

Redcliffe

FREE NOVEMBER 2022

GUIDE



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LEST WE FORGET: REMEMBRANCE DAY 2022

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A Note

FROM THE EDITOR

It's November already and that means we are gearing up for Christmas, the weather is warming up, we are thinking of holidays and school will soon be finished for another year!

A huge congratulations to all the Year 12 students who will soon be finishing their high school career. Some will go to Uni, others to Vocational Education, some will join the work force and some will start an apprenticeship. Whichever way your path leads, may it be filled with happiness, excitement and opportunity.

A special note to highlight the amazing images on our cover this month. They are the work of some very talented students from Humpybong State School. Students were asked to create "Their Redcliffe" and their task was to draw and paint images of sites in Redcliffe that resonated with them. The Year 5 students whose artwork makes up our November cover are Caelhn, Macy, Sophia and Isabella.

This 11 November will again mark Remembrance Day as we remember the men and women who have given their lives in service of their country. A heartfelt thank you to our service men and women past and present.

Let's not forget.



Jodie, Kristy and Louise

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WHAT'S HOT AROUND TOWN

STORY **NADIA CHAPMAN**

November in Redcliffe is a huge month for entertainment, with a very special magic show making its way to town.

Magician Matt Hollywood is coming to the Redcliffe Entertainment Centre on Wednesday, 2 November, to showcase a hilarious, mind blowing magic performance.

Matt Hollywood is one of Australia's most recognised comedy magicians, with 10 years in the industry.

The illusionist show will entertain the whole family, as he combines impressive magic and illusions with outstanding comedy elements to provide a night full of equal belly laughs and shock.

Bookings are essential, and tickets start at \$28 pp.



If a unique musical performance is something you are interested in, this month's event is sure to entertain.

Mixed Up Movies is coming to the Redcliffe Musical Theatre from the 18th to the 27th of November.

Creators Georgia Murray and Nicola Marshall-Jones said the event is a cabaret performance hosted by MC June Tretheway.

"[The] Mixed up movies [event] is a collection of songs taken from movies, although not necessarily sung as you might have thought," they said.

The performances will include live singing, interpretative dancing, comedic deliveries, and heartfelt choreography of some of the most popular songs from the silver screen.

Mixed Up Movies offers local talent in all areas, including within its production team. Bookings are essential, and tickets start at \$25 per adult and \$20 for a concession.



A very passionate musical performance is coming to Redcliffe this month with interactive elements that all locals can get involved with.

Tom Curtain is coming to the Redcliffe Showgrounds as part of his Nothin's Gonna Stop Us tour on Sunday, 27 November. Touring with Katherine Outback Experience and Chris Matthews, Tom Curtain is celebrating his fifth album with an entertaining, engaging, and interactive show. The show will consist of one hour of Katherine Outback show, with real horse training and working dog demonstrations with plenty of hands-on activity. Tom Curtain and Chris Matthews will perform live for one and a half hours, with food and drink stalls provided on the showgrounds.

Guests are encouraged to bring chairs and picnic blankets. Bookings are essential, with tickets starting at \$40 for adults and \$25 for kids if you book online.

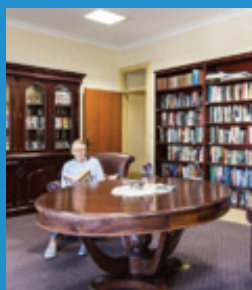
NOVEMBER 2022

RESPIRE CARE

With summer holidays not far away and border restrictions lifted, now could be the time for the carer to plan a break. During these uncertain times, we could all use a little extra support.

Caring for someone can be physically and emotionally tiring. As a carer it's OK to want some time for yourself, and taking a break allows you to reduce your stress and recharge. Planning regular respite breaks and taking time out can help you to avoid carer burnout.

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Mick Mumford

LOCAL VETERAN REMEMBERS FALLEN FRIENDS

STORY **ALYSSA MACKAY** PHOTO **PETE JOHNSON**
PHOTOGRAPHY

This Remembrance Day, retired army colonel and Redcliffe RSL director, Mick Mumford will reflect upon the service of Australian men and women who gave their lives in wars and conflicts.

The Scarborough resident said Friday, 11 November would be a sad day as he remembered his friends, now gone, and the soldiers who served under his command.

"Remembrance Day isn't about veterans like me, it is about those who didn't come back home to

become veterans," Mick said. "I am yet to meet a soldier who was forced to go to war; they might not have always wanted to be there, but they went anyway.

"Some came home but bore such mental wounds that they lost their lives later. Seeing the impact on their families was devastating.

"We owe the over 100,000 Australian dead a debt we can never repay and all we can really do is remember their sacrifice. It is the least a grateful nation can do."

Mick served in the Australian army for 34 years, including in Afghanistan and the Middle East, two stints in East Timor, peacekeeping in Bougainville and border protection operations in the Torres Strait.

He recalled a time in 2006 as the leader of the battle group sent to restore peace in Dili in East Timor after some of their military and police rebelled.

"When we arrived, the place was a warzone and yet within a month the local school near my headquarters opened and children resumed classes," he said. "That was when I realised we had really made a difference."

This year's Redcliffe RSL Remembrance Day service will begin at 10:20am on the foreshore at ANZAC Place.

"My role on the day is actually to host our wonderful army engineer contingent who will mount the catafalque party at the memorial during the service," Mick said. "So, I get to pretend I am 20 again and hang out with those wonderful men and women and enjoy hearing all about what the army is doing now!

"The public is very welcome but if they can't come because they are working or have other responsibilities, then I would encourage everyone to pause for a minute's silence at 11am and remember those who fell both in war and afterwards."

Redcliffe RSL Remembrance Day Service
Friday, 11 November, 10:20am
Anzac Place, Redcliffe Parade, Redcliffe.

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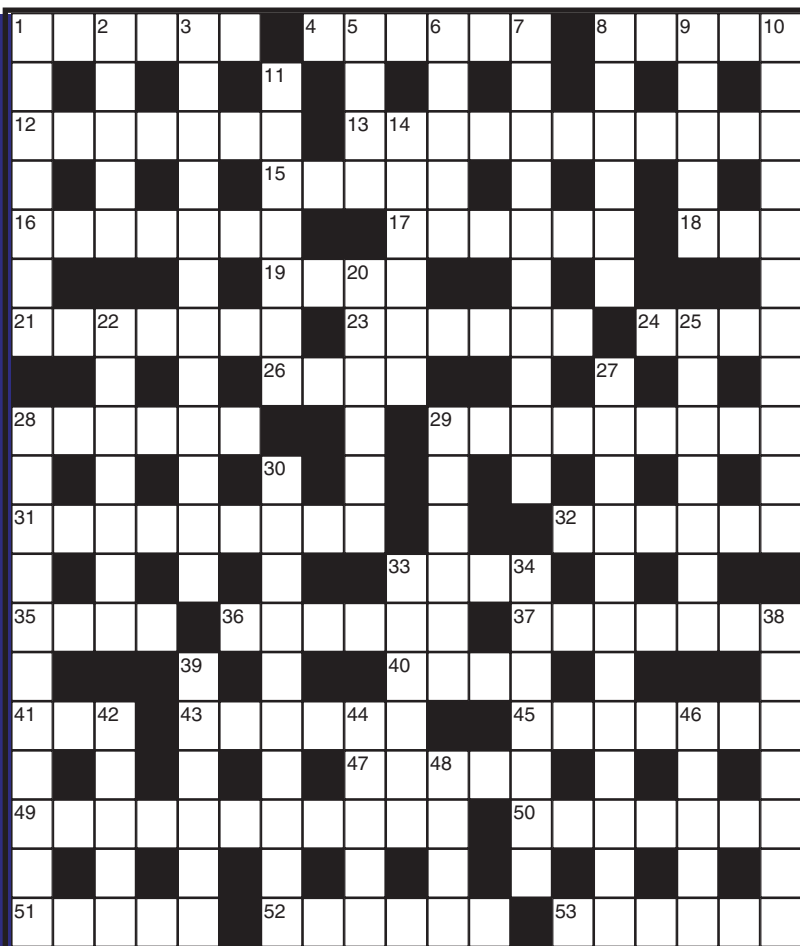
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THE BIG ONE CROSSWORD



ACROSS

- 1 Squat
- 4 Back or front yard
- 8 Make wavy
- 12 Floral art from Japan
- 13 Reigning (2,3,6)
- 15 Finger
- 16 Urged
- 17 Neck band on a shirt
- 18 Snow equipment
- 19 Alleviate
- 21 Cattle thief
- 23 Condition on a contract
- 24 Stride
- 26 Murder
- 28 Settlement
- 29 Treasures

- 31 Proclaimed
- 32 Dulled
- 33 Mound
- 35 Decorated (a cake)
- 36 Deadlock (3,3)
- 37 Swindles (4,3)
- 40 Reminder
- 41 Wet, soft earth
- 43 Small fowl
- 45 Tailless feline (4,3)
- 47 Instrument of the violin family
- 49 Degree of hotness
- 50 Destructive wave
- 51 Tomb
- 52 Owned by them
- 53 Disconnect (an appliance)

DOWN

- 1 Cheerful (coll)
- 2 Daisy (2-3)
- 3 Couch (6,6)
- 5 Enthralled
- 6 The same thing
- 7 Unnecessarily
- 8 Group at the same level or age
- 9 Shackles
- 10 Susceptible
- 11 Runs (in stockings)
- 14 Politely
- 20 Frightened
- 22 Hush
- 25 Huntsman's cry (5-2)

- 27 Small sea bird (5,7)
- 28 Magnetic
- 29 Loudness; book
- 30 Bean counter (coll)
- 33 Tool used on a nail
- 34 Advertise
- 38 The trying on of clothes
- 39 Utterly wretched
- 42 Vaguely
- 44 Keen
- 46 Progress slowly
- 48 Ogle

Solution: Page 73

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GEM OF A MARKET POPS UP AGAIN



Donna McCallum

STORY **PATRICIA HIGGINS** PHOTO **BRUCE REDMAN**

Redcliffe Gem Club, located in Wallum Centre in the Redcliffe Botanic Gardens, is something of a hidden treasure.

However, an Open Day and Popup Markets are set to shed light on everything that our region has to offer – in terms of gemological specimens and so much more.

The format has been operating for the last two years (replacing the larger Gem Shows that were potentially a Covid risk), and will feature everything from rough material to finished jewellery at a large range of prices.

Donna McCallum, Tech Manager and Assistant Treasurer at Redcliffe Gem Club said that alongside the markets – featuring between 30 and 40 traders – there were many other drawcards to the event.

“Children and adults alike enjoy the thunder egg cutting and it is always a huge hit. We also have a BBQ with breakfast burgers and a sausage sizzle,” Ms McCallum said.

Redcliffe Gem Club has a history that spans back to 1965 and originally traded under the name Redcliffe Lapidary Club, underpinning the art and practice of lapidary.

According to Ms McCallum, lapidary includes the cutting and shaping of a large range of materials from black opal to more common gemstones, as

well as jewellery making, faceting and lost wax casting.

“Lapidary is only limited to your imagination, and we have grown to become a not for profit, lapidary focused organisation providing instruction and facilities for members to perform a range of activities,” Ms McCallum said.

She said that the goal of Redcliffe Gem Club was to continue to offer an opportunity for people to embrace and share a love of all things lapidary and that anybody over the age of 12 years was welcomed to get involved.

The organisation intends to schedule four Open Days and Popup Markets annually (weather permitting), in order to regularly offer a wide range of variety to people who enjoy rocks and gems.

Those who are interested in the Open Day/Pop Up Markets and the Redcliffe Gem Club should follow the Facebook page by searching for 'Redcliffe Gem Club' and check out the website at www.redcliffegemclub.org.au.

**Redcliffe Gem Club Open Day
and Pop Up Markets
Sat 12 November, 9am - 2pm
Redcliffe Gem Club
Henzell Street (Wallum Centre in Botanical
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HOW TO MAKE YOUR BUDGET GO FURTHER THIS HOLIDAY SEASON

STORY **KELLY WALKER**

The holiday season is a time for family gatherings, delicious food and Christmas cheer, but for many families, the thought of feeling financially stressed overrides the merriment. Making a budget, planning ahead, and exercising a little creativity, can help keep your spending on track this Christmas.

Shopping for gifts is by far the biggest holiday expenditure for most families but there are a few simple steps you can take to ensure you don't overspend. The easiest way is to determine your budget up front and stick to it. Make a list of people you would like to shop for and allocate your budget accordingly. The earlier you do this the better so that you can look for sales, collect coupons and compare online prices well in advance.

If you're still feeling pinched, opt for a fun Secret Santa gift exchange instead of buying for each individual on your list. Alternatively, homemade gifts like ornaments, framed photos or baking are an excellent way to show your loved ones just how much you care - and are especially fun to make when the kids are involved.

Holiday decorating is also a big part of making the season feel festive but it doesn't have to break the bank. Refrain from buying new decor each season and consider upcycling items you already have to give them a new lease on life. Spray painting baubles or adding new ribbon to an old wreath are simple, affordable ways to achieve a fresh, new look.

You can also gather budget friendly holiday inspiration by looking to the great outdoors. Combining simple, inexpensive candles with sprigs of rosemary, pinecones or gumnuts from your own garden or local park can make beautiful Christmas centrepieces.

Hosting friends and family over the holiday season can be another big financial stressor. However, potluck dinners, simple holiday themed game nights and baking exchanges are affordable ways to spend time together and create lasting memories.

By staying in control of your finances over the holiday season, you'll be able to focus on the things that matter most. Remember that spending time with friends and loved ones is the best gift you can give and that the holiday season can still be merry and bright even when you're on a tight budget.

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Luke HOWARTH MP



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The Hon **Luke HOWARTH** MP
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Shadow Minister for **Defence Industry**
Shadow Minister for **Defence Personnel**

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Gifts Galore



Witch Crafty Sisters have now also re-located to the Gallery & have a large variety of gifts including crystals, Dream catchers, fun quirky t-shirts



Christmas Party

Northside Dreamers Club support group

for people on the NDIS & those wanting to get on it with disabilities & their families & **Able Anglers** Reel Opportunities for Reel People providing services for people with disabilities & mental health issues



Christmas Party at 126 Sutton Street, Redcliffe
Saturday November 26th from 11am to 2pm

Please RSVP by the 19th November 2022
to ros@gatewayproperties.com.au
for catering purposes





observed old friends meeting up, families gathering to catch up, creating a very congenial atmosphere."

Fast forward to 2022 and the team of tireless volunteers are back at it again, bigger and better than ever. Although the Christmas Fair isn't just about the warm and fuzzy feeling Christmas brings, the event and those who attend help generate much needed funds.

"The revenue raised supports the multitude of expenses associated with maintaining our old buildings and services to the community," said Jo.

When I asked Jo what she and her husband John had planned this time round, I couldn't write notes fast enough. She said there will be entertainment by the Pine Rivers Brass Band, Sharon Alback Dance Centre Carollers and the Multitude Choir will certainly give the event the Christmassy feel. There'll be fun for kids with a Kid's Zone providing some free activities.

One thing I look forward to at Christmas (apart from unwrapping my presents) is over indulging in my favourite foods and festive treats. John assured me I wouldn't be disappointed.

"Fun foods such as old-fashioned spiders and jelly cups will be on sale and add to the festivities. All the usual items will be there including Janice's famous jams and pickles. We can't forget Santa and Mrs Claus who will sneak in around 5pm," John said.

So dust off your Christmas hat, come along, bring your family and friends and get caught up in the great welcoming atmosphere.

"There will be a host of bargains whether it be cakes, plants, jewellery, craft gifts or something from the treasure trove area. You're guaranteed a happy time."

Sounds great Jo, hard to argue with that!

Redcliffe Anglican Parish Christmas Fair
Saturday 3rd December 2.30pm-6pm
St Mary's Church, 93 Sutton Street, Redcliffe.

REDCLIFFE ANGLICAN PARISH CHRISTMAS FAIR

STORY **NICK ALLFORD**

Covid couldn't kill Christmas. In October 2021, as Queensland was beginning to emerge from the doom and gloom of COVID-19, parishioners in the Redcliffe Anglican Parish decided to create a Christmas event and to reach out to the community and ask them to join in but would anyone show?

"We were absolutely blown away by the response," said event coordinator Jo Gooderham. "Hundreds attended and we

REDCLIFFE



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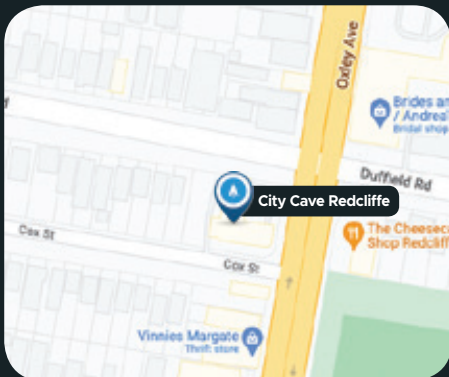
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HISTORY REDCLIFFE

GOING POSTAL

HISTORY WITH **PATTIE TANCRED**

In some ways, we've come full circle. One hundred and fifty years ago, as today, very few people had much use for a post office, which was probably a good thing because there were not many around.

The Redcliffe of the 1870s, sparsely populated and with little in the way of commerce, had limited postal service. According to a report of 1872, the mail was dispatched from Brisbane every Monday and Thursday "by way of the German Station [Nundah] and the agricultural settlers at Redcliffe Reserve are supplied with their letters from Sandgate."

In January 1876, a new postal route, Mail Service 176, was instituted. Once a week, the mail was carried the 10 miles from North Pine on horseback and delivered to the first official post office, located in the home of farmers James and Jessie Mitchell near what is now the Kippa-Ring shopping centre. The mail was distributed onwards from there. As 'Officer-in-Charge', James received a stipend of £12 a year. Probably, the post office was established at this site to service the employees of the nearby sugar mill.

Originally designated by the early colonial government as an 'agricultural reserve', Redcliffe began, in the 1880s, to garner a reputation as a holiday destination. Land sales were brisk, and construction and development were gathering pace. In 1883, according to a report in *The Queenslander*, there were eight houses in the vicinity of Redcliffe Point as well as "three hotels, two boarding houses and two stores", with another boarding house under construction. This, in addition to the 40 houses at Humpybong, was indicative of Redcliffe's development both as a seaside resort and as a locus of permanent residence.

Unsurprisingly, the post office was now moved from its previous rural location to a more 'metropolitan' locale, the general store of Mr Frederick Nightingale. Nightingale's store came to be known as the Redcliffe Post Office and the outward mail was conveyed from there to Sandgate by the steamer Redcliffe. Nightingale earned £20 in his capacity as postmaster.

This era of adhoc post office accommodation came to an end in 1886 when more formal postal arrangements were made and the post office again moved, this time to new purpose-built premises in Prince Edward Parade, Redcliffe, near where the police station now stands.

Today, our post offices are little emporiums selling, as well as postal paraphernalia and services, all sorts of goods from toys to televisions. Mr Nightingale would perhaps feel right at home.

Image courtesy of Moreton Bay Regional Council, reference RLPC-0001000009 and with thanks to MBRC ourstory.moretonbay.qld.gov.au

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Get Ready for more Wet Weather

STORY **ALYSSA MACKAY**

Moreton Bay Regional Council is encouraging residents to prepare for the storm season.

Above-average rainfall is expected over spring and early summer and research has shown that preparation is key when it comes to recovering more quickly from a disaster. Moreton Bay Regional Council Mayor Peter Flannery said Council had been urging residents to put together an emergency and evacuation plan, tidy up their properties and create an emergency kit.

“The Bureau of Meteorology has announced a third straight year of La Nina weather and we all know how devastating the February and March floods were,” Mayor Flannery said. “Many homes were completely inundated and destroyed by flood waters, so it’s important we all get on the front foot to prepare before the next weather event.”

To prepare for possible disasters, Council recommends households have a discussion about how they would keep in touch with each other in the event of a disaster, where they would meet, what they would do if unable to return home and what to do with pets and livestock. Residents can prepare their properties for heavy rain events by keeping gutters and drainpipes

clear, trimming branches, and clearing the yard of debris and loose objects. They should also identify where to turn off mains supply for water, power and gas.

An emergency kit should be equipped with non-perishable food items and bottled water to last up to 72 hours. It should also include first aid supplies, essential medications and toiletries, a torch, battery-operated radio, spare batteries, mobile phone charger, battery pack and pet needs. Any important documentation should be scanned to a USB drive.

Residents are advised to check their insurance policy for home, contents and other property. “Council also offers a range of free resources to help keep you safe in the event of an emergency like our free SMS service, MoretonAlert, which you can sign up for now to receive emergency warnings prior to an event,” Mayor Flannery said. “And our Disaster Portal is a one-stop shop to get real information that you need to know, like road closures, evacuation centres and weather-related announcements.”

Residents can learn more about their flood risk by downloading a flood check property report from Council’s website.

View Council’s Disaster Portal here www.moretonbay.qld.gov.au/Services/Disaster-Management/Disaster-Portal

And sign up to the free MoretonAlert SMS system here www.moretonbay.qld.gov.au/Services/Disaster-Management/MoretonAlert



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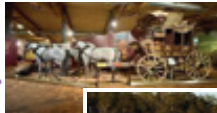
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and then along the waterfront and up Oxley Avenue to the Redcliffe Showgrounds. "We anticipate that the trucks will be coming over the Ted Smout bridge at about 8:45am," Leanne said. "We urge spectators to make sure that they secure their vantage point before this time."

Once the trucks arrive at the showgrounds, the day will be a full family celebration, with hopes of raising more money than ever for this heartwarming cause.

"Last year we saw over 5000 people attend the event with over 640 trucks in the convoy," said Leanne. "This year is looking to be even more impressive so we are hoping to improve on the \$100,000 we donated to Hummingbird House last year."

Leanne explained that this year's event entertainment lineup is also exceptional.

BIG RIGS ROLL INTO REDCLIFFE TO RAISE MONEY FOR HUMMINGBIRD HOUSE

STORY **KELLY WALKER**

The 2022 Convoy For Kids is fast approaching and this year's festivities are poised to be bigger and better than ever. On 5 November, a line up of impressive big rigs and transport vehicles will come together to raise money for Hummingbird House, Queensland's only children's hospice and one of only three children's hospices in Australia.

Leanne Prince, Convoy For Kids Treasurer, explained that the convoy will travel from Paradise Road at Larapinta and along the Gateway Motorway, onto the Deagon Deviation

"We have local duo Mattlach and Hemi Tauroa as well as top line artists, Matt Cornell, Jason McGregor and Adam Brand," she said. "In the past, the fireworks have capped off the event, but this year we intend to keep the party going after the fireworks have ended."

In addition to the huge entertainment line up, Leanne said that visitors can expect no shortage of fun activities throughout the day.

"For the kids we will have the Hot Wheels trucks returning," she said. "There will also be live auctions, food stalls, kids' rides, a petting zoo, magic shows, light displays, fireworks and a bar."

Visitors will also have a chance to see all of the participating vehicles up close on full display so be sure to bring your smiles and show your support for all of the drivers as they participate in the truck show judging event.

Convoy For Kids tickets can be bought online at www.brisbaneconvoyforkids.com.au or on the day and parking is available in the high school grounds.



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Redcliffe Peninsula Repair Café Turns Two

This month sees the second anniversary of the Repair Café Redcliffe Peninsula and there is much to celebrate.

Les Barkla from the Repair Café said the organisation has shown remarkable growth over the last two years.

"We now have over 20 volunteer helpers and repairers, 212 of the 340 items brought to them have been repaired, potentially diverting over one tonne of repaired equipment from landfill," Les said.

The organisation's growth has also meant a move to bigger premises.

"We have formed an association with Bramble Bay Women's Shed and now operate from the Redcliffe Clay Target Club in Clontarf," Les said.

"I wanted to give a huge shout out and special thank you to Redcliffe Encircle Neighbourhood Centre who looked after us for the first eighteen months."

Although the location of the Repair Café has changed, Les said the commitment of the volunteers hadn't.

"We are all here because we love community, we love repairing things and we are passionate about giving broken items a new lease on life and keeping them out of landfill," Les said.

If you have an item that you think the Repair Café could help with, head over to their Facebook page and click on the Try Booking link. There is no cost, but a gold coin donation is greatly appreciated.

**Repair Cafe Redcliffe Peninsula
Redcliffe Clay Target Club
267 Duffield Road, Clontarf**

Building a better world

The ZONTA Club of Redcliffe are holding a breakfast to help raise awareness of coercive control.

The breakfast will be held at The Komo on 25 November, which is also the start of the annual International 16 days of Activism, whereby ZONTA Clubs everywhere say no to violence against women, no to child marriage and yes to gender equality.

Marie Stewart, Advocacy Chair Zonta Club of Redcliffe said the guest speaker for this year's event is Natalie Hinton from the Tara Brown Foundation.

Tickets are \$35 which includes an alternate drop cooked breakfast, fruit, tea and coffee.

For more information and to book: www.trybooking.com/961470

Park Tales

Pirate Park, Scarborough will host the much loved Storytime in the Pirate Park this month. This event is free and brings together a mix of stories, rhymes, songs, puppets and loads of fun for your little one.

For more information contact the Redcliffe library on 3883 5745 or redcliffe.library@moretonbay.qld.gov.au

Windsurfing for beginners

Now that the weather is warming up, why not have a go and experience what windsurfing is all about in the beautiful Moreton Bay. Windsurfing combines elements of surfing and sailing and all equipment is provided.

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Diana Anaid trio by Cassidy McMahon

Aussie Rockers to Go Off at Gig for the Homeless

STORY **ALYSSA MACKAY**

A host of homegrown musicians will be rocking out for a good cause this month.

Rockin 4 the Homeless (R4TH) is back after three years of COVID-related cancellations, with all money raised going to The Breakfast Club Redcliffe, who have been helping the homeless and those in need since 2003.

Founder and artistic director Dan Nebe said he felt relieved the event was finally able to go ahead.

"We cancelled twice after six months of planning and coordinating 100 people from all over the country," Dan said. "We remained positive and knew the day would come when we could reboot our shows."

The line-up includes Bob Spencer, an Aria Hall of Fame inductee and former member of The Angels and Rose Tattoo, alongside Team Utopia, Black Whiskey, Levi X, Tripsitta, Rhino and alternative rock singer-songwriter, Diana Anaid.

Diana has performed at several R4TH concerts and she said the audience could expect to hear a rocking set of tunes including I Go Off, Perfect Family and Addiction.

"I think music is a great way to bring people together for a good cause – it feels like a win-win," she said. "The cause is close to my heart. I have been homeless as a child with my dad and it was not fun. Food, clothes and shelter become very important."

The first R4TH was held at Bramble Bay Bowls Club in 2013.

"It was a smashing success," Dan said. "R4TH has been an ever-evolving beast. It's grown so fast. People have come and gone, however each and every one has made a major contribution to the cause."

The Breakfast Club is a volunteer organisation who provide more than 1000 meals per month to those in need. Dan said he was proud to be in a position to help them, describing them as "a very tight and loyal group".

An even bigger event is planned for next year, which marks 20 years of The Breakfast Club and 10 years of R4TH.

"We will be planning a massive event to celebrate," Dan said. "It will also be when I step down from my role as director. Time for some new blood with fresh ideas to take over in 2024."

Tickets are \$48.70. For more information and to get tickets go to <https://tickets.oztix.com.au/outlet/event/a82f63db-dece-4112-9140-d195516fe730>

Rockin 4 the Homeless 2022
Saturday, 5 November, 2pm
Thirsty Chiefs Brewing Company
4/4 Wills Street, North Lakes.



REDCLIFFE CITY FLORIST BLOOMS

Gianna and mum Sonya

STORY **PATRICIA HIGGINS** PHOTO **PETE JOHNSON**
PHOTOGRAPHY

With 45 years of business behind them, Redcliffe City Florist are continuing to flourish with a new location and new horizons in full bloom.

From a tiny corner store on Victoria Avenue (named Lucky Ron's after the present owner's father), to a gold lotto outlet, to a coffee shop, and now to a much larger premises near Redcliffe's prime waterfront strip — Redcliffe City Florist are a classic Mom-and-Pop success story.

Store owner Sonya Johnson said that despite the significant accomplishments, she was not about to rest on her laurels.

"Our store is a work in progress and I want to keep growing and changing it. This sometimes makes the process quite tiring and never ending, but I am very passionate about it," Sonya said.

Sonya learnt how to run the business from her parents, and she has stayed true to their management ethos of treating customers like family.

"I realised growing up in the store, that people just want something different – somewhere where they can duck in and pick up exactly what they need," she said.

With the move to the new location, Sonya has been able to count a whole host of improvements, which relate to the fulfilment of not only her bottom line, but her staff and, of course, her invaluable customer base.

"I feel this place was built for us – it is everything we need as a florist and in moving forward to a place of love, wellness and harmony for the community," Sonya said.

With their previous location, Sonya and her staff had to work in part exposed to the elements, as well as face some other compromises that have now been more than adequately resolved.

"We have a store room that we can put extra stock in, so the shop is not as cramped as Victoria Avenue and we have the room to create a wellness hub of creativity and freedom," she said.

Redcliffe City Florist now hosts a series of workshops, weekly yoga classes and other community events within a truly sensational premises.

To find out more go to www.redcliffecityflorist.com.au and visit in-store at 25 Anzac Ave, Redcliffe.



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The Dugongs of Moreton Bay

STORY RICHARD LANCASTER

Ancient sailors fancifully saw them as mermaids and sirens, but Dugongs bear no resemblance to those mythical creatures. In fact dugongs, whose closest land relative is the elephant, prefer warm sea water between 27 degrees north and south of the Equator.



They can be found in nearly 50 countries world-wide, with the Persian Gulf countries boasting a population of over 5000. Moreton Bay has a significant dugong population of over 800. Although the dugong is protected, it was not always so. During the 1860s and beyond, hundreds of thousands of dugongs were slaughtered in Moreton Bay for their hides and meat. Their oil was thought to have medicinal properties.

Listed as a vulnerable species, many are concerned for the creature's future. Speed boat injuries coupled with pollution that kills off their natural seagrass food are responsible for the dugong's endangered status. Naturally, dugongs can live up to 80 years and along with it's American cousin the manatee, the dugong is the only herbivorous marine mammal alive in today's world.

In the late 1990s an environmental group, the Redcliffe Dugongs of which I was founder and president, was formed primarily to protect the dugongs and other marine creatures of Moreton Bay. This was largely due to the then State government being approached to allow fish farming in Moreton Bay and they appeared in favour of the project.

With the Queensland Conservation Council and our combined membership, we staged a number of demonstrations around Redcliffe. We were successful and the government canned the project. Among its members were the late Steve `Crocodile Hunter` Irwin, the then head of CNN, Ted Turner and the then Premier, Peter Beattie. The 400 member strong group ceased to operate in the early 2000s and was replaced by the current Dugong Collective.

BRAD'S BUSINESS TIPS

How to communicate effectively with staff (aka humans)

There are two principles of communication that I suggest business owners adopt.

1. All upsets are caused by unmet expectations.

Think about it, if you have ever been upset yourself, it is most likely because someone didn't do what you expected them to do, resulting in the upset.

It's the same with our staff. We have to make it crystal clear what is expected of them so they have absolutely no doubt about the actions they are paid for.

If a staff member is not doing something we ask, is it because they don't know how (that is on us to train them) or they don't care (still on us because we hired or have not fired them).

Which leads me to my second principle for communicating with staff (and humans in general).

2. True communication is the response you get.

We all know people who consider themselves as great communicators when really all they do is talk too much.

True and effective communication is when what you send out, the instructions to a staff member, is what comes back, what they do.

Next time you are ready to give a staff member a rev, check in on these two points above.

For more information and business tips visit www.businessmentored.com



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Xmas Arts & Crafts Market Day

STORY GABRIELLE TURNBULL

I, like many others, appreciate the dedication and hard work put in by the team of the Moreton Bay Arts Council. All are volunteers who do their utmost to promote the arts in the Moreton Bay region. On Saturday, November 26 from 9.00am at Redcliffe's Old Fire Station Arts complex on Oxley Avenue, their Xmas Arts and Crafts Market Day promises to be a bumper occasion.



Come along and catch some art demonstrations as well as limited edition pottery, interesting woodwork, jewellery, textiles and clothing, leadlight, mosaic, shell art plus much more. Over 50 local artisans have crafted this wonderful range of goods and all will be for sale. Admission and parking is free. You can even bring Fido with you, providing they are on a leash.

Local theatre was outstanding last month. Madeleine Johns' Roar Academy staged 'Newsies' and what a fabulous production it was! Right from the start, the energy of the cast and music was electric. The convincing acting had everyone empathising with the plight of the poor newspaper kids of olden days New York. My only regret is that 'Newsies' was limited to four performances.

Across town at the Mousetrap Theatre, more success despite the Theatre facility's untimely closing. Yet on the road, Paula Mary's play 'Good Deeds' received several awards as did Barb Wainwright's play 'Ooh La La'. I hear that both productions were well performed by the Mousetrap's Youth Theatre group.

Oh yes! and talking about 'The Mousetrap'. It's on at QPAC from November 4 to 18. This all time record breaking Agatha Christie masterpiece has captivated world-wide audiences for over 70 years.

GOOD MENTAL HEALTH

Declutter to have more freedom

WITH TANYA FISHER

Clutter can be overwhelming. It can be mentally fatiguing trying to focus in a crowded room. Plus, it can be time consuming if you are trying to find your keys or wallet.



Clutter are the things we keep but do not need. Think of decluttering as letting go of items that you do not need anymore but that other people could find really useful.

Pick a small area that you would like to declutter – a tabletop, a drawer or a small area in your closet. Firstly, toss out anything that is broken or is obvious rubbish.

Now, look at all the items and remove anything that is important to you and put it somewhere safe. Next, have two bags – a recycle bag for paper items and a let go bag for items to be donated to your local op shop. Then go through just that area and stop. Tomorrow, choose another small area and do the same and again the next day.

You might find yourself letting go of clothes that no longer fit, old technology or toys the kids no longer play with.

Doing a small area, five minutes a day can achieve big results. Decluttering is a double win — you get some freedom and breathing space back while others get to use your donated items.

If you would like some support, you can reach out to Tanya Fisher at Redcliffe Counselling on 0487 844 603 or www.redcliffecounselling.au

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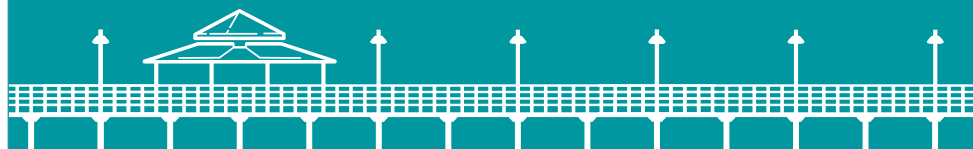
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STORY **KELLY WALKER**

Get ready as Wynnum's bayside transforms into a unique stage showcasing headlining acts and homegrown heroes at the ever popular Wynnum Fringe. Celebrating the best in contemporary, independent and alternative arts and entertainment, the festival runs from November 16 - December 4.

Born in 2020 out of an artistic and economic response to Covid, Tom Oliver, Founder and Director of Wynnum Fringe, explained that the festival has grown from a 3-day event to 19 days of both free and ticketed shows.

"I am hugely proud of how we've grown to feature world-class musicians, awe inspiring acrobatics, off-kilter comedy, family favourite entertainment and everything in between," he said. "We look forward to welcoming more than 35,000 people this year!"

This year's festival kicks off with a Quandamooka delegation leading visitors in Yana Marumba - or Walk Good. This free, accessible event is a chance for everyone to come together and celebrate local knowledge, language and connection to Country, while appreciating the beautiful Moreton Bay coastline.

Tom explained that the hub of the festival will be the Wynnum Fringe Garden.

"It's free to enter and will be a place to gather and celebrate," he said. "It has a ferris wheel,

food trucks, an outdoor bar with rooftop seating, the Raine & Horne Wynnum Spiegel tent, The Vault circus tent, and Miles: The Caravan Stage."

Some of the most anticipated family-friendly events are Dolly Diamond: Story Time, Head First Acrobats' Prehysterical, and all-ages Velvet Rewired. Led by iconic Marcia Hines, Velvet Rewired combines a high-energy, glittery fusion of dance, hula-hoops and jaw-dropping acrobatics.

"I am so excited to finally be making it to Brisbane," said Marcia. "How lucky are we to have the first dates of our new tour at the exciting Wynnum Fringe. I look forward to setting the Spiegel tent alight with our discotheque extravaganza!"

If you'd rather leave the kids at home, after dark is a great time to enjoy cabaret, live music and adult-oriented comedy and entertainment.

"Some of the most popular shows for adults will be Garry Starr: Greece Lighting, Diesel: One Night Only, and Bullhorn," Tom said. "It's very exciting!"

Wynnum Fringe welcomes visitors from Brisbane and beyond. "This is the time when the bayside comes alive," Tom said. "With food, drinks, entertainment and suburban hospitality, there really is no excuse to miss this three week extravaganza!"

For more information, visit www.wynnumfringe.com.



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A WORD FROM OUR REPRESENTATIVES

YVETTE D'ATH MP

The end of the school year is fast approaching and this is an extra special time for our 2022 school leavers. Over the coming weeks our local schools will be holding graduation and awards ceremonies to recognise and celebrate the academic, artistic, cultural and sporting achievements of our young people.

These ceremonies highlight the dedication and hard earned results of students. They should all be incredibly proud of their achievements throughout the year as I am sure their family, friends and fellow school-mates certainly are.



The Palaszczuk Government has also been busy recently hosting the Queensland Housing Summit, announcing that 70% of Queensland's energy will be renewable by 2032, that Queensland will build the world's biggest pumped hydro energy storage project and that households will receive 13,200 litres of free water!

Leading into the festive season, my calendar is filling fast. I'd like to encourage community organisations that are hosting end of year fundraisers, events or meetings that would like me to attend, please ensure you let my office know as soon as possible.

CR KARL WINCHESTER

A Christmas Movie in the Park event is scheduled for Saturday 19 November - 6pm to 9pm at Barry Bolton Park, 160 Victoria Avenue Margate (*movie to start at approximately 6:30pm/6:45pm pending sunset).

This starlight movie event will include a community sausage sizzle, free face painting and other supporting activities all themed around Christmas.



The movie choice is yet to be confirmed but be assured it will be a family favourite. So come along with a chair, blanket or picnic rug and join in the festivities. It will be a great opportunity to get together with family and friends and I hope to see you there!

Further information will be available on Council's website closer to the date.

If you haven't already, sign up for Moreton Alert, a service which allows Council to target specific areas to warn of different hazards by SMS, voice alert and email. Since its inception ten years ago, we've sent out more than 15 million SMS messages, 6.6 million emails and 206,000 voice calls to residents.

Please, jump on Council's website and subscribe via mbrc.qld.gov.au/moretonalert

LUKE HOWARTH MP



High school is a time for learning, friendships, exploration and preparation for adulthood. Across Australia, Year 12's are preparing to farewell their high school years and launch into the next phase of their lives.

What an exciting time!

As a father, I have watched two of my three sons graduate and choose different post-high school pathways, one joining the Australian Defence Force Academy and the other taking a gap year. So here are my top three tips for school leavers -

1. Get into the workforce - Find a part-time or full-time job or sign up for work experience.

2. Are you studying? – Approach a mentor in your field of choice. You can learn a lot from another's professional experience.

3. Taking a gap year? Stay busy! Volunteer, travel, work. This is a time to discover passions and dreams for your future.

Congratulations to all school leavers in Petrie. All your hard work has led to this. May you enjoy every moment.

Make sure you grab one of my School Leavers Guides from your school for more information on how to navigate this next chapter of your life.

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FROM THE PULPIT BLOOD SACRIFICES

God said to Israel.....

“WHEN I SEE THE BLOOD I WILL PASS
OVER YOU“ [Exodus 12:13].

GOD says to us today.... ”THE BLOOD OF
JESUS CHRIST, GODS SON, CLEANSES
US FROM ALL SIN“ [1John 1:7]
THE LIFE OF THE FLESH IS IN THE
BLOOD [Lev. 17:7]

Therefor Jesus Christ, God’s Son, gave His
life for our sins to take our place under
God’s judgement which was due to us. He
became our substitute; we can now be
forgiven when we repent and accept Him.
[Romans. 10:9].

Thank Him today and receive the GIFT of
eternal life. [John 3:16]

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RECIPES WITH JULIA



Cucumbers with Asian Soy Dressing

In a time when we all need to be a little frugal, finding simple and cheap, yet flavour packed recipes has never been more important. This cucumber salad embodies just that. It's simple. It's cheap. Yet the flavour it packs makes you feel like you aren't compromising on anything. To go one step further, if you grow your own vegetables, the satisfaction you get when you use your own cucumbers, makes this recipe good for the belly, and good for the soul.

This dressing hits all the right spots. A little bit sweet, salty from the soy sauce, a chilli hit

to know you're alive, and that flavour we are all familiar with, sesame oil. It's delicious, and versatile enough to dress an array of dishes (vermicelli salads, stir-fries, marinated chicken or tofu or a dumpling dipping sauce). Here I have used cucumber, however if you have carrots or radishes knocking around in your fridge, feel free to use those as well.

These cucumbers are my feeble attempt at growing vegetables. If you are anywhere near the garden scene in Redcliffe, you would know Redcliffe Garden Centre. An establishment in the community, it boasts having everything from indoor and outdoor plants, pots and garden statues, gifts and homewares, seeds, fruits, and vegetable plants, and if you are lucky enough, you might get to lay eyes on one of their resident chickens. With the need to tighten the purse strings, there has never been a better time to grow your own fruit and vegetables and Redcliffe Garden Centre is just the place to get you started.



Cucumbers with Asian Soy Dressing.

INGREDIENTS

3 medium Lebanese cucumbers
1 tbsp soy sauce
1 tsp grated ginger
1 tsp sesame oil
2 tbsp vinegar

½ tsp sugar (more if you like it sweet)
Small handful of coriander leaves chopped
½ spring onion chopped
1 tsp sesame seed
½ tsp chilli flakes (optional)

Wash cucumbers, dry with a paper towel and cut in diagonal chunks. You want them more on the chunky side, so they don't go completely soggy. Combine soy sauce, ginger, sesame oil, vinegar, spring onions, sugar and coriander in a bowl and whisk until combined. Add cucumber and toss until full coated.

To serve, sprinkle with sesame seeds, chilli flakes (if you are using them) and a few leaves of coriander. Serve immediately.

Voila. It's that simple.

Note: If you aren't serving this salad immediately, store the dressing in a jar until you are ready to use.



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NOVEMBER TIDE TIMES

TIME	M	TIME	M	TIME	M	TIME	M	TIME	M
1	0238 1.49 0817 0.67 TU 1518 2.22 ☉ 2229 0.64	7	0234 0.27 0841 2.30 MO 1500 0.49 2045 2.09	13	0533 0.53 1219 2.22 SU 1859 0.79	19	0554 1.76 1142 0.78 SA 1748 2.07	25	0352 0.23 1025 2.58 FR 1706 0.48 2228 1.86
2	0408 1.56 0945 0.69 WE 1631 2.23 2334 0.55	8	0307 0.27 0919 2.37 TU 1543 0.51 ☉ 2121 2.00	14	0017 1.51 0610 0.64 MO 1301 2.13 1947 0.84	20	0033 0.52 0643 1.95 SU 1243 0.70 1837 2.10	26	0432 0.26 1113 2.59 SA 1800 0.51 2320 1.76
3	0523 1.71 1108 0.65 TH 1738 2.25	9	0336 0.28 0956 2.40 WE 1624 0.55 2156 1.89	15	0108 1.45 0656 0.75 TU 1351 2.05 2048 0.86	21	0115 0.41 0728 2.13 MO 1338 0.62 1923 2.10	27	0515 0.33 1202 2.56 SU 1858 0.54
4	0030 0.44 0624 1.89 FR 1219 0.57 1834 2.27	10	0404 0.31 1031 2.40 TH 1702 0.60 2230 1.79	16	0216 1.42 0757 0.84 WE 1450 2.00 ☉ 2156 0.83	22	0156 0.33 0812 2.29 TU 1431 0.55 2008 2.07	28	0016 1.68 0604 0.43 MO 1256 2.48 1959 0.57
5	0117 0.35 0715 2.06 SA 1319 0.52 1923 2.24	11	0432 0.36 1107 2.36 FR 1740 0.67 2303 1.69	17	0342 1.46 0915 0.88 TH 1555 2.00 2256 0.74	23	0235 0.26 0855 2.42 WE 1523 0.50 2053 2.01	29	0119 1.63 0700 0.54 TU 1353 2.40 2059 0.58
6	0159 0.30 0800 2.20 SU 1412 0.49 2006 2.18	12	0501 0.44 1142 2.30 SA 1817 0.73 2338 1.59	18	0457 1.59 1033 0.85 FR 1655 2.03 2347 0.64	24	0314 0.23 0940 2.53 TH 1615 0.48 ☉ 2140 1.94	30	0230 1.63 0810 0.64 WE 1454 2.31 2158 0.56



LOCAL FISHING SPOT - BULLOCKY'S REST

North Pine Dam/Lake Samsonvale

STORY PETER HANSLER

This time of year it is a beautiful spot for fishing, walking the trails, free BBQs, photography, checking out the turtles, lungfish, lizards, a bit of bird watching and all less than 30 min from Sandgate/Redcliffe. In the evenings it is not uncommon to see quite a few people here taking photographs of the sunset across the water to the mountains.

Undoubtedly one of the best freshwater fisheries in South East Queensland I have caught many fish here both from the bank and in a boat. Australian Bass, Yellowbelly, Redclaw Crayfish, Mary River Cod, Tilapia, Catfish, Lungfish, Garfish and more species are available here as well as Rainbowfish for your pond or aquarium.

My favourite fishing method here is garden worms or live shrimp suspended a few feet under a float. This is a great way to fish especially with kids as it is very visual. Lures also work well for me especially just before sunrise and just after sunset.

Adults please make sure you have a SIPS permit when fishing as this is required by law and pays for the stocking program easily obtainable from the Queensland Fisheries website and most fishing tackle shops. It's really not that expensive either considering all the areas you can fish with it in Queensland and the fish you can catch.

SEQ Water now allows paddle craft only access on the dam from Forgan's Cove. There are a number of permits also allowed for electric powered boats and kayaks on a private area upstream with some still available, contact PRFMA for more information. (Pine Rivers Fish Management Association)

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Local DINING GUIDE



ANCHORAGE BAKERY & CAFE

141/145 Griffith Road
Newport

Bakery & Cafe

Ph 3880 3601

Feature: Anchorage Bakery & Cafe is a locally owned and family operated business offering a range of freshly baked bread, pastries, sweets, sandwiches, wraps, a full menu, catering and much more. Freshly brewed coffee dine in or takeaway. We're more than just a bakery.



BANJO'S BAKERY CAFÉ

161 Redcliffe Pde, Redcliffe

Bakery Café

Ph 3284 0166

Feature: Grab 3 Small Savouries for just \$6.25 or one of our many great deals at Banjo's Redcliffe!

In a rush? Skip the queue with the Banjo's Ordering App! Available in the App store and Google Play.

Delicious and made in Redcliffe. Pies, pastries, sweets, sandwiches and coffee. Breakfast, lunch or a treat anytime. Dine in or take-away.



BAY BOATS

439 Scarborough Road
Scarborough

Fish & Chips/Burgers

Ph 3203 5033

Feature: Famous for our great range of tasty seafood, burgers with homemade burger patties, hot crispy chips locals love and customers come from far far away to enjoy. Not to mention fresh sandwiches, great coffee and good old-fashioned milkshakes. Is that chicken or plain salt?



THE COFFEE CLUB KIPPA-RING

Kippa-Ring Shopping
Centre

Café

Ph 3283 4739

Feature: At The Coffee Club Kippa-Ring you can enjoy your favourite cafe meals and great coffee all day, every day. Open from 7:30am-5:30pm weekdays, late Thursday 7pm, and 8am-4pm weekends. So Meet You at The Coffee Club Kippa-Ring.





165 Redcliffe Pde, Redcliffe

Tex Mex

Ph 3284 7990

CACTUS JACK'S

Feature: Great steaks, sizzling Fajitas & authentic Mexican. Served with a full cocktail menu and local beers on tap.

Open Tuesday - Thursday from 5pm - late
Friday - Sunday from 11am - late



184 Hornibrook Esplanade,
Clontarf

Fish & Chips

Ph 3283 1618

FISH'N AT BELLS BEACH

Feature: Here at Fish'n at Bells Beach we cook kiwi style fish and chips, mouthwatering homemade hamburgers, hand cut calamari, ice cream, coffee, cakes and a heap of treats from NZ including Paua and Kina. With views over Moreton Bay in Clontarf.



77 Redcliffe Parade, Redcliffe

Patisserie

Ph 3161 6246

FLOUR & CHOCOLATE

Feature: Come on in to see and taste our delicious range of goodies!

Traditional Breads, Pastries, Brownies and Cakes made with Integrity and Pride with Service to match.

Artisan Bread, Decadent Cakes, Fine Pastries.
Sustainable Flour, 100% Free Range Eggs.



69 Redcliffe Pde, Redcliffe

Italian Restaurant

Ph 3284 4512

MAMMA'S ITALIAN RESTAURANT

Feature: Mamma's Italian Restaurant has been family owned & run since 1982. It is the perfect place for celebrating special occasions or the love of exquisite Italian food and wine. Mammass has been fully recognised by the Accademia Italiana Della Cucina Italy. Fully licensed. Mon - Sat 11am til late, Sunday 9am til late



Local DINING GUIDE



Bird O'Passage
Pde, Scarborough

Steak and Seafood

Ph 3203 5188

MORETON BAY BOAT CLUB

Feature: Seafood restaurant overlooking Scarborough Harbour. Live music Friday nights & Sunday afternoons. See our website for opening times & specials.



Bird O'Passage Parade,
Scarborough

Fresh Seafood & Takeaway

Ph 3203 4592

MORGANS SEAFOOD

Feature: Morgans Seafood is the best place to enjoy seafood in Brisbane. Morgans are uniquely located right on the stunning Scarborough Boat Harbour dotted with luxury yachts, pleasure craft and commercial trawl fishing boats, and overlooks Moreton Bay and the Glasshouse Mountains. Fully licensed.



155 Redcliffe Pde, Redcliffe

**Modern Australian
& Mediterranean**

Ph 3284 2986

PREECE'S AT THE JETTY

Feature: We have the BEST Vanilla Slice in Queensland. All cakes, biscuits, slices & ice cream are homemade. Fabulous seaside location. Come in and enjoy the views with a fabulous coffee and cake or lunch.

Mon-Sun: 5.30am - 3pm



Bird O'Passage Parade,
Scarborough

Craft Brewery & Restaurant

Ph 1800 727 104

SCARBOROUGH HARBOUR BREWING CO.

Feature: Scarborough Harbour Brewing Co. is a two level venue overlooking the beautiful harbour from both levels. We brew our craft beers onsite. Wine, cocktails, spirits and delicious food also available.
Upper Deck - Wed to Sun 11am til late
The Engine Room - Wed to Fri 4pm to late
- Sat & Sun 11am to late





89 Landsborough Avenue,
Scarborough

Eclectic Modern Café

Ph 3880 4770

SCARBOROUGH'S 3EIGHTNINE

Feature: Famous for our range of breakfasts and lunches, providing fresh seasonal dishes, dine while overlooking the beautiful Moreton Bay. We provide options for vegetarians and the gluten intolerant and do great functions.



Reef Point Esp,
Scarborough
(situated behind caravan
park)

Modern Australian

Ph 3880 4456

SEA SALT AND VINE

Feature: Sea Salt & Vine has one of the best locations on the peninsula overlooking the Glass House Mountains. A family & doggy friendly place to enjoy a tasty breakfast or lunch, or a just a quiet coffee & cake served in our tranquil café setting under the trees. We are also happy to accommodate large bookings for your special family gathering & are fully licenced & offer BYO Wine. Open 7 days, 7am to 4pm.



141 Sutton Street, Redcliffe

Japanese, Sushi

Ph 3283 8188

SUSHI CENTRAL

Feature: Want to experience an amazing time with astonishing flavours? Come to Sushi Central at 141 Sutton Street Redcliffe and purchase a variety of products that cater to all your eating desires. Join us on Monday night and Tuesday for our \$3.00 specials. Open 7 days for lunch and dinner.



98 Elizabeth Avenue
Clontarf

Fine Fast Food

0404 405 121

TASTE OF ROME

Feature: Traditional Italian Food.
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Dine-in and Takeaway



Local DINING GUIDE

THAI HUT

Shop 3/265 Oxley Avenue,
Margate

Thai Restaurant

Ph 3284 5962

THAI HUT

Feature: Thai Hut has been on the Redcliffe Peninsula for over nineteen years. We reopened in August 2017 back to where we first started in 2000. Thai Hut cooks authentic Thai food. We do take-away, home deliveries and dine-in.

\$10.90 SPECIAL – Pad Pua Wan, Sweet & Sour.
Just one of our many lunch time specials.



The Boat Shed

63 Landsborough Ave,
Scarborough

Fish & Chips

Ph 3880 0555

THE BOAT SHED SCARBOROUGH

Feature: Located overlooking the spectacular Moreton Bay & Moreton Island.

Our seafood is cooked to order and is available for dine in at our alfresco area or takeaway. Come give us a go! You won't be disappointed. Open 7 days (Except Mon/Tue Evenings & Xmas Day.)



611 Oxley Avenue,
Scarborough

Seafood Market

Ph 0427 964 649

WHITTAKER'S SEAFOOD

Feature: Family owned business being supplied mainly from our trawler & crabbing boat. We offer fresh fish, prawns, crabs, oysters including platters & much more. Come visit us for all your seafood items.

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Fri - Sat: 9am - 5pm

Sun: 9am - 4pm



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NOVEMBER What's On.

01 TUESDAY

JUNCTION ROAD

Redcliffe Leagues Club 11am

PETRA

Bramble Bay Bowls Club 5pm

02 WEDNESDAY

TOBY TYLER

Redcliffe Leagues Club 11am

MATT HOLLYWOOD ILLUSIONIST

Redcliffe Entertainment Centre 11am
Magician Matt Hollywood combines impressive magic and illusions with hilarious comedy to create an IMPRESSIVE, CLEAN & HILARIOUS magic show for you, your whole family to enjoy. Tickets \$28



03 THURSDAY

LLOYD SANIEL

Redcliffe Leagues Club 11am

ROSIE'S KARAOKE

Bramble Bay Bowls Club 6:30pm

04 FRIDAY

FORTUNATO

Redcliffe Leagues Club 11am

GENERATION GAP-70'S & 80'S CLASSICS

Moreton Bay Boat Club 7pm

THE ALIENS

Redcliffe Leagues Club 7pm

MR Q

Bramble Bay Bowls Club 7pm

05 SATURDAY

JAKE & THE CADILLACS

Bramble Bay Bowls Club 7pm

POCO LOCO TRIO

Redcliffe Leagues Club 7pm

06 SUNDAY

SUNDAY JAZZ ON THE DECK

Moreton Bay Boat Club 2:30pm



L R MARSH

Bramble Bay Bowls Club 3pm

08 TUESDAY**MARCO**

Redcliffe Leagues Club 11am

09 WEDNESDAY**TOBYTYLER**

Redcliffe Leagues Club 11am

10 THURSDAY**CATHY DRUMMOND**

Redcliffe Leagues Club 11am

ROSIE'S KARAOKE

Bramble Bay Bowls Club 6:30pm

11 FRIDAY**FORTUNATO**

Redcliffe Leagues Club 11am

DOWN311

Moreton Bay Boat Club 7pm

BRIT BEAT MANIA

Bramble Bay Bowls Club 7pm

DARLINGTON STRIPES

Redcliffe Leagues Club 7pm

12 SATURDAY**FLOWER CROWN WORKSHOP AND HIGH TEA**

Reid's Place 1pm - 5pm

Join us at Reid's Place for a 3 hour flower crown making workshop and delicious vintage high tea party! Such a beautiful treat for everyone. Use dried or fresh flowers and receive step by step instructions. All materials provided. \$135 per person. To book:

<https://www.reidsplace.com.au/event/flower-crown-workshop-high-tea-party/>

CHERRY RED

Bramble Bay Bowls Club 7pm

BROWN SUGA

Redcliffe Leagues Club 7pm

13 SUNDAY**HEALTH & PSYCHIC EXPO**

Redcliffe Dolphins, Cnr Ashmole & Klinger Rd Redcliffe 10am - 4pm

JUST JAMMIN

Moreton Bay Boat Club 2:30pm

DOWN 311

Bramble Bay Bowls Club 5pm

15 TUESDAY**DAVE GRAY**

Redcliffe Leagues Club 11am

16 WEDNESDAY**TOBYTYLER**

Redcliffe Leagues Club 11am

MIRUSIA CHRISTMAS MEMORIES

Redcliffe Entertainment Centre 7:30pm
Embrace the Christmas season with International star, Mirusia performing "Christmas Memories". Tickets \$49



17 THURSDAY

TRACY VAUGHN

Redcliffe Leagues Club 11am

ROSIE'S KARAOKE

Bramble Bay Bowls Club 6:30pm

18 FRIDAY

FORTUNATO

Redcliffe Leagues Club 11am

DR DAMAGE

Bramble Bay Bowls Club 7pm



DJ DENNIS

Redcliffe Leagues Club 7pm

COUNTRY WITH THE RAMBLERS

Moreton Bay Boat Club 7pm

UK BEE GEES

Redcliffe Leagues Club 8:30pm

19 SATURDAY

EXHIBITION THE LINE FORMS HERE

Redcliffe Art Society – Old Fire Station 1pm
The LINE forms here Artwork by Marelise Mitcheley and Robert Taberner

KRAZY KATHY'S KARAOKE

Moreton Bay Boat Club 7pm - 10pm

CARAVAN BAND

Bramble Bay Bowls Club 7pm

CAUGHT IN THE ACT

Redcliffe Leagues Club 7pm

20 SUNDAY

REDCLIFFE COUNTRY MUSIC CLUB SOCIAL

Dalton Hall Redcliffe Showgrounds 11am
Come and join us for our monthly social held on the 3rd Sunday of the month, starting at 11am. All are welcome. Door admission applies, adults \$6 each, children free. The event features entertainment, raffles, lucky door prizes, and more. Our guest artist for the day is Leisa Bye, and walk-ups are welcome. Canteen and licensed bar available. For more info call 0409307062 or 07 3284 7609.

SUNDAY JAM

Bramble Bay Bowls Club 1:30pm

TWO'S COMPANY

Moreton Bay Boat Club 2:30pm

22 TUESDAY

ROSE POWELL

Redcliffe Leagues Club 11am

SONGS OF HOLLYWOOD

Redcliffe Entertainment Centre 11am
Lynch & Paterson present...All the songs from the classic movies of Hollywood's Golden Era. Fred Astaire, Doris Day, Louis Armstrong, Gene Kelly and more! Tickets \$28

23 WEDNESDAY

TOBY TYLER

Redcliffe Leagues Club 11am

24 THURSDAY

MARCO

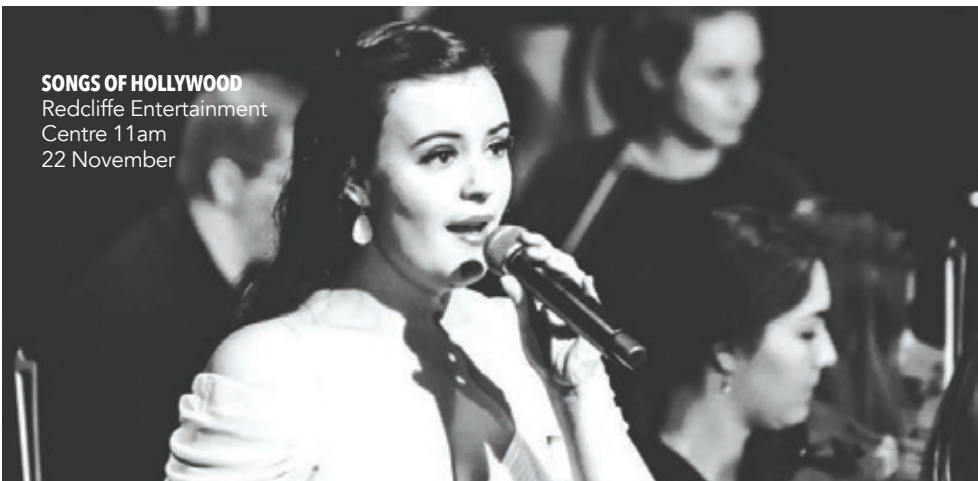
Redcliffe Leagues Club 11am

COUNTRY BOYS

Redcliffe Leagues Club 6pm

SONGS OF HOLLYWOOD

Redcliffe Entertainment
Centre 11am
22 November



ROSIE'S KARAOKE

Bramble Bay Bowls Club 6:30pm

25 FRIDAY

FORTUNATO

Redcliffe Leagues Club 11am

DIFFERENT BREED

Bramble Bay Bowls Club 7pm

ME & JODIE LEE

Moreton Bay Boat Club 7pm

THE RED MEN

Redcliffe Leagues Club 7pm

26 SATURDAY

CHRISTMAS WREATH HIGH TEA WORKSHOP

Reid's Place 10am - 5pm

It's time to get festive! You are invited to join us at Reid's Place for a gorgeous Christmas wreath making workshop and vintage high tea party. Create your very own Christmas wreath to decorate your home. No previous experience required. \$135 per person. To Book: <https://www.reidsplace.com.au/event/christmas-wreath-making-workshop-high-tea-party/>

EARLY ONSET MOWVEMBER FUNDRAISER

Bramble Bay Bowls Club 6pm

J-FUNK

Redcliffe Leagues Club 7pm

27 SUNDAY

FRANK, MIKE & GUESTS

Moreton Bay Boat Club 2:30pm

AMY & ANT

Bramble Bay Bowls Club 3pm

29 TUESDAY

DARRIN LEIGH

Redcliffe Leagues Club 11am

30 WEDNESDAY

TOBY TYLER

Redcliffe Leagues Club 11am



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Whether buying, selling or investing, you owe it to yourself to contact Mary.

Sales & Marketing Consultant | Ray White Scarborough

M: 0438 054 227

E: mary.dimarco@raywhite.com

W: <http://raywhitescarborough.com.au>

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MILLIE LIES LOW

When a broke and anxiety-ridden architecture grad misses her flight to New York for a prestigious internship, she decides to fake having made it to New York, while lying low in her home town, scrounging for

another ticket.

Director: Michelle Savill

Main Cast: Chris Alosio, Rima Te Wiata, Ana Scotney, Jillian Nguyen

Running Time: 100 MIN

Release Date: 03 Nov 2022

Rating: CTC

Language: English



STRANGE WORLD

Walt Disney Animation Studios' original action-adventure Strange World journeys deep into an uncharted and treacherous land where fantastical creatures await the legendary Clades, a family of explorers whose differences threaten to topple their

latest—and by far— most crucial mission. Helmed by Don Hall (Oscar®-winning “Big Hero 6,” “Raya and the Last Dragon”) and co-director/writer Qui Nguyen (co-writer “Raya and the Last Dragon”), and produced by Roy Conli (Oscar®-winning “Big Hero 6,” “Tangled”).

Director: Don Hall

Main Cast: Alan Tudyk, Jake Gyllenhaal

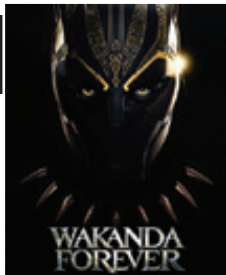
Genre: Action, Adventure, Animation, Comedy, Family, Fantasy, Science Fiction

Running Time: TBC

Release Date: 24 Nov 2022

Rating: CTC

Language: English



BLACK PANTHER: WAKANDA FOREVER

In Marvel Studios' “Black Panther: Wakanda Forever,” Queen Ramonda (Angela Bassett), Shuri (Letitia Wright), M'Baku (Winston Duke), Okoye (Danai Gurira), and the Dora Milaje (including Florence

Kasumba), fight to protect their nation from intervening world powers in the wake of King T'Challa's death. As the Wakandans strive to embrace their next chapter, the heroes must band together with the help of War Dog Nakia (Lupita Nyong'o) and Everett Ross (Martin Freeman) and forge a new path for the kingdom of Wakanda. Introducing Tenoch Huerta as Namor, king of a hidden undersea nation, the film also stars Dominique Thorne, Michaela Coel, Mabel Cadena, and Alex Livanalli.

Director: Ryan Coogler

Main Cast: Lupita Nyong'o, Martin Freeman, Letitia Wright, Danai Gurira, Winston Duke

Genre: Action, Adventure, Drama

Running Time: 160 MIN

Release Date: 10 Nov 2022

Rating: CTC

Language: English

November Releases



Armageddon Time	3rd
Con Air – 25th Anniversary Re-Release	3rd
Fire Front	3rd
Millie Lies	3rd
The Nutcracker and the Magic Flute	3rd
One Piece Film: Red (Jap, Eng Sub)	3rd
Sissy	3rd
Whina	3rd
Good Night Oppy	4th
Nishana (Punjabi, Eng Sub)	4th
The Emperor's New Groove	5th
The Bodyguard 30th Anniversary	6th
Black Panther: Wakanda Forever	10th
Greenhouse by Joost	10th
The Velvet Queen (French, Eng Sub)	10th
BARDO, False Chronicle of a Handful of Truths	17th
On The Line	17th
She Said	17th
Stars at Noon	17th
Cheta Singh (Punjabi, Eng Sub)	18th
Vertical Life Film Tour 3	22nd
An Inconvenient Love (Filipino, Eng Sub)	24th
Bones and All	24th
Margrete: Queen of the North	24th
The Menu	24th
Seriously Red	24th
Strange World	24th
Bhediya (Hindi, Eng Sub)	25th



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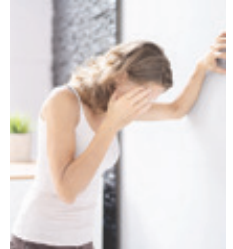
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Hearing Aid Challenge: Meniere's Disease

The classic symptoms of Meniere's disease include ear fullness sensation, dizziness, tinnitus and low frequency hearing loss. In Hearing Science, Meniere's disease sufferers are often characterised with fluctuating hearing, tinnitus with low frequency "roaring" sounds and hypersensitive to certain sounds. The initial hearing loss affects the low frequency region, but eventually progresses reducing hearing loss across all frequencies. In addition, for many people the hearing loss affects only one ear causing hearing asymmetry. Mild to moderate hearing distortion is also quite common. Anxiety and fear surrounding the tinnitus and vertigo may be experienced.



Audiological Management of Meniere's Disease

Regular hearing assessment and proper communication between you, your audiologist, your GP and ENT specialist can help you resolve emotional issues. An experienced audiologist can help you identify the situation. Hearing aid amplification helps compensate the hearing loss, reduces tinnitus, improves hearing asymmetry, enhances speech understanding and alleviates the ear fullness sensation. However, hearing aid manufacturer-recommended settings are not designed for this type of hearing loss. Your audiologist will need to reprogram all the settings and choose the correct type of earmould design, effectively improving the sound delivery system and outcomes.



There's help for people with Meniere's disease. A study by Kuk et al. provides technical tips in hearing aid selection and programming techniques. At Sandgate Hearing, we take the time to really listen to the patient and then build the settings to what is comfortable, audible and helpful. Functional speech tests help us measure and compare different setting performances for our clients. We always prepare a PLAN B in case the current plan fails. Other services such as auditory training, lip-reading skills and the use of a hearing aid remote microphone may help patients deal with the communication difficulties.

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