 4/457 Oxley Avenue, Redcliffe.*

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## REDCLIFFE GUIDE CELEBRATES 10 YEARS AS COMMUNITY FAVOURITE

STORY **ALYSSA MACKAY**

**T**his year, the Redcliffe Guide marks a milestone that is quite a cause for celebration – the tenth anniversary of the publication.

Since its launch in 2014, the magazine has aimed to be an essential resource for residents and visitors to the area. The Redcliffe Guide was founded by husband and wife Dominic and Elise Alberth, who already owned and produced the Sandgate Guide and decided to extend their successful venture to the peninsula.

“We had several community members ask for a Redcliffe version of the Sandgate Guide, expressing that it was something they needed on the peninsula,” Dominic said.

“Redcliffe Peninsula had its own feel and vibe. We wanted to give the Redcliffe area a guide like Sandgate as there are many similarities like seaside lifestyle and strong community spirit. But the Redcliffe area is diverse with community groups and activities which are unique to Redcliffe. We let the Guide grow organically into what it is now.”

Over the years, the Redcliffe Guide has covered numerous events in the community and shared the stories of many local faces. Elise said one of the major highlights during their time producing the magazine was the opening of Stage 2 of Bee Gees Way in 2015.

“It was an exciting time for Redcliffe, and the Guide covered the opening event,” Elise said. “We were given the opportunity to meet Barry GIBB, so that was a very memorable moment.” The Alberths said the Redcliffe Guide gave the community a voice.

“There was a need to get the word out about events and activities happening on the Peninsula,” Elise said. “We think the Guide was integral to forming long-lasting community connections.”

When Dominic and Elise decided to pursue new ventures in 2022, the Redcliffe and Sandgate Guides were taken on by current editor Jodie Morphett. Jodie said that from its conception 10 years ago, the Redcliffe Guide has remained the community’s favourite way to read about local stories and discover local events.

“As we step into the next ten years, our commitment deepens as we continue to share the untold narratives and events that define the essence of the Peninsula,” Jodie said.





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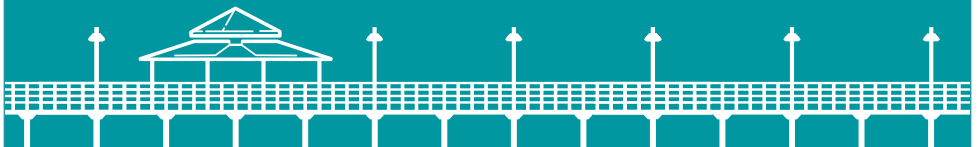
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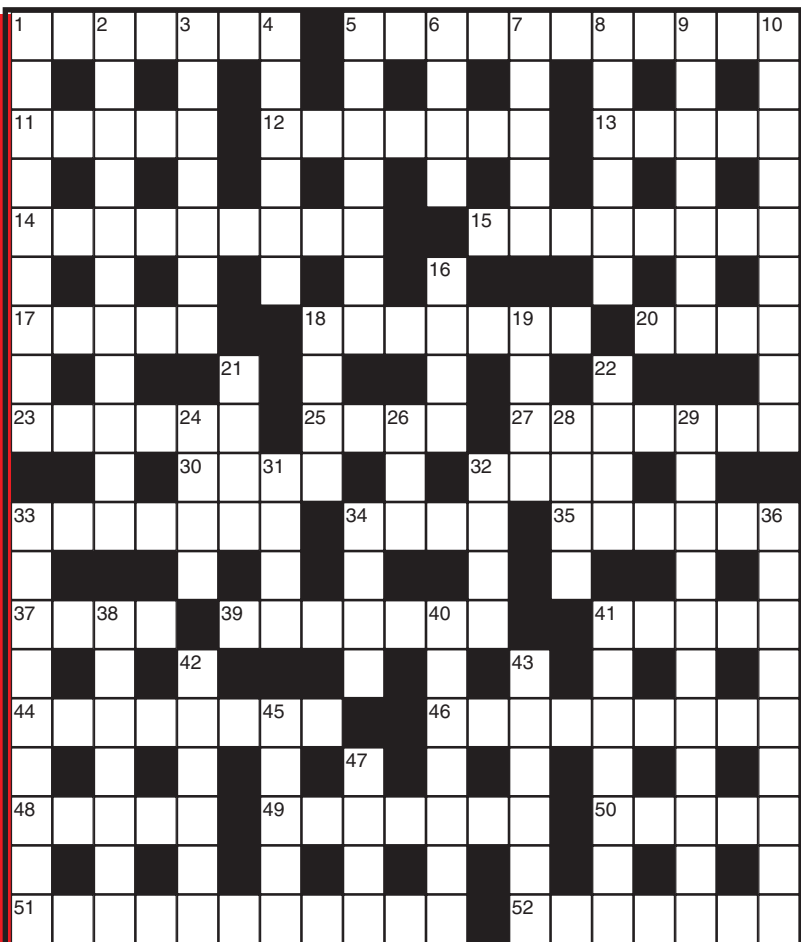
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# THE BIG ONE CROSSWORD



## ACROSS

- 1 Baffled
- 5 Meanings
- 11 Arrange
- 12 Conspicuous
- 13 Seethed with anger
- 14 Flagrant
- 15 Tending to promote health
- 17 The Hunter constellation
- 18 Proceeds
- 20 Dry river bed
- 23 Appeal for reason (coll) (4,2)
- 25 Overtake (2,2)
- 27 Make a face

- 30 Quarrels
- 32 Lacking in cordiality
- 33 Improve
- 34 Novice
- 35 Modifies
- 37 Defrost
- 39 Gifted child
- 41 Gather (grain) after the reapers
- 44 Dotage
- 46 An addition
- 48 Taxi driver
- 49 NW African kingdom
- 50 Speak up
- 51 Downcast (3-8)
- 52 Boldly

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- 1 Exhibited (6,3)
- 2 Weakening
- 3 Ideal instance
- 4 Borrower
- 5 Saltwater lake (4,3)
- 6 Exploit
- 7 Insane (coll)
- 8 Muddy
- 9 Sheer silk fabric
- 10 Alluring
- 16 Compassion
- 18 Markers
- 19 Dance style (2-2)
- 21 Forest
- 22 Overlay with gold

- 24 Small unit of mass
  - 26 Purchase
  - 28 Stray
  - 29 Pep pill
  - 31 Low dam
  - 32 Rabbit-fur
  - 33 Lacking melody
  - 34 Neat
  - 36 Earnestly
  - 38 Archer's weapon
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  - 41 Venetian boat
  - 42 Fool around (4,2)
  - 43 Poise
  - 45 Stopwatch
  - 47 Unruly child
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# PODCAST OF THE MONTH

## DOLPHINS GEAR UP FOR 2024 NRL SEASON

STORY JOSHUA EAST

**T**he Dolphins made a strong debut in the 2023 NRL season and as they gear up for their second season, the pressure is on to secure a spot in the top eight.

The 2024 NRL Telstra Premiership kicks off on 2 March, with the Dolphins playing their first game of the season against the Cowboys on Sunday, 10 March at Suncorp Stadium.

After being hit with injuries and suspensions in their debut campaign, this year sees the Dolphins fielding nine debutants. They are also adding representative talent to the roster, signing England international Herbie Farnworth and Maroons and Kangaroos prop Tom Flegler.

While veteran players like Mark Nicholls and Jarrod Wallace defied expectations last year, the Dolphins are developing the next generation of forwards. Tom Flegler is a star forward and 20-year-old prospects, Mason Teague and Oryn Keeley will be expected to step up at the NRL level.

This season will also mark the swan song for the coach, Wayne Bennett. After that, his assistant, Kristian Wolf, will take over as head coach. Bennett led the underdog team to a strong start last season and it is anticipated he will want to end his tenure on a high note.

Last year, the Dolphins attracted a strong following as they embarked on their debut campaign. Throughout the regular season, they boasted impressive home attendances, second only to their cross-town rivals, the Broncos.

The team also received significant support during away games. Their dedicated fan base will be eagerly awaiting to see if they can rise to the occasion and secure their spot in the finals this time around.

## 'WHAT NOW? WITH TREVOR NOAH' PODCAST REVIEW

STORY NICK ALLFORD

**E**ver wanted to be a fly on the wall in a celebrity therapy session?

Well, that's exactly the feeling you get from 'What Now? with Trevor Noah.' In an honest and measured approach, Trevor sits down with anyone from Bill Gates to The Rock and even our very own Nick Kyrgios. Picking their brains for stories, advice and insights into what makes them tick. If you're not familiar with Noah's work, he's a South African comedian who took on the enormous task of hosting 'The Daily Show' and has gone on to become an even more successful comedian and author, adding podcaster to his list of achievements. He addresses some hard issues, but not for shock value or clickbait. His motives seem to be a thirst to better understand the human condition.

Like any good chat, it's free-flowing and goes both ways. Not flicking through a list of notes or standard questions, he goes where the conversation takes him, throwing his own stories and experiences into the mix. It may not sound like a positive, but it's perfect for bedtime listening. The cadence of Noah's voice is a balm for the soul.

*Find 'What Now? with Trevor Noah' wherever you get your podcasts.*

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**THE FLOORING SHOP**

# A LEGACY OF LOVE



STORY **BROOKE JACOBSON**  
PHOTO **PETE JOHNSON**

**R**edcliffe social worker Lisa Twigg has published a book aimed at celebrating her late father, Bob, as well as educating the community about a growing health problem.

More than 400,000 Australians live with dementia, and it is currently the second leading cause of death in the nation.

Lisa's book, titled *80 Years Without Dementia*, was published last year and documents her family's journey with the disease.

"The motivation for writing the book was twofold; I wanted to leave a legacy for Dad and now that he has gone, I feel fantastic that we have that legacy there," Lisa said.

"And secondly, I was trying to reframe dementia. When he was diagnosed, so many people said, 'Oh I'm so sorry, that's terrible', but he was still my Dad and I didn't feel any different about him.

"He was diagnosed at 81, so before that he didn't have dementia. I wanted to reframe the thinking around it – you can still have gratitude and hope."

Lisa added there was a "lot of fear" in the community around a dementia diagnosis.

"With Dad, we were seeing not just memory loss, but his capacity for processing things had changed," she said.

"By the time he was diagnosed, it was a relief really and we knew what we were dealing with.

"I felt like I needed to find out what to expect, how to deal with it, and I had to educate Mum as well.

"I did a couple of courses at the University of Tasmania – Understanding Dementia and Preventing Dementia – and they were so helpful.

"I had to understand what the risk factors were for Dad, and what our trajectory as a family would be."

Lisa added the decision to put her father into full-time residential care was one of the hardest her family had ever made.

"It was a very difficult time, and I got through it by thinking if it was Mum with dementia, she would be saying to Dad, 'Just put me somewhere I can be looked after – and don't forget to visit'," she said.

Lisa and her family said their final farewells to Bob a few weeks before Christmas last year.

"We were able to bring Dad home and we had five days with him, and he passed away peacefully in his sleep, surrounded by his family," Lisa said.

"And we couldn't ask for more than that."

*Lisa's book, 80 Years Without Dementia is available for \$19.96 via [www.lisatwigg.com](http://www.lisatwigg.com) or by emailing Lisa at [lisa@eightyyearswithoutdementia.com](mailto:lisa@eightyyearswithoutdementia.com). It's also available as either an e-book or a hard copy at Amazon.*

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# MOUSETRAP THEATRE COMPANY FINDS TEMPORARY NEW HOME

STORY **ALYSSA MACKAY**  
PHOTO **PETE JOHNSON**

**T**here's some good news for Mousetrap Theatre Company, who have found a temporary new home at the Sutton Centre in Redcliffe.

The community theatre group's original building at Redcliffe Showgrounds was recently closed by the City of Moreton Bay due to structural issues.

Mousetrap Theatre Company president Karen Matthews said the interim location at the Sutton Centre had many benefits.

"Being central to the Redcliffe business district will give us a much more visible presence," Karen said. "The building is easy to find, with good parking and street access. There is (also) potential to form links with nearby businesses for joint promotion."

The decision to find a new home was made in mid-2022 following an assessment by Council, which found the required rectification works on the Redcliffe Showgrounds building to be too extensive and costly. This closure marked the end of an era for Mousetrap, who had been based there since 1967.

Karen said the experience was like moving out of the family home, or losing an old friend.

"Losing a theatre of over 60 years is obviously upsetting," she said. "We have members who have grown up at Mousetrap, who have

brought along their children and grandchildren and performed on stage together."

The theatre company attended community council meetings and created a petition, receiving more than 1600 signatures online and more than 1000 on paper.

City of Moreton Bay announced late last year that they would lease part of the Sutton Centre at 157 Sutton Street to Mousetrap for a five-year period.

No timeline has been announced for the company's move to the Sutton Centre, with maintenance and upgrades required before the venue can accommodate performances. In the meantime, Mousetrap has been using the John Naumann Hall in Deception Bay for their performances.

"We will be moving the contents of our current building to The Sutton Centre for storage in the next month or two but we won't be open to the public for performances for several months, at least," Karen said.

"Our audiences have been very supportive and understanding of the circumstances, and our directors and casts have adapted their approach to make the venue work. It is in no way ideal, but we're managing and keeping our theatre alive. Theatre people are adaptable."

*Follow Mousetrap Theatre Co. Inc. on Facebook for updates.*



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# IWD LUNCH: GIVING WOMEN A SPORTING CHANCE

Meg Ward

STORY **SALLY EBERHARDT**

**W**hat better way to honour International Women's Day (IWD) than to celebrate women's achievements and also encourage and support women to be all they can?

After their sold-out event last year, Ladies Who Long Lunch founders Kirsty Fields and Jo Stevens are running another International Women's Day this March. To fit with the IWD theme of inclusivity and this being an Olympic year, the focus is on women in sport.

The IWD Empowerment Panel features three guest speakers who have pioneered the way for other women in sport. They are –

**ANNEMARIE WHITE OAM** – a trailblazer awarded for over 40 years in increasing the equality of women in sport, including being Media Manager at the Olympics, Paralympics, Commonwealth Games and World Championships.

**BRITT MURRAY** – competitor and winner of surf sports including the Australian Open Ski Race, Female Surf Team relays and IronWoman events. Now the Head of Special Education Services with Queensland Education.

**MEG WARD** – NRLW champion rugby league player who is a Queensland and Australian representative and has won three premierships (so far!) with the Brisbane Broncos.

When asked what barriers female athletes face, all three panellists mentioned money.

"To play at an elite level you need to sacrifice a lot of time and effort for minimum wage," Meg Ward said.

"For women to do their absolute best in sport we need to be paid adequately. Until then we continue to juggle full-time work, families and many hours of training every week."

AnneMarie White said we should be encouraged by the recent triumph of the Australian women's national soccer team.

"I witnessed the Matilda's proving girls' dreams do come true – even if they are paid less," AnneMarie said.

"Each one of us needs to use our strongest voice and to expect equality."

Britt Murray added that part of the solution is something we can all do – watch and support women playing sport.

"If there is an opportunity to view a sport where females are participating, have the whole family involved," Britt said.

Enjoy a delicious long lunch and drinks package in the company of inspirational women who celebrate and lift each other up.

*Bookings essential at [events.humanitix.com/international-women-s-day-lunch-2024](https://events.humanitix.com/international-women-s-day-lunch-2024)*

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# ENJOY GOLDEN EXPERIENCES AT MORETON BAY EXPO

STORY **SALLY EBERHARDT**

**G**olden opportunities abound as the **Moreton Bay Expo returns to Redcliffe with more to see and do than ever!**

Already known as a showcase for a large range of outdoor products from the latest caravans, boats, fishing gear, camping equipment and more, the Expo also offers exciting adventure experiences the whole family can enjoy. There are even great prizes to be won!

Amongst the 180 exhibitors are some not-to-be-missed golden moments of entertainment and education. Let Dinky Di's Express Trackless Train take the family on a fascinating journey around the Expo. Don't miss the daily shows including Wildlife Unleashed and outdoor cooking with The Camp Oven King.

Mick and Adele Bender, founders of Wildlife Unleashed, said they are excited to share their passion for wildlife at their very first Expo.

"We look forward to being among people who enjoy learning about wildlife. Our talks about safety and first aid are always well received," Adele said.

"Mick wrangles some of the world's most venomous snakes, the birds are amazing, and our baby saltwater crocodile is a favourite with kids."

"We love giving people the opportunity to get up close and personal. We encourage them to respect and appreciate wildlife so they look after it for future generations."

There will be many sites dedicated to 4-wheel-driving, camper-trailers and camping gear. People love to get out in nature but what do you do when you are out there? Prospecting for gold is a great alternative activity to hunting and fishing according to exhibitor Dustin McMurray, Director of Gold Rat Engineering.

"People want to reconnect with the bush and prospecting gives purpose and adventure to walking through the bush," Dustin said.

"Our customers include families and also people with PTSD, for example, service professionals, who find panning for gold and metal-detecting to be calming and therapeutic."

"You learn about geology, minerals and history as you enjoy the environment."

*For more information and discount tickets go to [bayexpo.com.au/](http://bayexpo.com.au/)*

Prices at the gate - Adults Single Day \$20, Adults Multi-Day \$25, Children 16 and under FREE.

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Vickie Gilles, Lisa Berg and Andrea Dowsett.

# LOCAL BUSINESSES' SWEET SUCCESS STORY

STORY **PATRICIA HIGGINS**  
PHOTO **PATRICIA HIGGINS**

**H**aving teamed up late last year, My Preloved Wardrobe and sister store Bikkies and Bakes are powering into the new year with more options for those wanting to be stylish on a budget and needing to dress the kids – all the while enjoying a sweet treat in the process.

The team behind My Preloved Wardrobe, Lisa Berg and her mother, Vicki Gillie, and Andrea Dowsett, owner and operator of Bikkies and Bakes, are responsible for overseeing the newly expanded Clontarf premises.

Lisa Berg said that teaming up and expanding into an additional location (behind the original My Preloved Wardrobe address at 92 Elizabeth Avenue) has proved to be a very rewarding experience for all involved and added an exciting new element to the clothes swap store.

“My Preloved Wardrobe offers an exchange program whereby if your clothes aren’t stained, damaged or broken, you receive credit to use in-store,” Ms Berg said.

Ms Berg said the original shop stocked adult clothes (nothing is priced over ten dollars), while the new children’s store (also housing Bikkies and

Bakes) stocked “all things kids” with a maximum price of five dollars per item.

According to Ms Berg, the results of a house flipping endeavour created the space required for the innovative new development.

“With preloved as our priority, we flipped this preloved house into a shop in six weeks,” Ms Berg said.

The community now has a very flexible retail option thanks to the partnership, which was founded on a shared mindset.

“Being mums, we knew what was missing in Redcliffe — a place where the kids can safely play and parents can shop without breaking the bank and enjoy coffee and delicious baked goods,” Ms Berg said.

Ms Berg said that their new location would offer the perfect backdrop for a playdate and that Andrea’s Biscoff Double Choc New York Style Chunky Cookies were an ultimate “must try.”

It all sounds very sweet indeed!  
Shop at 92 Elizabeth Avenue, Clontarf and 2A Cornelius Street, Clontarf, and also online at [www.myprelovedwardrobe.com.au](http://www.myprelovedwardrobe.com.au) and [www.bikkiesandbakes.com](http://www.bikkiesandbakes.com). Additionally, the businesses can be searched and followed on social media.



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# REDDYROUNDUP

STORY **JULIA LEWIS**

## **DID YOU KNOW CITY OF MORETON BAY HAS A DISASTER DASHBOARD?**

Stay up-to-date with crucial information during emergencies with this comprehensive site providing real-time updates, emergency alerts, evacuation plans, shelter locations, essential contacts, and valuable preparedness tips, empowering you to stay informed and safe in our community. *Visit [disaster.moretonbay.qld.gov.au/](https://disaster.moretonbay.qld.gov.au/) and make sure to share with your neighbours!*

## **WALK THIS WAY: NEW PEDESTRIAN FOOTPATH PROJECTS UNDERWAY**

New pedestrian footpath projects are underway in the Kippa-Ring and Deception Bay areas. Under the Missing Link Pathways initiative, a total of 1,674 metres of pathways are set to enhance connectivity around Hercules State School, Southern Cross College, Kippa-Ring State School, and Deception Bay State High School by the end of the financial year. City of Moreton Bay Mayor, Peter Flannery has said the upgrades will address safety and connectivity for students and pedestrians. As the region experiences rapid growth, the Missing Link Pathway program aims to bridge gaps in footpath connectivity near schools and high-traffic areas. *To find out more about this project visit [www.moretonbay.qld.gov.au/News/Media](https://www.moretonbay.qld.gov.au/News/Media)*

## **REDCLIFFE TIGERS AFL FAMILY FUN AND SIGN ON DAY**

Redcliffe Tigers AFL club will have their Family Fun day and Sign On day this month. Join them at Nathan Road Sporting Complex, 30 Nathan Road Kippa-Ring from 11am to 3pm where they will be taking registrations for the 2024 Auskick season. The uniform shop will be open, there will be footy activities on the field, along with face painting, jumping castle and dunk tank plus slip and slides. Coffee will also be available plus a sausage sizzle and ice cream truck. It is a great opportunity to meet the 2024 coaches and committee. For more information contact Melinda on [secretary@redcliffetigersafc.com.au](mailto:secretary@redcliffetigersafc.com.au) Facebook [fb.me/e/3prRp6fJJ](https://fb.me/e/3prRp6fJJ)

## **THE BREAKFAST CLUB REDCLIFFE:**

## **SUPPORTING OUR COMMUNITY**

Extending a helping hand to the community, The Breakfast Club offers free meals on Tuesdays and Thursdays from 4:30pm to 5:30pm, as well as breakfast on Monday, Wednesday, and Friday from 7:00am to 8:00am at Clontarf Community Hall (34 Cornelius St, Clontarf 4019). Emergency food parcels are also available on Tuesdays and Thursdays from 9:00am to 1:00pm. The Breakfast Club Hub, open on Tuesdays and Thursdays from 9:00am to 1:00pm, provides support services, including Orange Sky, supplies for rough sleepers, phone charging, and a quiet space to sit. Additionally, the Breakfast Club Outreach operates on Sunday and Wednesday nights (5:30pm to 7:30pm) with a van distributing drinks and food packs to those experiencing homelessness across the Redcliffe Peninsula. Donations can be dropped off at Clontarf Community Hall on Tuesdays and Thursdays from 9:00am to 5:00pm. *For more information visit their Facebook page [www.facebook.com/theBreakfastClubRedcliffe](https://www.facebook.com/theBreakfastClubRedcliffe)*

## **CALLING ALL PLANT ENTHUSIASTS FOR A COMMUNITY PLANT SWAP**

Indulge your green obsession on the first Saturday of each month at Redcliffe Museum's vibrant community plant swap. Bring a plant, cutting or seeds to trade, and connect with fellow garden enthusiasts. No expert green thumb required – just a love for plants and a couple of seedlings! All ages are welcome to join in the greenery, and young nature enthusiasts can explore a drop-in activity table for a surprise craft to take home. Free. Upcoming dates: Saturday, 3 February and Saturday, 2 March, from 10:30am to 11:30am at the Redcliffe Museum, Plant Lovers' Lane, Redcliffe. *For more information visit [www.moretonbay.qld.gov.au/Galleries-Museums/Events](https://www.moretonbay.qld.gov.au/Galleries-Museums/Events)*

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## **Would you like to contribute to Reddy Round Up?**

*Is there something happening in the 4020 community you'd like to share? What are you talking about on social media, at the local café, or the school gate? Email Julia to be included in the next Reddy Round Up: [editor@redcliffeguide.com.au](mailto:editor@redcliffeguide.com.au)*





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## WOULD YOU LIKE A REMBRANDT OR TWO?

**T**he rate and scope of the advances and innovation of Artificial Intelligence (AI) regularly shocks me, as what was once fantasy becomes reality. But my surprise knew no bounds when I read an article written by CNN's Oscar Holland. He writes that a newly-formed company named Lito Masters, with their new 3D printing techniques, can now accurately reproduce famous art masterpieces.



WITH **GABRIELLE TURNBULL**

My initial reaction was, "So what! That's old hat!" as we all know about highly accurate photocopying. However, as I continued reading, I realised it wasn't 'old hat photocopying' at all. The laser scanning used is so advanced that it allows the accurate mapping of paint textures and colours, even down to reproducing the artist's original brush strokes, cracks in the canvas formed by age, and any other characteristics or imperfections of the original painting.

This new technique has transformed how the world's galleries and museums can conserve paintings and it has opened up a massive new art market, as well.

"It's almost a clone," claims the company's co-founder. Using "advanced lithography" limited edition collectible masterpieces are copied with even experts having difficulty distinguishing them from the original.

But as Holland writes, "But even to the untrained eye, there is one major difference - the price!"

For example, a new technology canvas copy of Van Gogh's Bedroom in Arles is now available for under US \$4000, whereas the original sold at Sotheby's in 2018 for over US \$66 million.

Smaller-sized work on paper will sell for under US \$500. Even though they are reproductions, each work comes with a certificate of authenticity.

Apart from greater accessibility, there is another advantage to this advanced lithography - the safer touring of precious artworks. Expensive and potentially dangerous transportation of original masterpieces from their home galleries to other countries' galleries could now become a thing of the past with reproductions filling the void.

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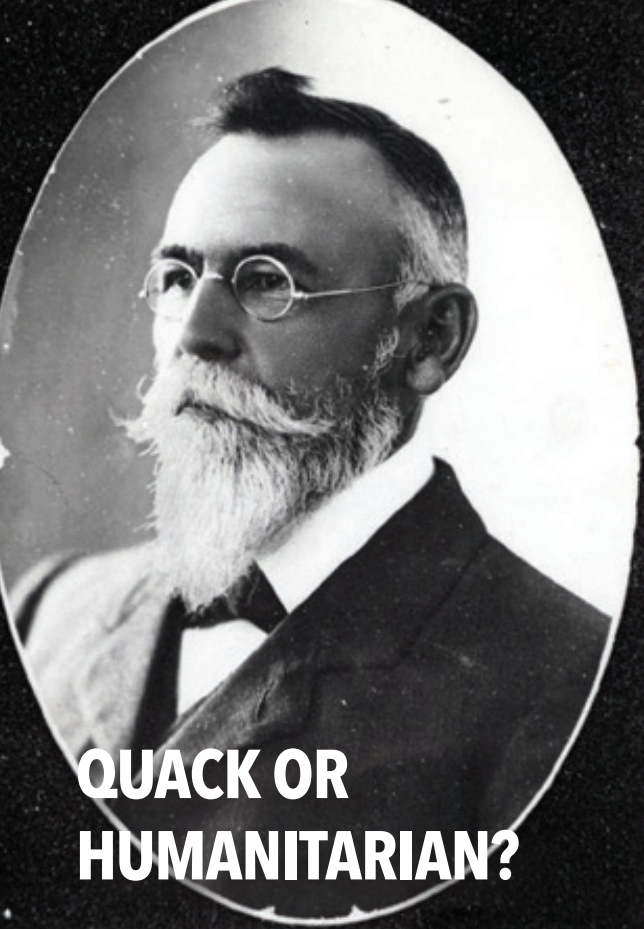
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*Gary and Vanessa*





# QUACK OR HUMANITARIAN?

Henry Ibberson Tubbs, 1905

## HISTORY REDCLIFFE

STORY **PATTIE TANCRED**  
PHOTO **MORETON BAY REGIONAL COUNCIL,**  
REFERENCE NUMBER **RMPC-100\100918\**

**A**mong Redcliffe's first European settlers - the convict contingent of 1824 - was one Walter Scott, "civilian surgeon/storekeeper". When he, with the rest of the party, moved south to the Brisbane River the following year, any effective medical assistance went with him and it would be almost another hundred years before the peninsula could boast much in the way of health services.

Despite the Central Board of Health repeatedly urging the desirability of appointing a health officer for the division of Redcliffe, the Divisional

Board did not consider it necessary and the closest doctor until well into the 20th century was at Sandgate.

Under these doctorless circumstances, then, the best that Redcliffe residents could hope for was advice from a pharmacist, midwife or some other supportive person. One such individual was Mr Henry Ibberson Tubbs, proprietor of the Orient House boarding establishment and, given the number of emergencies he was called to, something of an untutored expert on human health.

Mr Tubbs was, as Truth reported in 1911, "not a medical man in the strict sense of the term" but had for years "ministered to the ills" of the people of Redcliffe. In 1886, he assisted in the treatment of Miss Sutton, who had been attacked by a black snake. He, having "a good deal of experience in cases of snakebite", administered ammonia and the patient eventually recovered. In 1903, he was at hand to render first aid to a Mr Jenkins who suffered a broken leg when his horse rolled on him.

In 1909, Tubbs was called by a Mr Pearce whose wife was suffering a miscarriage. Mr Tubbs, "had regularly attended [Pearce's] wife", treating her for a previous miscarriage as well as toothache. Sadly, despite the ministrations of Tubbs and Dr Davidson, who had been called from Sandgate, Mrs Pearce died. Despite this, Mr Pearce later praised Tubbs as "a wonderfully clever ... and humane man where anybody sick is concerned."

When, in 1911, Miss Cecilia Brown "dislocated her elbow", Tubbs was the first to be summoned. His treatment of her aroused the ire of a Dr Foley and the pharmacist, Mr Vaughan, who also arrived on the scene. An unseemly contretemps ensued resulting in legal action. Tubbs must have stepped on Dr Foley's professional toes once too often, Foley having previously told him "to stick to his boarding house and not to go in for doctoring." But Foley practised at Sandgate, and Redcliffe had no one else to rely on to render emergency assistance other than the redoubtable Mr Tubbs.



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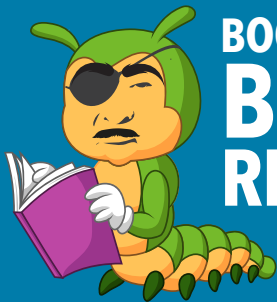


**YVETTE D'ATH**  
State Member for Redcliffe

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Authorised by Y D'ATH, Member for Redcliffe, Suite 35, Level 1, Bluewater Square, Cnr Anzac Ave & Sutton St, Redcliffe



# BOOKWORM BOOK REVIEW



STORY **RICHARD LANCASTER**  
PHOTO **CANDICE EPTHORP PHOTOGRAPHY**

**T**he writing fraternity of Moreton Bay is really on the move. The latest author to join the fast growing 'scribing tribe' is Scarborough author Samantha Horner.

She has just released her first book entitled *Single, Savvy and Sustainable*. This is a captivating lifestyle book with a capital L.

The book covers everything from cooking and dietary needs to gardening, travel, property ownership and there is even a section on crafts and hobbies and there is still more!

Although it focuses to a degree on singles, the information, tips and advice can be an invaluable addition to anyone's library.

You can purchase the book [\$30.74] and access the ebook [\$9.95] on Amazon.

*Samantha Horner can be reached on Instagram @savvywithsammy.*



## Lions Sunday Markets

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“WE LEFT ON SUCH A HIGH!”

# RESPECT

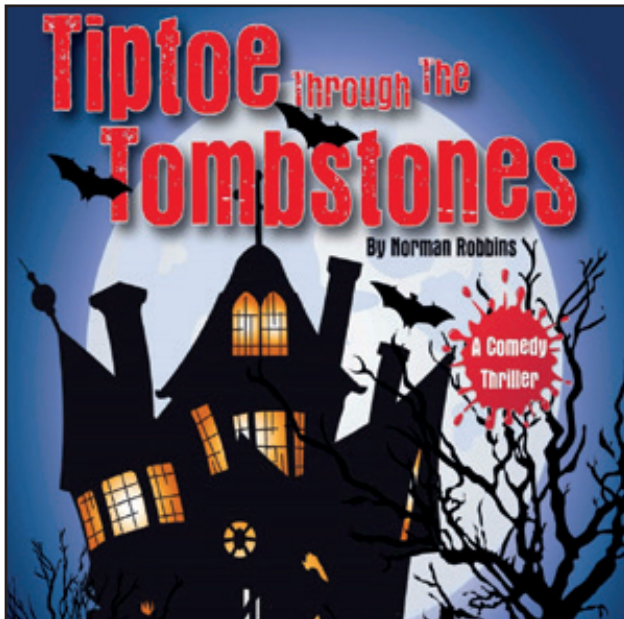
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# WELCOME TO THE Darkness



## MOVIE REVIEW

# 'WELCOME TO THE DARKNESS' MOVIE REVIEW

STORY @WATCHITWOMBAT

Wanna be a rockstar?

**A**lthough I can't promise you groupies and TVs propelled out of windows, the documentary 'Welcome to the Darkness' is probably as close as most of us will ever come to being Rock Gods.

Hop on the tour bus with legendary Brit rockers The Darkness, who shot to fame in the early 2000s – selling millions of albums, packing out stadiums across the world and lining their shelves with awards. Now, we join them as they start their comeback tour.

You may know them from anthems such as I Believe in a Thing Called Love and Love Is Only a Feeling, to name but a few. Not ringing a bell? No worries, an insightful backstory is

provided for the uninitiated. You don't need to be a fan to enjoy the ups and downs of their successes and tumultuous relationships. Although not as violent as the Gallaghers, the Hawkins brothers (frontman Justin and guitarist Dan) have a tumultuous relationship that is touched on but never fully explored. As they seem to be healing, why would you pick at that scab? Possibly unrelated, but they also manage to churn through more drummers than Elton John has wardrobe changes.

The humour from their music carries over into their day-to-day lives. Whether it's picking an outrageous outfit for the next gig or interacting with adoring fans, they never take themselves too seriously. Which would be hard to do when you have a lead singer who looks like he should be lowering a basket of lotion into a well – but man, he can hit high notes that would make the Gibb brothers proud.

This will undoubtedly be my favourite doco of 2024. With so much riding on this tour, the tension is palpable. Succeed and live the life of a rockstar or fail and get a proper job. It could go either way as disaster seems to be a fifth member of the band. However, their resilience, determination and self-belief keep them rocking. Which is justifiable when you consider how much they have achieved. Find out if they can do it again in 'Welcome to the Darkness.'

*Available to rent or buy on most Aussie streaming platforms from 24 January.*



## REDCLIFFE



### FLOAT THERAPY

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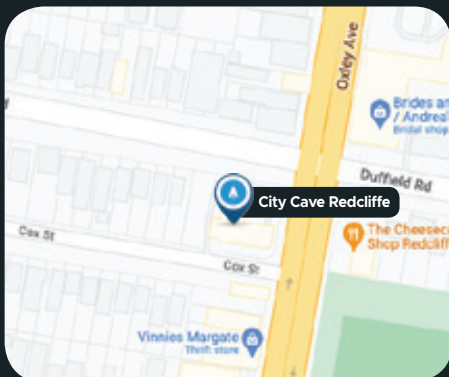
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## GOOD MENTAL HEALTH

# HOW TO KEEP LOVE ALIVE IN RELATIONSHIPS

## OVER 50'S HEALTH

### SUSTAINING YOUR STRENGTH & FITNESS NEW YEAR'S RESOLUTIONS

**T**he start of a new year often brings a surge of enthusiasm for adopting healthier habits, with strength training ranking high among resolutions. As a Strength Coach of Over 50's, I have noticed that the gym has been quite busy since the beginning of January. The true challenge of a new commitment is in sustaining it beyond the initial January momentum. It actually requires a strategic approach, a plan and perseverance.



WITH JAN ROESCH

From experience, you need a plan that is Sustainable, Measurable, Achievable, you have to take Responsibility, and set a Timeframe (yes, that is my own take on SMART goals).

Consistency and persistence are very powerful and help create a great mindset and motivation for achieving

amazing results.

What also helps with being consistent is accountability. That can be in the form of training with friends and having a coach to assist you. I'm not saying that it is up to them to keep you on track, that is your job, you're taking responsibility for you! LOL

Having a good coach who knows your goals and will prioritise injury prevention, fostering a supportive community and being consistent with all of that can help you maintain your commitment throughout the year, leading to improved strength, health, vitality, and overall well-being!

*If you'd like to see how we work at Over 50's Health, book in for a free 30-minute strength training session. Mob :: 0455 660 994*

**L**ove is not a static feeling that magically lasts forever. Love is a verb, it requires action. To keep love alive in your relationship it needs nurturing, attention, and effort. Here are four strategies for you, and your partner/s, to practice strengthening your bond and enhance your intimacy.



WITH TANYA FISHER

- Be fair. Treat your partner/s with respect and equality. Honour your agreements and keep your promises. Avoid double standards and power struggles. Fairness builds trust and security in a relationship.

- Keep dating. Do not let your relationship become routine. Make time for each other and do things that you both enjoy. Surprise your partner with

random acts of kindness and gestures to show them that you care and that they matter to you. Dating keeps the spark and excitement alive in a relationship.

- Go on a honeymoon. Whether it is your first or your twentieth, a honeymoon is a wonderful way to reconnect and rekindle your passion. Leave behind the stress and distractions of everyday life and focus on each other for a day, a week, or a month! Honeymooning helps you remember why you fell in love in the first place.

- Unplug. Technology can be a blessing and a curse for relationships. While it can help you stay in touch and share your experiences, it can also be a barrier to sharing quality time and building intimacy. Designate sacred time for your relationship and create a tech-free zone. Turn off your phones, computers, and TVs and tune in to each other. Unplugging helps you deepen your communication and connection with the other person.

Sometimes in our relationships, we lose connection with each other. Do not hesitate to reach out and talk to me on 0487 844 603 about how I can support your relationship to be all it can be.

Happy Valentine's Day!

May the day remind you to love greatly

P.S. I love you Dazi.



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## TOGETHER WE CARE EQUALS 'EXCELLENCE IN CARE'

STORY **PANAYIOTA**

**G**etting older can be daunting, and yet, it's important to consider managing our elderly loved one's future, as well as our own.

Together We Care (TWC) is a Queensland-based aged care provider offering options to better navigate our future with a difference.

At TWC, the difference is 'Excellence in Care.'

"We believe in taking care of our employees so they can better care for our clients," TWC CEO, Jay Richters said. Jay has extensive experience working at Virgin where Richard Branson's motto was just that.

"First up, our support team gets paid above the award rate," Jay said. "We want people to feel secure in their jobs."

An Employee Assist Programme facilitates ongoing training and access to counselling. They've created a pathway for those who work and study while completing their certificates, plus more.

For clients, TWC considers three important factors:

- They match their clients and support workers to enable a rich rapport and confidence.
- They offer in-home and NDIS packages to ensure people are safe staying in their own homes for the long term.
- They foster community involvement to prevent isolation, so your loved ones are nurtured and loved.

"It's all about empowering people to live their best life," Jay said.

In 2012, Jay hurt his eardrum, which meant he had to reconsider his flying career.

"My friend's mum, a Home Care Manager in Adelaide, offered me work and I never looked back," he said.

Jay achieved his Certificate III in Support Work and a Diploma and Advanced Diploma in Community Sector Management. This, coupled with transferrable managerial/ leadership skills from Virgin set him up to start his own business.

"I remember starting from the ground up and each opportunity gave me more insight," Jay said. "Until I knew, if I could do it for others, then I could do this for myself."

TWC has years of success and intends to expand its services Australia-wide.

One client, Jackie McDermot said: "TWC have changed my life. They're absolutely wonderful people. They know you personally once you start with them."

To contact TWC go to [www.togetherwecare.com.au](http://www.togetherwecare.com.au)  
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# A WORD FROM OUR REPRESENTATIVES

hope that everyone had a relaxing break and is refreshed for a new year.

From 1 January this year, all Queensland families can access Free Kindy thanks to the Government's



WITH YVETTE D'ATH MP

historic reform and \$645 million investment. To find your nearest available free kindy go to <https://earlychildhood.qld.gov.au/freekindy#/search>. Free kindergarten is set to save families up to \$4,600 per year, putting money back in the pockets of mums, dads, and carers, which is even more important when the cost of living is a struggle for many families.

Our healthcare workers do an amazing job looking after us and last month we welcomed the new cohort of nurses and doctors being inducted at the Redcliffe Hospital. There is an increasing demand for healthcare services in Queensland and we need the workforce to support it. That's why the Miles Government has invested in fantastic initiatives like our Free TAFE program to provide more opportunities to start a career in health. Investment in training and employing the frontline staff we need now means Queenslanders will continue to receive world-class healthcare for years to come.

**W**e truly do live in the best country in the world. Through our combined contributions and those who have gone before us, we are blessed to call ourselves "Australian".

Australia Day is an important day for recognition of who we are, a rich multicultural nation full of opportunity and freedoms.



WITH LUKE HOWARTH MP

Regardless of background or identity, Australia is a place to call home for many. It is my hope that we will continue to work together and build a strong community and future for all who choose to call Petrie home.

As your MP, I am committed to keep working to do whatever it takes and to fight for what matters to you.

No matter what 2024 throws our way, I am sure that our combined resilience, optimism, and strength will continue to build a community that is one of the greatest places to live.

If there is anything I can assist you with, please don't hesitate to get in touch via [luke.howarth.mp@aph.gov.au](mailto:luke.howarth.mp@aph.gov.au) or via phone on 3284 8008.

## PENINSULA PIMPERNEL

# Scamming your voice - it's easy!

**It was bound to happen sooner rather than later. Yes, the scammers have discovered what they can do with artificial intelligence. And the following account also shows just how far the scammers have progressed and what lengths they will go to scam our hard-earned cash.**



WITH RICHARD LANCASTER

A United States lawyer received a phone call from his son telling him that he had accidentally crashed his car into the car of a pregnant woman and

because when breathalysed and found to be over the limit he was arrested and jailed. The son pleaded with his lawyer father to please send bail money of US\$90,000 (over A\$136,000) so he could be released. The father did not question the call's authenticity as it was his son's voice. As he prepared to arrange the bail money to be sent, he asked his daughter to ring his son's boss, excusing him from work.

Thank heavens he did! The daughter reported that his son was at work and knew nothing of the alleged jailing. The father swears that the voice he heard was that of his son, so the scammers had taken the son's voice and manipulated it with a script. When told of the scam, the authorities were nonplussed and had no suggested solutions to combat this latest scam.

Isn't it time for governments worldwide to get their act together and create high-profile departments of clever people, whose job it would be to predict what the scammers can do, to counter these scammers' crimes before they occur? Surely the scammers don't have a monopoly on smart brains! Currently, all we seem to do is play catch-up.



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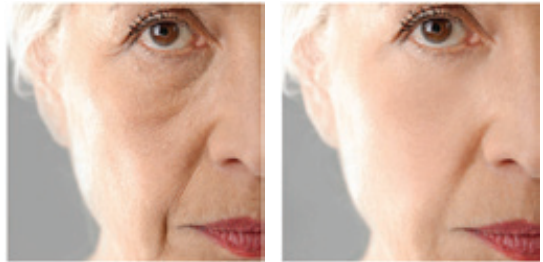
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# Local DINING GUIDE



## ANCHORAGE BAKERY & CAFE

141/145 Griffith Road  
Newport

**Bakery & Cafe**

Ph 3880 3601

**Feature:** Anchorage Bakery & Cafe is a locally owned and family operated business offering a range of freshly baked bread, pastries, sweets, sandwiches, wraps, a full menu, catering and much more. Freshly brewed coffee dine in or takeaway. We're more than just a bakery.



## BANJO'S BAKERY CAFÉ

161 Redcliffe Pde, Redcliffe

**Bakery Café**

Ph 3284 0166

**Feature:** Grab 3 Small Savouries for just \$7.95 or one of our many great deals at Banjo's Redcliffe!

In a rush? Skip the queue with the Banjo's Ordering App! Available in the App store and Google Play.

Delicious and made in Redcliffe. Pies, pastries, sweets, sandwiches and coffee. Breakfast, lunch or a treat anytime. Dine in or take-away.



## BAY BOATS

439 Scarborough Road  
Scarborough

**Fish & Chips/Burgers**

Ph 3203 5033

**Feature:** Famous for our great range of tasty seafood, burgers with homemade burger patties, hot crispy chips locals love and customers come from far far away to enjoy. Not to mention fresh sandwiches, great coffee and good old-fashioned milkshakes. Is that chicken or plain salt?



## BAY WOK MULTIASIAN

2/150 Maine Road  
Clontarf

**Asian Cuisine**

Ph 38256688 / 0403830037

**Feature:** Stella & Jack have been in Australia for over 35 years. Bay Wok Multi Asian Restaurant returns to dazzle your taste buds. Formerly at Bramble Bay Bowls Club, now we're back to the neighbourhood, and we're better than ever. Explore our unbeatable Asian cuisine and savour the best of Australian meals. Lunch specials available & offer BYO wine. Open Mon to Sat for Lunch and Dinner 10:30am-2pm and 4:30am-8pm (8:30pm on Fri & Sat)





165 Redcliffe Pde, Redcliffe

Tex Mex

Ph 3284 7990

## CACTUS JACK'S

**Feature:** Great steaks, sizzling Fajitas & authentic Mexican. Served with a full cocktail menu and local beers on tap.

Open Tuesday - Thursday from 5pm - late  
Friday - Sunday from 11am - late



75 Redcliffe Parade,  
Redcliffe

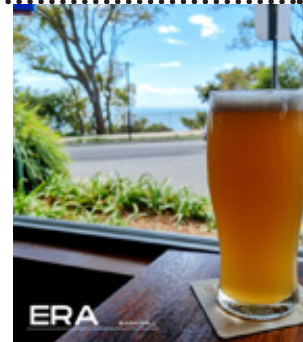
Bar and Grill

www.era.bar

## ERA BAR & GRILL

**Feature:** Good People, Great Times, Amazing Beer  
Era Bar on Redcliffe Parade, overlooking the stunning Moreton Bay offers a massive selection of craft beers on tap, cocktails and wines. Tasty pizzas, burgers and light bites also on offer, with free live music at the weekend.

Open Wed - Sun from 11am



184 Hornibrook Esplanade,  
Clontarf

Fish & Chips

Ph 3283 1618

## FISH'N AT BELLS BEACH

**Feature:** Here at Fish'n at Bells Beach we cook kiwi style fish and chips, mouthwatering homemade hamburgers, hand cut calamari, ice cream, coffee, cakes and a heap of treats from NZ including Paua and Kina. With views over Moreton Bay in Clontarf.



Cnr Hornibrook Espl &  
Victoria Ave, Woody Point

Restaurant

Ph 0433 428 168

## GOLDEN BITE RESTAURANT

**Feature:** Located at the Bramble Bay Bowls Club, our menu includes a variety of cuisines from Asia and locally. If you're looking for great food, takeaway and party events give us a call. We have over 40 years of local and International experience. \*Lunch specials available.

Open Tue to Sun for Lunch and Dinner  
11.30am-2pm and 5.30pm-8.30pm



# Local DINING GUIDE



Bird O' Passage  
Pde, Scarborough

**Steak and Seafood**

Ph 3203 5188

## MORETON BAY BOAT CLUB

**Feature:** Seafood restaurant overlooking Scarborough Harbour. Live music Friday nights & Sunday afternoons. See our website for opening times & specials.



Bird O' Passage Parade,  
Scarborough

**Fresh Seafood & Takeaway**

Ph 3203 4592

## MORGANS SEAFOOD

**Feature:** Morgans Seafood is the best place to enjoy seafood in Brisbane. Morgans are uniquely located right on the stunning Scarborough Boat Harbour dotted with luxury yachts, pleasure craft and commercial trawl fishing boats, and overlooks Moreton Bay and the Glasshouse Mountains. Fully licensed.



155 Redcliffe Pde, Redcliffe

**Modern Australian  
& Mediterranean**

Ph 3284 2986

## PREECE'S AT THE JETTY

**Feature:** We have the BEST Vanilla Slice in Queensland. All cakes, biscuits, slices & ice cream are homemade. Fabulous seaside location. Come in and enjoy the views with a fabulous coffee and cake or lunch.

Mon-Sun: 5.30am - 3pm



Bird O' Passage Parade,  
Scarborough

**Craft Brewery & Restaurant**

Ph 1800 727 104

## SCARBOROUGH HARBOUR BREWING CO.

**Feature:** Scarborough Harbour Brewing Co. is a two level venue overlooking the beautiful harbour from both levels. We brew our craft beers onsite. Wine, cocktails, spirits and delicious food also available.

Upper Deck - Wed to Sun 11am til late

The Engine Room - Wed to Fri 4pm to late

- Sat & Sun 11am to late





Reef Point Esp,  
Scarborough  
(situated behind caravan  
park)

**Modern Australian**  
Ph 3880 4456

## SEA SALT AND VINE

**Feature:** Sea Salt & Vine has one of the best locations on the peninsula overlooking the Glass House Mountains. A family & doggy friendly place to enjoy a tasty breakfast or lunch, or just a quiet coffee & cake served in our tranquil café setting under the trees. We are also happy to accommodate large bookings for your special family gathering & are fully licenced & offer BYO Wine. Open 7 days, 7am to 4pm.



141 Sutton Street, Redcliffe  
**Japanese, Sushi**  
Ph 3283 8188

## SUSHI CENTRAL

**Feature:** Want to experience an amazing time with astonishing flavours? Come to Sushi Central at 141 Sutton Street Redcliffe and purchase a variety of products that cater to all your eating desires. Join us on Monday night and Tuesday for our \$3.50 specials. Open 7 days for lunch and dinner.



Shop 3/265 Oxley Avenue,  
Margate  
**Thai Restaurant**  
Ph 3284 5962

## THAI HUT

**Feature:** Thai Hut has been on the Redcliffe Peninsula for over nineteen years. We reopened in August 2017 back to where we first started in 2000. Thai Hut cooks authentic Thai food. We do take-away, home deliveries and dine-in. \$10.90 SPECIAL – Pad Prik Wan, Sweet & Sour. Just one of our many lunch time specials.



Kippa-Ring Shopping  
Centre  
**Café**  
Ph 3283 4739

## THE COFFEE CLUB KIPPA-RING

**Feature:** At The Coffee Club Kippa-Ring you can enjoy your favourite cafe meals and great coffee all day, every day. Open from 7:30am-5:30pm weekdays, late Thursday 7pm, and 8am-4pm weekends. So Meet You at The Coffee Club Kippa-Ring.





The workshop area can be described as truly remarkable, brimming with highly technical equipment and a diverse group of individuals executing tasks with remarkable precision and organisation.

It's here that you might find esteemed Club member Garry Gatfield and his stunning 'brag book' of gems (that he has personally faceted), as well as other gem collections such as those from fellow member and expert gemstone cutter (one of Australia's best) Vicki Thomsen.

# North Brisbane Lapidary Club A Hidden Gem

STORY **PATRICIA HIGGINS**  
PHOTO **JOHN PIRES PHOTOGRAPHY**

**T**he North Brisbane Lapidary Club is a haven for those who are interested in adding to a treasure trove of cut gems, jewellery designs and similar handicrafts and participating in related activities.

The Club has existed since 1966 as a not-for-profit organisation offering a space to learn new skills, connect with like-minded people, and gain a broader knowledge of minerals and gemstones.

North Brisbane Lapidary Club Chair, Lewis Shotter, said that a membership also affords the opportunity to take part in exciting fossicking trips and enhanced social activities.

"Activities include faceting, capping, silver work, gold work, wire wrapping, enamelling, lost wax casting and fossicking," Mr Shotter said.

Slightly tucked away near the entrance to Albert Bishop Park in Nundah, this 'candy store for jewellery makers' is complete with a display of gemmological and geological materials to rival any museum's collection.

Upon a chat with Mr Gatfield, one is illuminated to the fact that 'lapidary' is, in fact, a very interesting Latin term, "used to refer to the practice of shaping stone, minerals, or gemstones for ornamental purposes, with the ornamental element distinguishing it from related skill sets such as stone masonry."

The club operates from Monday to Saturday and often incorporates new courses for the various activities over the weekend, with joining and annual fees kept to a minimum.

The folks at North Brisbane Lapidary Club are also gearing up for the next annual gem show scheduled for early March, which is set to feature live demonstrations (such as faceting and silversmithing) with displays and sales of gemstones, jewellery, crystals and much more.

To find out more about North Brisbane Lapidary Club, including memberships, visit <https://nblc.com.au/>.

**North Brisbane Lapidary Club 2024 Gem Show**  
**Saturday, 2 March, 9am-4:30pm**  
**Albert Bishop Park**  
**574 Nudgee Road, Nundah.**



# SADC

Sharon Alback Dance Centre

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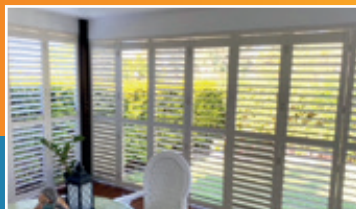
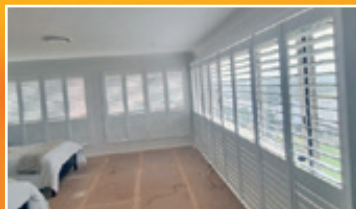
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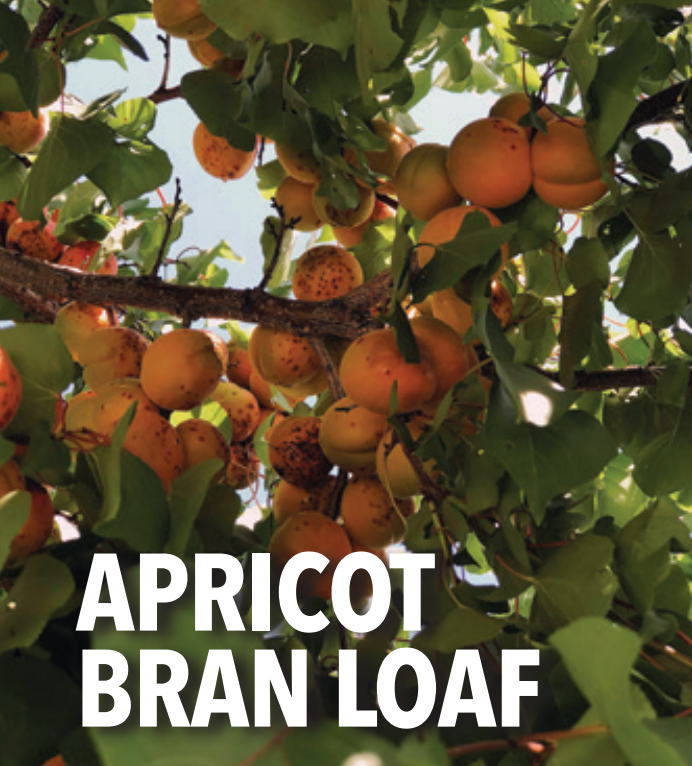
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# APRICOT BRAN LOAF

## METHOD

Combine All bran, sultanas, apricots, sugar, and milk in a bowl. Cover with plastic wrap and refrigerate for 2 hours.

Remove from the fridge and add SR Flour.

Mix well. (Often use my hands for this)

Place in a loaf tin lined with baking paper.

Bake in a moderate oven for approx. 1 hour or until cooked.

*Note: Best with apricots but any dried fruit can be used. Needs a total of 1 3/4 cups dried fruit.*

**T**his month's recipe is with thanks to Lorrene who is one of the Branch's past Presidents and currently serves the Branch as the Welfare Officer.

"There are many versions of this but this is the one I use. I do not know where it came from but I have been making it since the early 1980's."

## INGREDIENTS

- 1 Cup All bran
- ¾ Cup Sultanas
- 1 Cup Diced Apricots  
(Buy ready chopped)
- ½ cup Sugar
- 1 ¼ cup Milk  
(Use any; works with all milks)
- 1 ½ Cups S.R. Flour



The Clontarf branch of the QCWA hold meetings on the 2nd Wednesday of each month 9.30am, every 2nd & 4th Thursday 9am and indoor bowls every Monday morning 9.30am held at the QCWA Clontarf Hall, Cnr Victoria Ave & Georgina Street, Woody Point.

For further information please contact our email [clontarfbranch@qcwa.org.au](mailto:clontarfbranch@qcwa.org.au)



# Health and Psychic Expo

*"It's all in the cards"*

Psychic and Tarot Readers  
Healings and Crystals  
Variety of Stall Holders

## Redcliffe Dolphins

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Redcliffe

Sunday  
11th February

10am - 4pm  
\$5 Entry



## COME & TRY SQUARE DANCING

Meet New Friends,  
Exercise the Mind  
& Body with  
Great Music.



**Venue:** Royal Buffalo Hall  
30 Seeney Street, Zillmere

**Starting Time:** 6.30pm  
Thursday 7th March 2024 (weekly)

**Dress:** Neat casual  
with comfortable shoes

Tea, coffee & biscuits available  
BYO Water Bottle  
Cost: \$8 per night

Phone: 0413 017 778 – Glenn

[www.northsidepromenaderssd.com.au](http://www.northsidepromenaderssd.com.au)



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**2024**

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GOLD COAST BEACHES –  
TWEED HEADS \$90.00PP  
INCLUDES MORNING TEA & LUNCH

**THURSDAY 18<sup>TH</sup> APRIL**

WOODFORD – BRISBANE VALLEY  
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## In the Palm of my Hand



An interactive sculpture &  
mixed media exhibition by

**MADONNA BRYANT**

**February 7th—March 3rd  
2024**

**Official Opening  
Feb 10th at 1pm**

Redcliffe Art Society Inc. The Old Fire Station, 395 Oxley Ave Redcliffe Q 4020  
Gallery open from Wednesday to Sunday 10am—3pm: Entry FREE

## GARDENING COLUMN

### HOW TO CONTROL GARDEN PESTS WITHOUT NASTY POISONS

STORY **SALLY EBERHARDT**  
PHOTO **LUNA CLARA FROM PIXABAY**

**W**hile many plants have flourished in all the heat and rain, many garden pests have too.

From snails and caterpillars to fungal plant diseases, these can be controlled without resorting to toxic chemicals. Pesticides can damage the entire ecosystem of your garden by killing beneficial species such as ladybugs,

butterflies and bees. Cherish your garden a favour and keep family and pets safe via –

Prevention – a healthy plant is less likely to be attacked than a weaker one. Add organic compost to boost your plants. Add coffee grounds to soil as a barrier against many plant diseases.

Companion planting – some plants deter pests from the plants near them. Nasturtiums, marigolds and petunias attract pollinators and repel pests.

Home-made remedies - make your own inexpensive and natural sprays to protect plants. Repel insects with a combination of garlic, eucalyptus oil, salt, chilli or citric oil. Strong coffee kills slugs and snails. Fungal diseases can be deterred by spraying plants with milk.

Chickens – hens love to eat all types of beetles and grubs. In their search for yummy treats, they scratch around your garden, thereby turning your soil, and provide natural compost.

We will explore these options further in the next months' columns.

Happy gardening!

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## LOCAL FACES

# KERRI-ANNE DOOLEY

STORY RICHARD LANCASTER

**K**erri-Anne Dooley passionately believes in community advocacy. Apart from the near dozen or so local volunteer community organisations she has or still does hold founder or membership status of, she operates her own private nursing service. Named My Care Enterprises, it provides a unique community service by supporting people who at the end of their lives, wish to die at home. She heads a professional team of nursing staff which services the North Brisbane and Moreton Bay region.

Born at the Redcliffe Hospital shortly after it opened in the mid 1960's, she attended Humpybong State School and graduated from Redcliffe State High School, not before she had been elected aged 16, as first Deputy Youth Mayor of the then Redcliffe City Youth Council. Her first part-time job was with Red Rooster, but her passion for caring soon led her to study a Bachelor of Nursing, which subsequently led her to becoming a Registered Nurse at the Redcliffe Hospital.

In between becoming a loving mother of four children, she gained a postgraduate qualification in health science, which led her to ultimately work

as a clinician, educator, researcher and latterly as Director of Nursing, predominately in palliative and dementia care. Among the peak positions she has previously held are Vice President Palliative Care Queensland, First Clinical Head of Hummingbird House, Queensland's only children's hospice and tutor at the Australian Catholic University in the school of Nursing, Midwifery and Paramedicine.

Although unsuccessful in state politics as the LNP candidate for Redcliffe, she holds no bitterness for the experience, saying that it was a worthwhile learning exercise. Her Labor opponent was and is the current Member for Redcliffe Yvette D'Ath, who was a schoolmate of hers at Redcliffe State High School.

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BAND**

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## BEYOND REDCLIFFE



# FAIRY TALES EXHIBITION CASTS SPELL ON BRISBANE

STORY **ALYSSA MACKAY**

**A** major exhibition has arrived in Brisbane, offering audiences an opportunity to explore the timeless world of fairy tales through contemporary art, design and film.

The Fairy Tales exhibition is currently open to the public at Brisbane's Gallery of Modern Art (GOMA) and will run until Sunday, 28 April.

QAGOMA Director Chris Saines said Fairy Tales featured more than 100 works of art encompassing sculpture, installation, painting, photography, printmaking, papercuts, animation, video art, augmented reality, film, props and costumes.

"While fairy tales have changed form through different eras and societies, their themes have remained universally resonant," Mr Saines said. "This exhibition transports visitors into the faraway land of magical stories that cast an enduring spell on adults and children alike."

The exhibition is divided into three chapters, starting with Into the Woods, which explores metamorphosis, unpredictability and danger. The second chapter, Through the Looking Glass, taps into childhood imagination with puppets,

toys, clocks, twirling mushrooms and flying houses. Ever After, the final chapter examines love and relationships in fairy tales.

Exhibition highlights include Brazilian artist Henrique Oliveira's *Corupira*, where visitors can become immersed in a twisted forest made from tree branches and salvaged timber, and Timothy Horn's *Mother-Load*, a stagecoach crafted from crystallised rock sugar.

To make the experience even more special, a Valentine's Day event called *Ever After* will take place within the exhibition this month. Couples and friends are invited to take part in creative workshops, photo booths, bars and a three-course dinner on Wednesday, 14 February.

For those who appreciate the magic of classic cinema, the Fairy Tales Cinema will screen the black and white silent film, *Claire*, on Sunday, 3 March accompanied by a live performance from organist David Bailey. Jim Henson's television series *The Storyteller* also screens daily as part of the exhibition.

On Friday, 15 March and Saturday, 16 March, the Fairy Tales Up Late all-ages event will feature a lineup of live music that includes Methyl Ethel, Tjaka, ZZADE, Elizabeth and more.

A spokesperson for Meanjin/Brisbane-based band Tjaka said supporting Methyl Ethel had been a dream of band member Felix for a long while.

"Plus the Up Late stuff is always gorgeous in QAGOMA," the spokesperson added.

*Tickets to Fairy Tales range from \$10-\$28 and \$71 for a family. For more information and tickets to the exhibition, Valentine's Day: Ever After, the Fairy Tales Cinema, and Fairy Tales Up Late visit [www.qagoma.qld.gov.au](http://www.qagoma.qld.gov.au)*

**Fairy Tales**  
**Open until Sunday, 28 April, 10am-5pm**  
**Gallery of Modern Art**  
**Stanley Place, South Brisbane.**



# HAPPY VALENTINE'S DAY

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# The worst question to ask is...

**W**hen it comes to solving challenges in your business and life, it's never the answer that is the hard thing to find, it's the questions you ask that determine the speed at which you get to the answer.



WITH **BRAD FLYNN**

Starting a question with 'why' or 'how' can kill potential solutions thus defeating the purpose of the question. Unless you get the sequence of questions and level of trust right.

Asking a 'why' question (e.g. why did you do that?) immediately challenges someone's values and requires a high level of rapport so they feel safe to answer honestly. Otherwise they are likely to defend themselves with excuses and justifications, thus no solution.

Asking a 'how' question (e.g. how will you fix this?) too soon in a conversation before a person has thought things through, can leave a person lost and confused and unable to propose a solution.

Solving problems with the right sequence of questions is a lot like those charity funnels you put a coin into at shopping centres. The coin rolls around the funnel and speeds up as the funnel narrows until eventually dropping into the bottom.

At the top of the question funnel, use mostly what, where and when questions. Then as you get closer to the bottom of the funnel (the solution) ask future based why and how questions to lead to the best possible solution.

*If you are looking for a breakthrough with your business visit [www.businessmentored.com](http://www.businessmentored.com)*

## CHAMBER CHAT with Ken

**F**or our first Chamber Chat for 2024, I wanted to take this opportunity to wish all readers and Moreton Bay business people a successful and bright year ahead.

Chamber representatives attended a workshop held in November to discuss the Draft Scarborough Boat Harbour Master Plan which will have an impact on Scarborough residents and businesses that rely on the harbour.

The Plan aims to:

- establish a new long-term vision for Scarborough Boat Harbour
- continue to provide safe and efficient access to Queensland waters
- continue to provide berthing for recreational and commercial vessels
- continue to promote activities that are commercially and environmentally sustainable, support the maritime industry, and generate local employment and tourism
- identify potential opportunities and constraints
- support the development of a sense of identity, increased activity and connections
- support leasing and investment decisions.

Detailed information is available on the website - <https://www.tmr.qld.gov.au/projects/scarborough-boat-harbour>

In recent articles the Chamber has been promoting the part-time employment opportunities for local seniors. There has been plenty of interest expressed by seniors who want to obtain employment. Currently they are a wasted resource – employers are encouraged to contact the writer at [kendunn1949@gmail.com](mailto:kendunn1949@gmail.com) if you have positions to be filled.

Other news is the success that the "Save North Lakes Golf Club" lobbyists have had in their 5 year battle to prevent the development of the course grounds into a retirement village by The Village Retirement Group after the DA was withdrawn. Probably not good news for retirees but definitely good news for the residents of the properties surrounding the course, and also local golfers who are eager to see the course fully operational once again. A win for persistence.



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## FEBRUARY What's On.

### 01 THURSDAY

#### ROSE POWELL

Redcliffe Leagues Club 11am

#### ROSIES KARAOKE

Bramble Bay Bowls Club 6:30pm

### 02 FRIDAY

#### FORTUNATO

Redcliffe Leagues Club 11am

#### WHISKEY ON THE ROX

Bramble Bay Bowls Club 7pm

#### HARVEST DUO

Moreton Bay Boat Club 7pm



#### B-ROCKED

Redcliffe Leagues Club 7pm

### 03 SATURDAY

#### SHREK JR THE MUSICAL

Redcliffe Entertainment Centre 2pm  
Adults: \$37.50 Concession: \$35.00 Child:  
\$32.50 Family (2A + 2Ch): \$110.00 Groups (10+):  
\$35.00 RMT Member: \$35.00

**BROWN SUGA**

Redcliffe Leagues Club 7pm

**R2**

Bramble Bay Bowls Club 7pm

**04 SUNDAY****BYRON SHORT**

Bramble Bay Bowls Club 1:30pm

**SHREK JR THE MUSICAL**

Redcliffe Entertainment Centre 2pm

Adults: \$37.50 Concession: \$35.00 Child:

\$32.50 Family (2A + 2Ch): \$110.00 Groups (10+):

\$35.00 RMT Member: \$35.00

**BLARNEY STONE**

Moreton Bay Boat Club 2:30pm

**06 TUESDAY****MICHAEL WHITMORE**

Redcliffe Leagues Club 11am

**07 WEDNESDAY****TOBY TYLER**

Redcliffe Leagues Club 11am

**MUSICAL BINGO**

Bramble Bay Bowls Club 7pm

**08 THURSDAY****BILLY GUY**

Redcliffe Leagues Club 11am

**ROSIES KARAOKE**

Bramble Bay Bowls Club 6:30pm

**09 FRIDAY****FORTUNATO**

Redcliffe Leagues Club 11am

**DOWN311**

Moreton Bay Boat Club 7pm

**THE LONESOME CROWS**

Bramble Bay Bowls Club 7pm

**DARLINGTON STRIPES**

Redcliffe Leagues Club 7pm

**JIMMY MANN - CELEBRATING BILLY JOEL**

Redcliffe Entertainment Centre 7:30pm

Tickets \$49

**10 SATURDAY****EMPYRE**

Redcliffe Leagues Club 7pm

**EARLY ONSET**

Bramble Bay Bowls Club 7pm

**DARREN CARR - VENTRILOQUIST**

Redcliffe Entertainment Centre 7:30pm

Tickets \$49

**11 SUNDAY****GELATINE SMALL POSY JAR WORKSHOP**

Reid's Place, 377 Scarborough Road, Scarborough

4020 2pm - 4:30pm

Kick start your new year with a fun gelatine small

posy jar workshop and high tea at Reid's Place. Come along solo or bring a friend. All materials, equipment, tips, tricks and instructions are provided by Florelle by Botanically Wilde our local, professional florist who is hosting this creative event at Reid's Place. Best of all you take home your very own handmade pretty posy jar!

### **JUST JAMMIN**

Moreton Bay Boat Club 2:30pm

## **13 TUESDAY**

### **MICHAEL WHITMORE**

Redcliffe Leagues Club 11am

### **THE HIT SONGS OF CAROLE KING**

Redcliffe Entertainment Centre 11am

Tickets \$29



## **14 WEDNESDAY**

### **TOBY TYLER**

Redcliffe Leagues Club 11am

### **MUSICAL BINGO**

Bramble Bay Bowls Club 7pm

## **15 THURSDAY**

### **DAVE GUY**

Redcliffe Leagues Club 11am

### **AMBER WORTHINGTON**

Redcliffe Leagues Club 5pm

### **ROSIES KARAOKE**

Bramble Bay Bowls Club 6:30pm

## **16 FRIDAY**

### **BEHIND THE SEAMS: VINTAGE SWIMWEAR**

Redcliffe Museum 10:30am - 11:30am

Take a sneak peek behind the seams of the fabulous vintage swimwear from City of Moreton Bay's fashion collection. Discover the history of the bikini and how swimsuit fashion has changed through the decades. Get hands-on with a white glove experience.

### **FORTUNATO**

Redcliffe Leagues Club 11am

### **ALICE STREET BAND**

Moreton Bay Boat Club 7pm

### **THE ALIENS**

Redcliffe Leagues Club 7pm

### **HEADROOM**

Bramble Bay Bowls Club 7pm

### **HYPNOTIST PETER POWERS**

Redcliffe Entertainment Centre 7:30pm

Adults \$69.90



## **17 SATURDAY**

### **REDCLIFFE MUSEUM TRASHION WORKSHOP**

Redcliffe Museum 10:30am - 11:30am

Get into Redcliffe Museum, for a trashion workshop with recycled materials! Using design templates and materials provided, you're invited to join a trashion workshop. You could design anything from a space suit, fancy dress, or party costume! 7- 10 yrs. Please book free tickets on website. Redcliffe Museum's opening hours, Wed to Friday, 10:00 AM - 4:00 PM and Sat to Sun, 10:00 AM - 3:00 pm.

### **THE JAM FACTORY**

Bramble Bay Bowls Club 7pm

**THE POLAROIDS**

Redcliffe Leagues Club 7pm

**UK BEE GEEZ**

Redcliffe Entertainment Centre 7:30pm  
Tickets \$49



**18 SUNDAY**

**OPEN MIC**

Bramble Bay Bowls Club 1:30pm

**JESSE ROBINS**

Moreton Bay Boat Club 2:30pm

**20 TUESDAY**

**ROSE POWELL**

Redcliffe Leagues Club 11am

**21 WEDNESDAY**

**TOBY TYLER**

Redcliffe Leagues Club 11am

**MUSICAL BINGO**

Bramble Bay Bowls Club 7pm

**22 THURSDAY**

**CATHY DRUMMOND**

Redcliffe Leagues Club 11am

**ROSIES KARAOKE**

Bramble Bay Bowls Club 6:30pm

**23 FRIDAY**

**FORTUNATO**

Redcliffe Leagues Club 11am

**TWO'S COMPANY**

Moreton Bay Boat Club 7pm

**DIRTY DICE**

Bramble Bay Bowls Club 7pm

**ROARING FORTIES TO THE NAUGHTIES**

Redcliffe Entertainment Centre 7:30pm  
Tickets \$49



**DJ PETER**

Redcliffe Leagues Club 7:30pm

**80S & 90S RNB DANCE PARTY**

Redcliffe Leagues Club 8:30pm

**24 SATURDAY**

**EXHIBITION OPENING INK IN THE LINES**

Redcliffe Museum 3:30pm - 4:30pm  
Redcliffe Museum proudly invites you to the opening of Ink in the Lines, a striking photographic exhibition from the Australian War Memorial in ACT. Ink in the Lines showcases the stories of Australia's modern veterans and their families through stunning photographs of their tattoos. Opening hours, Wednesday to Friday, 10:00 AM - 4:00 PM and Saturday to Sunday, 10:00 AM - 3:00 PM

**THE RAVEN**

Bramble Bay Bowls Club 7pm

**COUNTERFEIT HEROES**

Redcliffe Leagues Club 7pm

**ZEPPLIN**

Redcliffe Entertainment Centre 7:30pm  
Adults \$65

**ZEPPLIN AT THE REC**

Redcliffe Entertainment Centre 7:30pm

## 25 SUNDAY

### **BRENDAN THE BARD**

Bramble Bay Bowls Club 1:30pm

### **HELD TO RANSOM**

Moreton Bay Boat Club 2:30pm

## 27 TUESDAY

### **LEADING LADIES**

Redcliffe Entertainment Centre 11am

Tickets \$29



### **MICHAEL WHITMORE**

Redcliffe Leagues Club 11am

## 28 WEDNESDAY

### **TOBY TYLER**

Redcliffe Leagues Club 11am

### **MUSICAL BINGO**

Bramble Bay Bowls Club 7pm

## 29 THURSDAY

### **CHRIS BENT**

Redcliffe Leagues Club 11am

### **COUNTRY BOYS**

Redcliffe Leagues Club 6pm

### **ROSIES KARAOKE**

Bramble Bay Bowls Club 6:30pm



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# FEBRUARY TIDE TIMES

TIME	M	TIME	M	TIME	M	TIME	M	TIME	M
<b>1</b>	0113 1.88 0711 0.82 TH 1315 2.05 1948 0.68	<b>7</b>	0048 0.57 0736 2.39 WE 1420 0.70 1940 1.78	<b>13</b>	0554 0.34 1207 2.56 TU 1845 0.38	<b>19</b>	0559 2.18 1254 0.89 MO 1820 1.57	<b>25</b>	0357 0.48 1013 2.41 SU 1644 0.59 2225 2.03
<b>2</b>	0200 1.87 0801 0.94 FR 1354 1.90 2029 0.71	<b>8</b>	0146 0.46 0828 2.55 TH 1513 0.57 2036 1.88	<b>14</b>	0036 2.22 0642 0.49 WE 1247 2.35 1921 0.44	<b>20</b>	0013 0.73 0700 2.26 TU 1352 0.79 1923 1.67	<b>26</b>	0429 0.49 1041 2.38 MO 1709 0.57 2256 2.07
<b>3</b>	0300 1.87 0909 1.03 SA 1448 1.75 ● 2123 0.74	<b>9</b>	0241 0.34 0915 2.68 FR 1601 0.47 2127 1.99	<b>15</b>	0125 2.20 0733 0.67 TH 1330 2.11 2000 0.52	<b>21</b>	0116 0.66 0750 2.33 WE 1437 0.71 2012 1.77	<b>27</b>	0501 0.54 1108 2.31 TU 1734 0.56 2329 2.10
<b>4</b>	0417 1.93 1034 1.05 SU 1603 1.65 2231 0.73	<b>10</b>	0332 0.26 1000 2.76 SA 1646 0.40 ● 2215 2.08	<b>16</b>	0220 2.16 0834 0.85 FR 1418 1.86 2044 0.62	<b>22</b>	0207 0.58 0832 2.38 TH 1515 0.66 2050 1.85	<b>28</b>	0535 0.61 1136 2.22 WE 1800 0.57
<b>5</b>	0534 2.05 1203 0.98 MO 1725 1.63 2343 0.68	<b>11</b>	0420 0.22 1045 2.77 SU 1728 0.36 2302 2.16	<b>17</b>	0326 2.12 0954 0.97 SA 1524 1.66 ● 2142 0.70	<b>23</b>	0248 0.53 0909 2.41 FR 1547 0.63 2124 1.92	<b>29</b>	0002 2.10 0610 0.71 TH 1204 2.10 1827 0.60
<b>6</b>	0640 2.21 1319 0.84 TU 1837 1.68	<b>12</b>	0507 0.25 1126 2.71 MO 1807 0.35 2349 2.20	<b>18</b>	0444 2.12 1131 0.98 SU 1653 1.55 2255 0.75	<b>24</b>	0324 0.49 0943 2.42 SA 1617 0.62 ● 2155 1.98		



## SARATOGA SCLEROPAGES LEICHARDTI



STORY **PETER HANSLER**  
PHOTO **ED NAV**

"Pete's Fishing and Underwater Videos" on Youtube and Facebook

**W**e have two species of Saratoga in Australia, the Gulf Saratoga (*Scleropages jardinii*) and the Queensland Saratoga (*Scleropages leichardti*).

They are spectacular jumping fighters, which are in my opinion one of the better sportfish we can catch locally thanks to stocking groups and the SIPS fishing permit scheme. Being freshwater fish, our local dams North Pine and Lake Kurwongbah are now some of the best places to chase these fish in Australia.

Top water lures such as poppers, fake frogs and shallow divers are mainly used, although I have caught them with live shrimp under a float too. Sharp hooks are a must as these fish have very bony mouths and throw hooks easily. Growing to nearly a metre long, most fish I have seen are up to about 60cm.

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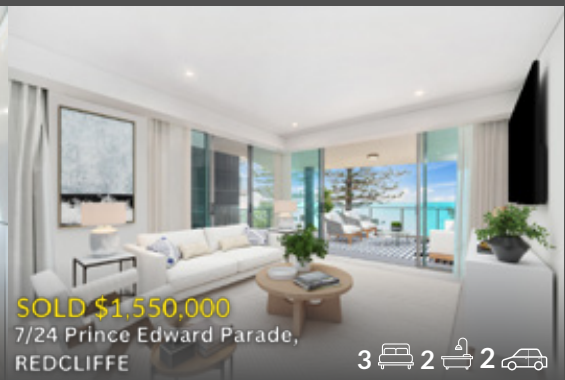
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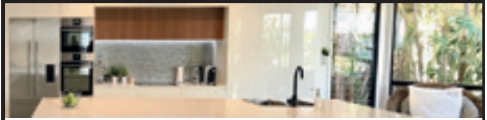
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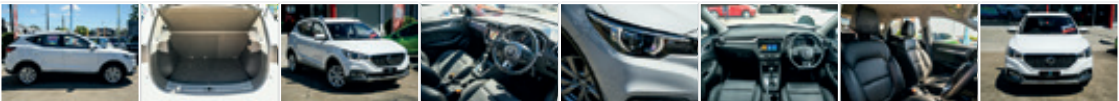
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