

# Redcliffe

FREE MARCH 2019

GUIDE

LACHY WILL  
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WELCOME  
DINNER FOR  
REDCLIFFE  
NEWCOMERS

THE  
SAPPHIRES  
**SET TO  
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PUBLISHER  
Dominic Alberth

EDITOR  
Kylie Fennell

PHOTOS  
Ben McShea  
slapics

DESIGN  
Crystal Gentry

WRITERS  
Christine Chamberlain  
Sally Eberhardt  
Wayne Flack  
Sharon France  
Richard Lancaster  
Kelly Livett  
Suzi O'Shea  
Leanne Palmer  
Mark Philpott  
Donna Roberts  
John Sayles  
Philip Woods

#### GENERAL ENQUIRIES

[info@redcliffeguide.com.au](mailto:info@redcliffeguide.com.au)

#### ADVERTISING ENQUIRIES

Kristy Yaldwyn  
[kristy@redcliffeguide.com.au](mailto:kristy@redcliffeguide.com.au)  
Phone: 07 3338 5091



## A Note FROM THE EDITOR

**T**he welcome mat is being rolled out this month with the inaugural Welcome to Redcliffe Dinner bringing together established residents and those new to the area.

We had a great chat with the team at Encircle, who are organising the event, about how newcomers continually comment on how special the peninsula is and the wide variety of activities on offer in the area. See page 26.

Live music is well and truly alive with some big name tribute acts. We caught up with Erin May, of Triple J Unearthed fame, ahead of their latest local gig. To read the interview with the band, go to page 80.

This month we also celebrate International Women's Day, with articles on Quota Club's annual breakfast and an afternoon tea being hosted by the Moreton District Crime Prevention Unit. Both events feature inspiring guest speakers and are great examples of bringing the local community together.

For the history buffs, we take a look back in time and Redcliffe's rich heritage in our article on the Cutty Sark seaplane joy flights offered at Suttons Beach some 80 years ago. Page 76.

Finally, this edition wouldn't have been complete without a preview of the 2019 rugby league season and what lays ahead for reigning premiers, the Redcliffe Dolphins. Don't miss their first home game for the season on 16 March.

— Kylie Fennell

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Story *John Sayles* Photo *slapics*

**L**ocal musician and talented guitarist, Lachy Stewart, went to extreme lengths to get inside the head of Queen guitarist Brian May for the Redcliffe Musical Theatre's Production of 'We Will Rock You'.

As musical director of the show that celebrates the legendary music of Queen, Lachy wanted to get it right.

"[Queen] were the absolute masters of song writing, the music is so well crafted and put together and I had to re-create the sound that they created," Lachy said.

"I bought a replica version of Brian May's guitar. Brian May has this particular way he does all his lead solos, runs and links that is totally unique to his style of playing. So, I had to try and get into his head and play like him.

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‘We Will Rock You’ features a seven-piece band and about 20 cast members.

“Set 3,000 years into the future where rock music is outlawed and everything is produced by the machines and computers. Everything is online and nobody goes out and plays anymore,” Lachy said.

“Somehow Ben Elton has written this weird, quirky little story to go with 24 of Queen’s

greatest hits, with characters like Galileo, Scaramouche and Killer Queen, it’s what’s called a ‘Juke Box Musical’, so it goes from one song to the next and kind of makes sense.”

Lachy’s favourite moment in ‘We Will Rock You’ is when he takes centre stage to play ‘Bohemian Rhapsody’. “I’ve just loved that song since I was a little kid and used to sing it in the car”.

You can also catch Lachy at the Mon Komo Hotel, Redcliffe, where he hosts an open mic night every Wednesday from 8-11pm.

## WE WILL ROCK YOU

1 March, 7.30pm

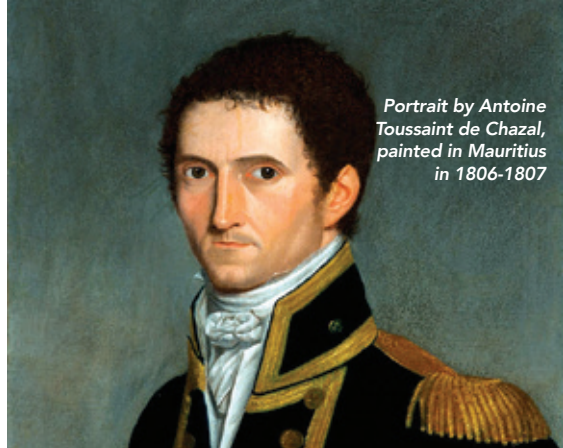
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3 March 2pm

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Portrait by Antoine  
Toussaint de Chazal,  
painted in Mauritius  
in 1806-1807

# Matthew Flinders: Sailor, Explorer and Mapmaker

Story *Richard Lancaster*

**T**he 25-year-old skipper aboard the tiny sloop 'Norfolk' looked across the bay and saw red cliffs in the distance. It was July 17, 1799. Soon after, skipper Lt. Matthew Flinders stepped ashore at what is now known as Clontarf Point. He became the first known European to do so, and he named the spot Red Cliff Point. In his now respected book 'A Voyage to Terra Australis', he identified Red Cliff Point, but he died a day after the book was published, aged 40.

This plucky, pint-sized explorer (he stood at 160cm tall), packed more action into his 40 years than most do in twice as many years. He made three voyages to the Southern Ocean, circumnavigating the Australian continent, mapping the coastline that is now the familiar shape we see on a map, atlas or globe.

In 1804, during Britain's war with France, he was captured and imprisoned by the French for five long years. He returned to England in 1810 as a Captain, but he was seriously ill, and only lived another 4 years. He was buried in St James Church cemetery, near Piccadilly in 1814.

In 1852, the cemetery became a park and Matthew Flinders grave was lost and forgotten. It was only recently, almost 205 years after his death, that his grave was recovered, as part of a massive rail development.

As he features so prominently in the discovery of Australia, with our country having the largest collection of statues dedicated to him compared to Britain's one (in Australia House), we must have a strong claim to his being reinterred here, preferably in Redcliffe.

# Spiritual Journeys Begin at Relax and Replenish Book Club

Story *Sally Eberhardt*

Have you ever wanted to know more about yourself, others, the Universe – what does it all mean, where do we fit in? If so, Redcliffe's latest book club is for you.

When Sharon Jackson, owner of Relax and Replenish in Redcliffe, found the book 'The Light shall Set You Free' by Dr Norma J. Milanovich and Dr Shirley McCune, she shared this discovery with others.

"When you start your spiritual journey you have so many questions. This book answers all the questions that no one else answers," Sharon said.

Many of Sharon's customers at the natural therapies centre, gallery and café wanted to buy the book but Sharon didn't want to part with her only copy and the idea of a Book Club was then born.

"People sourced their own copies but we wanted to support each other. We meet fortnightly and if there is a page or paragraph that someone doesn't understand then we all talk about it."

"The Light Shall Set You Free' is an easy read. Everyone is welcome and after this book is finished we will choose another."

[www.facebook.com/rnrinredcliffe/](http://www.facebook.com/rnrinredcliffe/)

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Warren Farr with an  
amphibious craft

# Drive Your Boat to the Beach



## Story **Mark Philpott** Photo **slapics**

**N**ext time you visit our local beaches, keep an eye out for one of the coolest and most innovative products you're likely to see. It's an incredible amphibious watercraft, designed and built by Clontarf business, Stryda Marine Australia (SMA), and it's going to be seen on the water (and land) this year.

SMA Director, Warren Farr, said it's been a exciting setting up a boat building business on the peninsula, "The proximity of the water and a boating culture make for an easy integration."

Warren said that SMA was inspired to design and build an amphibious watercraft out of the frustrations associated with boat trailers.

"The idea of an amphibious craft was conceived to give boating the maximum enjoyment without the hassles of traditional trailer boats. Encouraging spontaneity and more time on the water was the key point on the design brief," Warren said.

"Stryda Crafts are primarily designed for recreational use, however the hull is designed so it can be configured into various layouts including search and rescue."

Warren predicts that 2019 will be a big year for SMA, "We plan to launch some exciting models in the Sanctuary Cove Boat Show. SMA has had a lot of interest in the 600C amphibious catamaran, so a focus on manufacturing is one key focus in 2019.

"We would like to produce two boats a month... so, we will be looking to employ staff in the first quarter of this year," Warren said.

"The boats come in a standard configuration but can be personalised, with various available options that can be selected to optimise the boat for the user."

Stryda craft were initially designed in New Zealand, where they were conceived to provide an amphibious catamaran option to the market. SMA started business in Australia in August 2018, because of potential opportunities in the local market.



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An artist's impression of the DPI site redevelopment.

# DPI Redevelopment to Create Recreation Opportunities for Peninsula

**P**eninsula residents will enjoy a range of leisure and cultural benefits from the transformation of Deception Bay's old Department of Primary Industries site into a recreation, environmental and community precinct.

Moreton Bay Council purchased the former DPI research centre, at the intersection of Joseph Crescent and Beach Street, to create a space for families to relax and unwind.

Division 2 Councillor, Peter Flannery, said the redevelopment would make the Deception Bay foreshore more accessible, and encourage locals to lead a healthier and more active lifestyle.

"There's going to be so many great opportunities...such as linking this location with the Moreton Bay Cycleway and Deception Bay Heritage Trail," Cr Flannery said.

Division 6 Councillor, Koliana Winchester, said locals would be able to "pack a picnic" and ride all the way from Redcliffe to the end of the Deception Bay cycleway.

"There'll be a water refill station as part of this development and possibly a kiosk if we find a commercial tenant," she said.

"There'll even be a playground for the kids if they've got any energy left to burn."

Stage 1 demolition works on the old buildings are underway, with detailed planning and design to follow before construction, which is due to commence in 2021/22.

## New Home for Joe's Underground

Story *Kylie Fennell*

**Popular live music venue, Joe's Underground, has recently moved from its Redcliffe Parade location to the Redcliffe Paceway.**

Joe's Underground owner, Darna Ellis, said they would continue delivering great live rock music from their new home at the Redcliffe Harness Racing Club.

"We are open every Friday and Saturday night with doors opening at 7.30pm and live music both nights. The venue is licensed and we will be offering meals and snacks," Darna said.

"We have lined up some great acts from classic rock, and rockabilly to blues."

"Nothing much has changed in terms of the kind of music we'll be playing, but since the Paceway is a licensed venue our gigs are now 18 plus."

Darna said some of the upcoming shows were expected to be in high demand.

"We have Money for Nothin – The Australian Dire Straits Experience – back on Saturday 2 March. For this and our other gigs, we recommend pre-booking your tickets so you don't miss out."

Darna said she was also actively looking into opportunities to further cement Joe's Underground as the live rock music venue of choice.

*You can get more information on upcoming gigs via Facebook – just search for Joe's Underground Redcliffe.*



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# The Sapphires Set to Shine

Story *Donna Roberts*

**T**he Redcliffe Entertainment Centre will explode when one of Australia's best-loved stories hits town on its first major regional tour in March.

'The Sapphires' tells the story of four young women from regional Australia, who get the chance to change their tune, their clothes and their lives.

The play was inspired by the true story of Tony Briggs' mother. Set in 1968, during landmark changes to Aboriginal rights, the story follows the lives of four talented Yorta Yorta women who form a singing group, are discovered by a talent scout in St Kilda and travel to Vietnam to sing classic soul hits for the troops.

The current tour is the most ambitious one yet, reaching more than 140 locations and covering the length and breadth of Australia.

Writer and director, Tony Briggs, has fulfilled the challenge of bringing this fantastic tale

to the screen, and the story has already won multiple awards as a play, film and soundtrack album.

"I hope the audience will feel a fresh sense of connection to a story that has already successfully infiltrated the psyche of the Australian theatre and movie going public, and get a sense of joy and understanding of who Aboriginal people are, and walk away from The Sapphires with a smile on their faces," Tony said.



My hope is that they are offered a uniquely thrilling, up close and personal experience designed for people who want a fresh theatrical experience with a show that explores the power of love and family bonds in the middle of a senseless war."



Audiences will be treated to a talented young ensemble of first nation performers in all the Indigenous Australian roles.

Bryce Hallett from the Sydney Morning Herald, reviewed the show and described it as "A gem of a play".

"Briggs mixes facts and fiction to lay bare and flesh out his celebratory tale, which although political in patches, is focused on the personal," Bryce said.

"The Sapphires is heartfelt and joyous. Superb!"

For more information and tickets for the event via [www.moretonbay.qld.gov.au/events/](http://www.moretonbay.qld.gov.au/events/)

**The Sapphires**  
**Saturday, 23 March, 2pm and 7pm**  
**Redcliffe Entertainment Centre**

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# The Changing Transport Profile of Redcliffe

Story *Richard Lancaster*

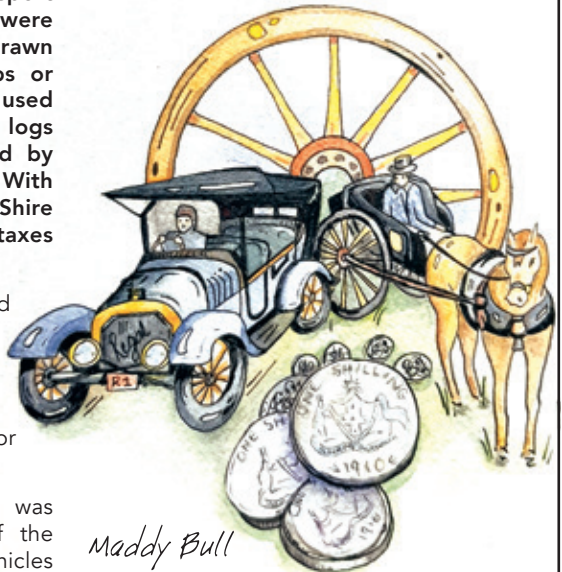
**A**s the nineteenth century drew to a close, modes of transport in the Shire of Redcliffe were changing. The mixture of horse-drawn passenger carriages, called traps or sulkies, and the bullock wagons used for transporting everything from logs to produce were being replaced by mechanically driven vehicles. With these changes, the Redcliffe Shire Council enacted a raft of new taxes and by-laws.

In 1910, a wheel tax was introduced whereby vehicles pulled by more than four horses or more than eight bullocks were levied at one pound five shillings for each pair of spoke wheels and five pounds for each pair of block wheels.

Later that year, a speed by-law was passed to control the speed of the growing number of faster motor vehicles

on Redcliffe roads. In essence the law limited motor bicycles, cars, cabs, omnibuses and other motor vehicles to a maximum speed of 15 miles per hour (24kph). Horse-drawn vehicles, mounted horsemen and push bikes were limited to eight miles-per-hour (13 kph).

But the Redcliffe Shire Council wasn't finished yet. With motor cars becoming increasingly commonplace, the council then passed a new car licence by-law. The Shire Clerk was authorised to grant licences and was instructed to give preference to local ratepayers and residents. The first licence was issued in 1914. Petrie Hotel owner, James Baldwin's car, a Regal, proudly displayed Redcliffe's first number plate – R 1 (indicating Redcliffe One). However this new tax was not popular with a section of the local population. In September 1914, the council threatened legal action against drivers who refused to pay the tax. The annual registration fee was two pounds two shillings. When the job of issuing licences became bothersome, it was handed over to the traffic office in Brisbane.







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# Redcliffe Library to Host Special Sensory Event

Story Mark Philpott

**F**amilies with special needs from across the peninsula are invited to the Redcliffe Library for a sensory event in March, that will feature augmented reality colouring, robot technology and sensory story-time.

Brisbane-based special needs support network Sensory Souls is partnering with Moreton Bay Regional Council to host the Backstage Pass event where children, teens and adults with special needs can experience what's on offer at their local library in a low-sensory environment.

Sensory Souls directors Leah Keating and Chanelle Avison, helped develop the event, which is tailored for people with autism and other special needs.

Leah said there would be something for everyone at the Redcliffe event, from Harry Potter-themed games to pixel drawing and LEGO building.

"The 'Backstage Pass' event is a wonderful opportunity for families in the community with special needs to go to the library in an environment that caters to their needs," Leah said.

"It is a judgement-free space, a quiet and calm environment and the activities offered are engaging and fun.

"The staff, who are there to help if needed, are very supporting and encouraging, and have all received training from Sensory Souls to assist in communicating with the families and children."

Activities at the Redcliffe Backstage Pass event will include augmented reality colouring, LEGO building, pixel drawing, bot technology challenges, Harry Potter-themed games, sensory story time, and The Very Hungry Caterpillar early literacy activities.

Sensory Souls was established in 2011 to support children and families to have a range of fun and positive experiences in a safe and judgement-free environment.

What started as Sensory Movie Days has expanded to include a range of events, from Train Days to Laser Zone fun, stand up paddle boarding to surfing, pool days, museum visits and so much more across the greater Brisbane area. They also organise the annual Sensory Santa where families can have their children's photos taken in a setting that caters to their needs.

*To book your spot at this special event search for Backstage Pass Redcliffe at [www.eventbrite.com.au](http://www.eventbrite.com.au). The event is free to attend.*

**Backstage Pass Event**  
**Thursday 14 March, 6-8pm**  
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## CAPTAIN MARVEL



Set in the 1990s, Marvel Studios' "Captain Marvel" is an all-new adventure from a

previously unseen period in the history of the Marvel Cinematic Universe that follows the journey of Carol Danvers as she becomes one of the universe's most powerful heroes.

**Release Date:** 7 March

**Genre:** Action, Adventure, Science Fiction

**Director:** Anna Boden, Ryan Fleck

**Main Cast:** Lee Pace, Brie Larson, Ben Mendelsohn, Clark Gregg, Jude Law, Djimon Hounsou, McKenna Grace, Samuel L. Jackson, Gemma Chan.



## FIGHTING WITH MY FAMILY

Based on the incredible true story, Fighting With My Family follows reformed gangster Ricky, wife Julia, daughter Paige

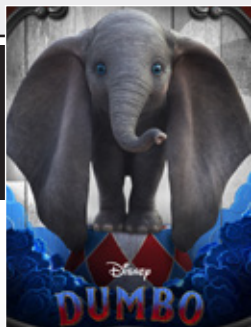
and son Zak as they make a living wrestling together in tiny venues. When Paige and Zak get the opportunity to try out for WWE, the family grabs a once-in-a-lifetime chance to turn their wildest dreams into a dazzling future.

**Release Date:** 21 March

**Genre:** Comedy, Drama, Biography

**Director:** Stephen Merchant

**Main Cast:** Dwayne Johnson, Vince Vaughn, Lena Headey, Nick Frost, Stephen Merchant, Florence Pugh



## DUMBO

Circus owner Max Medici (Danny DeVito) enlists former star Holt Farrier (Colin Farrell) and his children Milly (Nico Parker) and Joe

(Finley Hobbins) to care for a newborn elephant whose oversized ears make him a laughingstock in an already struggling circus. But when they discover that Dumbo can fly, the circus makes an incredible comeback.

**Release Date:** 28 March

**Director:** Tim Burton

**Genre:** Animation, Family, Fantasy

**Main Cast:** Alan Arkin, Eva Green, Colin Farrell, Danny DeVito, Michael Keaton, Finley Hobbins, Nico Parker

## Coming in March

<i>Captain Marvel</i> .....	7 <sup>th</sup>
<i>Sometimes Always Never</i> .....	14 <sup>th</sup>
<i>Swimming with Men</i> .....	14 <sup>th</sup>
<i>Fighting With My Family</i> .....	21 <sup>st</sup>
<i>The Lego Movie 2</i> .....	21 <sup>st</sup>
<i>Greyhound</i> .....	21 <sup>st</sup>
<i>Gloria Bell</i> .....	28 <sup>th</sup>
<i>Five Feet Apart</i> .....	28 <sup>th</sup>
<i>Dumbo</i> .....	28 <sup>th</sup>
<i>Us</i> .....	28 <sup>th</sup>

Subject to change, check website for more details.





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# Chasing Back To Back Premierships

Story *Wayne I Flack*

**F**ooty fans rejoice! The Rugby League gods have answered your prayers and the long off-season has finally drawn to a close. Reigning premiers, your mighty Redcliffe Dolphins are back and geared up to defend their title. You won't have to wait long to show your support in person. The first home game of the season is against the Sunshine Coast Falcons and it's set down for round two, in March, at Dolphin Stadium.

General manager of football at the club, Grant Cleal, said fans could look forward to a physical and spirited match. He went on to say that fans could also expect some new faces in the squad.

"We had a couple of players retire, and at least three were offered NRL contracts following their time with the Dolphins," he said.

"Try-scoring machine Kotoni Staggs looks like he'll be in a Broncos jersey more often than not. We've had to be very strategic in our recruitment to fill these gaps."

Exciting new faces to look out for are front rowers Jordan Grant and Nick Brown – both former Mackay Cutters. In the back line, electrifying former East Tigers fullback Gerald McCallum, makes a new home with the Dolphins after recovering from a broken leg. Taylor Brown will also make a return after spending a lot of time off last season, recovering from a broken foot. They will join some familiar faces, including Redcliffe Juniors, Josh Beehag and Nathan Watts.

"The boys started pre-season training in November and are fit, fast and ready to go. The support we had from fans last year was

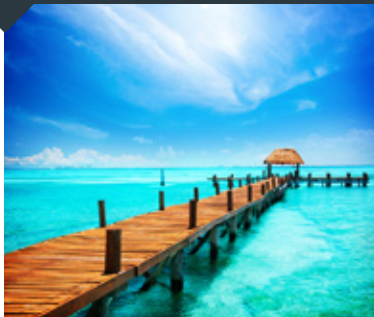
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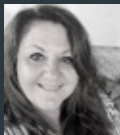
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Travel is my passion and I'm with you every step of the way. Let's talk. Check out my website to see why my clients tell others [#shouldacalledkaren](#).



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unbelievable and the boys can't wait to play in front of our home crowd again," Mr Cleal said.

So dust off your supporter packs and get along to Dolphin Stadium to cheer on your beloved Redcliffe Village Motors Dolphins. The team would love to see a stadium capacity crowd of 10,000 cheering them on. Keep up with the latest on the club via [www.redcliffedolphins.com.au](http://www.redcliffedolphins.com.au).

## Redcliffe Dolphins V Sunshine Coast Falcons

**Saturday 16 March 2019**

**Dolphin Stadium**

**Gates open 1.45pm**

**Main game 6pm**

**\$10 Adults, \$5 Aged/Disabled  
pensioners and 15+  
Children 14 and under FREE**





## HAPPINESS... IT'S A JOURNEY, NOT A DESTINATION

*Redcliffe life coach, Leanne Blaney, shares her tips for happiness.*

**Story Sally Eberhardt**

**R**edcliffe locals are being encouraged to make a plan for balance and adventure for International Happiness Day.

The United Nations started the observance of International Happiness Day in 2013, with 193 nations voting unanimously in favour. Celebrated on 20 March each year, it is a time to think about what happiness means to you, what makes you happy and how you can bring more happiness into your life and the lives of others.

The philosophy behind the day is that the "pursuit of happiness" is a basic human right, and this year's theme is Sharing Happiness, which focuses on relationships and helping other people.

Redcliffe life coach, mentor, founder of Igniting Lives through Adventure, and author of Balance – Adventure School for Women at 40, Leanne Blaney loves helping people live a happy and successful life.

As an expert in personal development and helping people to experience the opportunities and possibilities that life can offer, Leanne said that she was a champion of both balance and adventure when it came to living joyfully.

"Having adventures will light you up to give you inner balance to create a happy life every day" Leanne said.

Happiness isn't a destination in itself, it is an ongoing journey. Happiness is generated in many ways including helping others, doing what you love, appreciating what you have and finding balance not only in life but within yourself.

"Balance will give you the stability to stay on course in this sometimes chaotic world. When you have balance, you have presence of mind and you can be living in the now, enjoying what comes your way and prioritising your happiness," Leanne said.

"Real balance is from within. It's not about juggling work, family, life and relationships. It is being stable, grounded, centred and steady with what life throws at us."

This International Day of Happiness, take time to reflect on the fact that money or possessions have far less to do with happiness than our attitudes, experiences and relationships with other people.

Gratitude, caring, giving and learning go a long way in making happiness a daily journey. Make a plan for your happiness today.



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*Micah Lean from Encircle and Adiel Karmona, Owner of Pilpel Restaurant, get in the spirit for the Welcome to Redcliffe Dinner.*



# Welcome Dinner For Redcliffe Newcomers

*Story Kelly Livett Photo Ben McShea*

**R**edcliffe is a beautiful place to live and for many, the longer you live here the more you grow to love it. Encircle Redcliffe has decided to reach out to welcome all the new faces to the peninsula at its very first Welcome to Redcliffe Dinner this month.

Micah Lean, community development worker at Encircle Redcliffe, and the event organiser, said the dinner, to be held in late-March, was expected to become an annual event, focusing on community spirit.

"(It's about) building community spirit. Giving people, especially locals, the opportunity to say welcome to our town," Mr Lean said.

Mr Lean also said Encircle Redcliffe has worked closely with the community for many years, and one of the most common issues discussed was that newer residents have a real yearning for opportunities to make new connections and better explore their new home. The idea for the welcome dinner was born from that.

**Premium Selection**

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**VENUE : Sandgate Town Hall**

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**FRIDAY MARCH 29TH**

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The Welcome to Redcliffe Dinner will be an all ages event, running for two to three hours. The dinner aims to host new and well-established residents, as well as multiple public figures who have all made the peninsula their home. There will be a variety of entertainment to celebrate the wonderful culture and diversity that already exists in Redcliffe.

“How awesome would it be to have an event where people were simply welcomed with no other agenda,” Mr Lean said.

The dinner will be held at Pilpel Restaurant, in their new premises near the Redcliffe waterfront, and will feature three generous courses of Middle Eastern cuisine.

There is also an option for local individuals and businesses to pay it forward by purchasing one or more additional tickets to be gifted to new members of the community. Tickets for the Welcome to Redcliffe Dinner are on sale via [trybooking.com](http://trybooking.com) and at the Redcliffe neighbourhood centre for \$60 per person.

*For more information on the event and for regular updates from Encircle Redcliffe search Welcome to Redcliffe Dinner on Facebook.*

**Welcome to Redcliffe Dinner**

**Thursday 28 March**  
**6pm arrival for a 6.30pm start**  
**Pilpel Restaurant**  
**Corner of Sutton & Creek Streets**  
**Redcliffe**

# A WORD FROM OUR REPRESENTATIVES

## Cr James Houghton



Supermarket chains and major retailers in the Moreton Bay Regional Council area have been warned to clean up their act and take responsibility for their abandoned trolleys. Discarded shopping trolleys represent a significant amenity issue right across the Moreton Bay Regional Council area. In the two months

of August and September 2018, our Local Laws team impounded more than 200 abandoned shopping trolleys in one suburb alone.

Council is committed to working with supermarkets, centre managers, retail chains and the local businesses that provide the use of shopping trolleys for customers, to reduce the chances of them being dumped or abandoned throughout our communities.

Despite council's best efforts to encourage supermarkets to collect their impounded trolleys, a substantial number of trolleys have been disposed of due to the companies that own them have refused to collect them. To date, council has not opted to impose a retrospective requirement on retailers to install wheel-locking or coin-operated trolleys, however these options will now be considered in conjunction with future local law and planning scheme amendments.

## Yvette D'Ath MP



It is great to see that work has started on the new hospital car park.

Construction of a temporary staff car park was recently completed at the Redcliffe

Showgrounds, and provides 260 parking spaces. The works that commenced in December were recently completed. It is targeted for use by day shift staff only, with patients and visitors continuing to park on the hospital campus. This temporary car park has been made possible with the help of Moreton Bay Regional Council and the Redcliffe Show Society.

A new multi-storey car park will be built on top of the existing car park on the corner of Anzac Avenue and Recreation Street, and will increase the number of available car spaces at Redcliffe Hospital by 57%, providing over 1,100 car spaces to hospital patients, visitors, and staff.

## Luke Howarth MP



My number one priority as your Federal Member is to deliver results for the residents of my electorate.

It was great to have the Federal Health Minister

visit Redcliffe recently. He announced that an MRI licence for the Redcliffe Public Hospital had been approved. While the Health Minister was in town, I was able to pass on the first-hand stories from locals who have benefited from the additional medicines that have been added to the Pharmaceutical Benefits Scheme (PBS).

The Federal Government has added almost 2,000 essential medicines to the PBS, including

life-saving and hope-delivering cancer treatments. Lung cancer patients were previously paying over \$8,000 per script - now the cost of these life-saving drugs is less than \$50.

The Federal Sports Minister was also in town recently, to announce that the Redcliffe Surf Life Saving Club would be one of many organisations across Australia participating in the 'Move It AUS - Better Ageing' program.

It's great to see so many local sporting clubs in the area benefiting from federal grants, such as Peninsula Power F.C. and Redcliffe Surf Life Saving Club, which both received over \$400,000 to upgrade their clubhouses.





**SESAME LANE**

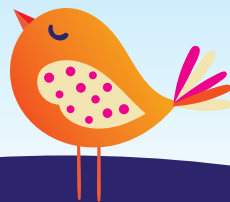
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*Division 6 Councillor Koliana Winchester at Humpybong Creek.*

# Humpybong Creek's Makeover to Improve Water Quality

*Story Kylie Fennell Photo slapics*

**H**umpybong Creek's half-million dollar makeover will aim to improve water quality, with flow-on amenity and recreational benefits for residents and park users.

Stage one of the project starts next month, with the construction of a sediment basin and drainage channel improvements.

Council Spokesperson for Asset Construction and Maintenance, Cr Adam Hain, said the

main objective was to improve water quality in the creek, downstream of Oxley Avenue, by reducing the volume of sediment entering the waterway and lakes downstream.

"We'll also invest in improving the drainage channel itself so that ongoing maintenance is easier for council crews," Cr Hain said.

Division 6 Councillor, Koliana Winchester, said the project would be completed in three stages to manage the substantial costs with the first stage, due for completion in July 2019.



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"When we get to Stages two and three, locals can expect to see more beautification of the area with the removal of weeds, bank stabilisation and landscaping," Cr Winchester said.

A council spokesperson went on to highlight the importance of this project in improving water quality.



The lakes exhibit poor water quality and aquatic weed infestations, which are attributed to untreated stormwater inflows and the accumulation of organic sediments within the system. Maintenance access into the system is also limited by the steep edge profiles and physical barriers to movement."

The work aims to create a healthier, balanced ecosystem leading to benefits for residents and park users, as well as a direct and positive impact on Moreton Bay.

The Stage one rectification work will cover the section of Humpybong Creek from Oxley Avenue to the first weir, with the installation of a sediment basin to collect sediments and litter coming from the upper catchment, naturalisation of the creek line down to Anzac Avenue, and the construction of access improvements to facilitate maintenance by council crews. Stages two and three will complete the works down to Anzac Avenue.

Australian Wetlands Landscapes QLD Pty Ltd was awarded the tender to deliver the project and will be required to submit an environmental management plan.

The contractor must also comply with relevant State Government environmental policies, including managing sediment and erosion controls.



Gregory Moore

## On Broadway — in Redcliffe!

Story Sharon France

**T**he lights will be bright and there will be magic in the air. We are, of course, talking about the very popular Brisbane City Pops Orchestra (BCPO). Performing in Redcliffe this March, they will showcase not one, but two renowned soloists—soprano Leslie Martin-Nightingale and tenor Gregory Moore.

Rita West, first violinist and BCPO Events Coordinator, said the decision to return to Redcliffe, to kick off their 2019 season, was an easy one.

"Our first performance in Redcliffe last year—Magical Melodies—was sold out, showing a real appetite in the local community for great, light classics," she said.

"We were a little bit surprised when we had to turn people away. It is terrible for people to miss out and this year's On Broadway program conducted by the wonderful Chen Yang, is an absolute delight—not to be missed."

BCPO is a community orchestra that draws from all ages and all walks of life, and have been building and growing in popularity over the last 46 years.

On Broadway will include hits from Phantom of the Opera, West Side Story, Les Misérables, Wizard of Oz and many, many more.

**Brisbane City Pops Orchestra present:**  
**On Broadway**  
**Redcliffe Entertainment Centre**  
**Saturday 9 March, 2pm**  
**Tickets – \$35 via**  
**[redcliffeentertainmentcentre.com.au](http://redcliffeentertainmentcentre.com.au)**

## Cycle of Giving Raises Hopes for Second Chance at Life

Story Sally Eberhardt

On Sunday 10 March, keep an eye out for the Cycle of Giving, Queensland's premier annual cycling event, raising funds for organ transplant research.

Starting and finishing at Bunya, the 100km ride cruises around much of the Peninsula including the scenic foreshore from Scarborough to Shorncliffe.

The event hopes to raise more than \$250,000 to fund research that will not only help more people get a second chance at life, through transplants, but also return home and thrive.

Eve Vickerson, marketing manager of The Prince Charles Hospital Foundation, which supports the research, said there were around 1400 people on the organ transplant waiting list.

"Far too many people's lives are hanging in the balance. We need to buy more time for people through transplant research – for every \$44 raised, another hour of research work can occur," Ms Vickerson said.

"By fundraising in Cycle of Giving, every rider and donor has the power to make a huge impact. 100% of the funds raised supports the research."

Give the cyclists a friendly wave and consider contributing to this worthy cause.

The ride starts at 6am at James Drysdale Recreation Reserve, Bunya and finishes at the same location. For more information go to [www.cycleofgiving.org.au](http://www.cycleofgiving.org.au).





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A man and a woman are dancing in a room. The woman is wearing a red and white striped top and a blue skirt with red and white ruffles. The man is wearing a red hat, a blue and white striped vest, and red pants. They are both smiling. In the background, there are shelves with various items, including hats and bottles. Three people are sitting on the floor watching them: an older woman on the left, an older man in the middle, and a younger man on the right. The text "Dance Your Way Through Life" is written in a large, white, cursive font across the middle of the image, and "CUBAN STYLE" is written in a bold, white, sans-serif font below it.

# "Dance Your Way Through Life"

## CUBAN STYLE

Story Kylie Fennell Photo slapics

“ Feel the beat, follow the rhythms and dance your way through life” — that’s the simple philosophy of Israel Ortiz Castellanos who brings his unique Cuban dance classes to Redcliffe.

Israel, who is a professional dancer, teacher, and choreographer, regularly teaches Cuban dance in Brisbane, runs workshops and performs in events throughout Australia and New Zealand.

He said he was driven to “share the passion, energy, and creativity that defines Cuban dance and music” through classes such as the ones he holds in Redcliffe on Monday nights.

"Currently we have around 20 people (at the Redcliffe classes) with the age range between 18 and 50+," Israel said.

Classes are open to anyone of any fitness level and dancing experience.

"You don't need to bring a partner or have any experience, just come along on the night and we will take care of the rest.

"You have the opportunity to learn how to dance some of the most exciting styles of dance, as well as improve your well-being, coordination, and overall fitness – all while having fun."

It would be hard to find any other Cuban dance classes more authentic than those at Israel's Cuban Dance Company.

Born in Santiago de Cuba, Israel went to a specialised dance school at the age of 11 and went on to graduate from the National School of Art in Havana, Cuba.

Upon graduating, he worked for two different modern dance companies in Cuba before

winning a position in the dance spectacular 'Havana Night'.

Israel travelled the world with Havana Night, performing throughout Asia and Europe, before settling in Australia in 2003. He started the Cuban Dance Company soon after to promote Cuban culture and dance in Australia.

"Cuban dance is so unique and popular thanks to its music, originality, and variety. It's easy and fun to learn...everybody has a great time!" Israel said.

*For more information on the Redcliffe Cuban dance classes go to [www.cubandancecompany.com](http://www.cubandancecompany.com)*

## The Cuban Dance Company Classes

**Mondays**

**6:30pm – Beginners**

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Child \$35.00\*; Family (2A + 2C) \$135.00\*

### THE ANDREWS SISTERS TRIBUTE

Stylish new show brings back the gorgeous 3-part harmony and toe-tapping tunes!

**Date:** 05 March 2019

**Time:** 11.00am

**Cost:** Tickets \$25.00\*

### ROY ORBISON & GENE PITNEY TRIBUTE

Eddie Daniels re-creates the vocal sounds of the greatest singers from the 60's.

**Date:** 08 March 2019

**Time:** 7.30pm

**Cost:** Tickets \$38.00\*

### BRISBANE CITY POPS ORCHESTRA

Celebrate some of Broadway's greatest shows. Join us as we take this journey 'On Broadway'!

**Date:** 09 March 2019

**Time:** 2.00pm

**Cost:** Adults \$35.00\*; Child/Students \$15.00\*;

*\$2.00 Online transaction fee applies*

*More info: [www.redcliffeculturalcentre.com.au](http://www.redcliffeculturalcentre.com.au)*

### AUSTRALIAN ARMY BAND ROCK SHOW

Prepare to be blown away with the Australian Army Band's rock 'n' roll experience!

**Date:** 15 March 2019

**Time:** 7.30pm

**Cost:** Tickets \$25.00\*

### JOHNNY CASH TRIBUTE SHOW

Join Dave Reynolds and his superlative six-piece Rockabilly Showband on a nostalgic journey.

**Date:** 16 March 2019

**Time:** 7.30pm

**Cost:** Adults \$43.00\*; Early Bird \$40.00\* (until 25 January); Concession & Groups (10+) \$40.00\*; Child (under 12) \$10.00\*

### CHARMAINE WILSON

Charmaine Wilson is a world-renowned Australian medium, who has been consistently recognised for her skill and compassion.

**Date:** 19 March 2019

**Time:** 7.30pm

**Cost:** Tickets \$50.00\*

### THE SAPPHIRES

Inspired by four Yorta Yorta Women, who sang Motown hits during massive social upheaval.

**Date:** 23 March 2019

**Time:** 2.00pm; 7.30pm

**Cost:** Tickets \$45.00\*

### THE ELTON JOHN EXPERIENCE

A musical journey of over 40 years between Elton John and Bernie Taupin.

**Date:** 29 March 2019

**Time:** 7.30pm

**Cost:** Tickets \$40.00\*; VIP Package \$89.00\*

### MBSO MOVIE FAVOURITES

Moreton Bay Symphony Orchestra performs well-known songs from films and movies.

**Date:** 30 March 2019

**Time:** 2.00pm

**Cost:** Adults \$22.00\*; Child (2-12yr) \$17.00\*; Family (2A+2ch or 1A+3ch) \$69.00\*





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# WHAT'S *Hot* AROUND TOWN



*Elton John Experience (above)  
Beyonce Tribute Show (left)*

## Story *Kylie Fennell*

**G**et ready to fall 'Crazy in Love' with familiar tunes this month as some big name tribute acts head to Redcliffe.

The Beyoncé Best of Hits Show will celebrate Queen Bey's music, in a free show at the Redcliffe Leagues Club on Friday, 15 March.

Featuring the amazing vocal talents of Melaanie and her live band, Mahogany Soul, the audience can expect a mixture of Beyoncé's top hit songs supported by the 'Dream Crew' dancers.

Choosing to perform this tribute show was an obvious choice for Melaanie, as Beyoncé is one of her favourite artists.

"Her vocal abilities and stage performance have been a huge influence and a challenge, and I like a vocal challenge," Melaanie said.

"I have been singing a lot of Beyoncé's songs for years...and what I have discovered is that not only vocally is she amazing but musically her songs are a challenge for the band to play. Fortunately, the Band Mahogany Soul is immensely talented."

If 'Crocodile Rock' is more your style, then you don't want to miss the Elton John Experience on Friday, 29 March at the Redcliffe Entertainment Centre.

Greg Andrew has earned a reputation as one of the best Elton John impersonators in the world, and promises a performance that is as close as possible to the real thing.

"My show replicates the experience of being at an Elton concert. From my outfit, my look, my band and how we accurately perform the versions of the songs, the whole experience is the closest you will get, without being at a "real" Elton concert," Greg said.

Greg said his show appealed to all ages with Elton's songs spanning several generations.

Why not head back to the 60s with the Roy Orbison & Gene Pitney Tribute Show at the Redcliffe Entertainment Centre on Friday, 8 March?

The unmistakable voices of Gene Pitney and Roy Orbison will be brought to life by Eddie Daniels.

With an incredible vocal range of over three octaves, Eddie is recognised as one of the country's finest tribute artists.

Find out more about the Redcliffe Entertainment Centre shows and purchase tickets via <https://www.moretonbay.qld.gov.au/events>.

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*Sgt Sarah Grayson and the Red Rockettes get in the mood for the upcoming International Women's Day Afternoon Tea.*

# IWD Afternoon Tea to Empower & Inspire

Story **Sally Eberhardt** Photo **Ben McShea**

**E**ntertainment, education and empowerment are on the menu at an International Women's Day afternoon tea to be hosted by The Moreton District Crime Prevention Unit this March.

The event will focus on themes of recognising and celebrating the achievements of all women and girls, inspiring communities to respect women and girls, gender equality and supporting women to improve their financial literacy.

Organiser of the event, Sergeant Sarah Grayson, said she hoped the afternoon tea would help the community to feel empowered to support each other, particularly those affected by domestic violence.

"I feel passionate about sharing this with other women as together we can help each other. It really does take a community to do things – not just on your own!" Sergeant Grayson said.

Guest speakers will include Jenna Brook of Running for Bums, Rachael Smith who will talk all things financial, Lisa Duncan from Focus Business Consulting, and Stacey Taylor of Taylor Made Bootcamp.

Jenna, a Birdsville resident, ran from the bottom of Tasmania to the tip of Cape York – a marathon every day for four months – to raise funds and awareness of Bowel Cancer.

Jenna said she was not a runner before she started and hoped her story inspired people to "dream a little bit bigger and understand they are capable of more than they think".

"(Women) recognise greatness in their friends and family and I want them to see it in themselves too," Jenna said.

'Suited to Success' will run a 'Gold Coin Dress Shop' and entertainment will be provided by two bands made up of local girls – The Red Rockettes and The Ruby Reds – and comedian Annette Densham.

Bring your friends along for a community-focused celebration of women that feeds not only your stomach but also the heart, mind and soul.

This event is free to attend but there are limited spaces and you will need to register for catering purposes by searching for 'International Women's Day Afternoon Tea' at [www.eventbrite.com.au](http://www.eventbrite.com.au)

## International Women's Day Afternoon Tea

**Hosted by the Queensland Police Service Moreton District Crime Prevention Unit**

**Saturday 9 March, 12:30pm – 5:30pm  
Hercules Road State School  
Hercules Rd, Kippa-Ring**



# Quota Women's Day Breakfast

**T**his year, Quota Redcliffe's International Women's Day (IWD) breakfast will focus on education, with donations going towards funding their student reading program. So it's only fitting that the guest speaker is known for her commitment to education.

Quota's IWD event will feature Judy Menary, the first woman to hold the position of executive principal of the Queensland School of Distance Education – an extraordinary school with a unique heritage of scholarship and innovation.

Quota Redcliffe club president, Beris Pritchard, said Judy was passionate about investing her time in the education of students and future leaders.

"Judy seeks opportunities to pursue her passion of inspiring students, staff, and members of the community to continually enhance their educational outcomes. She is now also a

Guest Speaker,  
Judy Menary



qualified coach who motivates other leaders to achieve their potential," Beris said.

Funds raised from the event will support QuoCKa (the Quota, Cops & Kids Literacy Program); a program run in local schools for Year 2 students, which is now in its 12th year.

The Quota International Women's Day breakfast will be held on Friday 8 March. This event will sell out fast. To secure your place, email: [rsvpqiredcliffe@gmail.com](mailto:rsvpqiredcliffe@gmail.com) by Friday 1 March.

**Quota Redcliffe IWD Breakfast**  
Friday 8 March, 6.45am for 7am start  
Mon Komo Hotel, Redcliffe  
\$28 Adults. \$22 School Students.

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# It's 'Greyt' to Walk with the Hounds.



**Story John Sayles Photo Ben McShea**

**H**ave you noticed that there are more Greyhounds about lately? A couple of local walking groups have started up, with regular morning walks organised for greyhounds and their owners on the Peninsula.

Kris Farley is the organiser for 'The North Brisbane Walking Group'. Every second Saturday at 8am, anyone wishing to walk with their rescue greyhound can do so in a group that meets up at Scarborough Beach Park. Sometimes there are more than 20 greyhounds on the walks.

Di of 'The House of Hound' also organises walks on alternate Wednesday mornings along the Sandgate foreshore. She said, "When you adopt a greyhound, you are not just joining a club, you are joining a support group. It's an opportunity to give them a second chance in life, they are such beautiful creatures."

Some owners even get their greyhounds involved with organisations such as DELTA, who have an amazing and devoted team of therapy dogs that brighten the lives of an estimated 20,000 Australians in hospitals and care facilities each week.

There are a number of organisations that rescue greyhounds after their racing days are over, and

prepare them for life as a pet – and fantastic pets they make. Greyhounds are described as quiet and gentle dogs that thrive in a family home environment.

One such organisation is GAP (Greyhound Adoption Program) Queensland. Every dog that enters the program has a health and behaviour assessment, is de-sexed, wormed, microchipped, and vaccinated. The dogs then spend time at GAP or with a foster carer, to help them adjust to life in a caring home.

Greyhounds have a long history, which some claim dates back to Ancient Egyptian times. Although greyhound-like dogs have appeared inside tombs of pyramids, it's now more likely that they originated from Celtic Europeans, with references to 'Vertraha' (a Celtic Arrian word for greyhound) appearing as early as 8 A.D. – making them the oldest purebred canine.

## **The North Brisbane Walking Group:**

*For more information contact Kris Farley on 0408650811 or Di of 'The House of Hound' via Facebook. For information on Adopting a Greyhound: Contact the Greyhound Adoption Program (GAP) on 07 5424 6092 or [gap@qric.qld.gov.au](mailto:gap@qric.qld.gov.au)*



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*Indi, Rocklyn and Olivia love looking for hidden rocks around Redcliffe.*

Story *Suzi O'Shea* Photo *Ben McShea*

# 'Rocking' Craze Takes Off in Redcliffe

**R**ock hunting, or rocking, is a refreshing trend sweeping Redcliffe from Ted Smout Bridge to Newport. Credited with getting kids back to the outdoors, 'Rocking' is now.

The trend started in 2015 in the United States, when Megan Murphy began painting kind messages on rocks, starting what was called 'The Kindness Rock Project'. She had lost her parents at a young age and founded the project to bring kindness to others as a way to heal. As more rocks were found and hidden in different locations, the trend quickly spread and became a worldwide craze.

Smooth garden rocks are painted with gorgeous pictures, kind messages or creative patterns and hidden in public places. Once a rock is found, it is later hidden in another public location for someone else to find.

Redcliffe resident, Kim Williams has brought this craze to life locally, and has built a Facebook page to guide local parents on their rock hunt around the peninsula.





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Kim said she first learnt about hidden rocks when she was living in Dubbo.

“ I followed a single mums’ group on Facebook and they were hiding rocks. That was when I first heard about it. My son has always loved rocks and painting them so we decided to join in the fun,” Kim said.

“Knowing we were moving home to Redcliffe, I had to bring the excitement back with us, so I created the page.”

Kim’s Facebook page, Redcliffe Rocks, has garnered quite the following, and is continuing to grow. People go to the page to see what new rocks have been painted, where they are being hidden and where they are being found.



A hot tip from Kim on where to go to find some rocks: “I have noticed a lot have been found in Scarborough at Pirate Park, but they are surely spreading further around other parks and beaches.”

So, next time your kids say they are bored or you want to peel them away from their screens, head outside and go on a good old-fashioned treasure hunt.

“Like our page, find some rocks, wash them, paint them and hide them. Take a photo, post the photo with a hint and enjoy.”

# Events & NOTICES

## MARCH 19

### GLOBAL FUN AT TERM TIME TOTS

Term Time Tots is a free 'come and play' activity for caregivers and children from ages 0-5. Kids will create a craft inspired by a different country each week. March sessions will include Ghana with ink stamping and paper mat weaving, Canadian totem pole making, and Brazilian carnival masks. Book via [www.moretonbay.qld.gov.au/events/](http://www.moretonbay.qld.gov.au/events/)

**When:** Tuesdays from 8.45am to 9.30am  
(during the school term)

**Where:** Redcliffe Museum, 75 Anzac Avenue, Redcliffe

### SCARBOROUGH ORIGINALS

Held on the first Saturday of every month, four original bands hit the Scarborough Originals' stage. Come see a mix of emerging, touring, established acts with original content, play to a park full of music lovers of all ages. This month's event will feature Kava Kings, Katie Who, Olivia Ruth Bank and Euphoria Under Fire.

**When:** Saturday, 2 March, 1pm

**Where:** Scarborough Beach Park, Scarborough

### SOUL MEDIUM GROUP READING

Mark Anthony Hamilton, international soul medium reads people's souls. He will explain in detail what is blocking you from moving forward and how to change that. Sessions are limited to 15 people. Visit: [www.unlockingyourlife.com.au](http://www.unlockingyourlife.com.au)

**When:** March 23rd 2pm – 3:30

**Where:** Relax & Replenish Redcliffe

**Cost:** Book online \$25

### FASHIONS ON THE LAWN

Redcliffe Lions Club is hosting a Fashions On The Lawn event. Enjoy a delicious high tea and see models present fashions by Tabitha Lee. Get your tickets via [www.eventbrite.com.au](http://www.eventbrite.com.au)

**When:** Sunday, 31 March, 2pm-5pm

**Where:** Reid's Place, 377 Scarborough Road, Scarborough

### ZONTA CLUB INTERNATIONAL WOMEN'S DAY

Redcliffe's Zonta Club will host a panel of leading women educators from local schools at its International Women's Day High Tea event. For more information and to book your tickets, go to [www.zontaredcliffe.org.au](http://www.zontaredcliffe.org.au).

**When:** Sunday, 10 March, 1pm for 1.30pm start

**Where:** Suttons Beach Pavilion, Marine Parade, Redcliffe

### ONE DAY PSYCHIC & WELLBEING EXPO

Exclusive to Redcliffe, the Relax & Replenish Wellbeing Centre are having a One Day Psychic & Wellbeing Expo. A great day out with:  
\* Cafe \* Lucky Door Prizes \* Experienced Gifted Readers \* Reflexology \* Reiki \* Energy Healers \* Free Chronic Pain Consults \* Calming Himalayan Salt Room \* Books \* Jewellery \* Gifts for Sale \* Plus So Much More!

**When:** Sunday, 31 March, 10am – 4pm

**Where:** Relax & Replenish Wellbeing Centre, Shop 10, 57 Ashmole Road  
Phone: 3880 4621

### GREAT STRIDES TWILIGHT FUN RUN/WALK

Take 'Great Strides' with friends, family or work colleagues to help raise money for vital services, programs, advocacy and research to help Queenslanders living with Cystic Fibrosis.

The Great Strides Fun Run/Walk is a 5km course that starts and finishes at Charlsh Park. Show your support for this worthy cause by wearing Red!

For more info or to register, visit: [www.greatstridesqld.com](http://www.greatstridesqld.com)

**When:** Saturday, 9 March, 3pm to 7pm

**Where:** Charlsh Park, 90 Centennial Avenue, Redcliffe

# YVETTE D'ATH MP MEMBER FOR REDCLIFFE



*Putting Redcliffe First*



## Improved Safety at Clontarf Foreshore



Construction has begun on a new pedestrian crossing which will provide a safe passage across the busy Hornibrook Esplanade in Clontarf.

Clontarf resident Mick Flannery said the site is popular with beach goers, residents and small business customers. Locals have said that the busy road has become dangerous with near

misses and incidents. This is a natural crossing point where people cross four lanes of traffic between the Bramble Bay foreshore and accommodation, shops and cafes on the esplanade.

It is a busy road. More than 20,000 vehicles travel along it each day and the number of pedestrians continues to grow so this crossing is a priority.



# Stress-Free Lunches

Story *Suzi O'Shea*

**A**ny parent with a child in school understands the torment and stress that are school lunches. Many schools have dietary restrictions, zero packaging rules, and guidelines as to what you can and can't pack, and that's not even beginning to address your fussy kid's eating habits.

So here are a few tips to de-stress the whole situation while making sure your kids eat well.

## Cheat Sheet

You can find a wealth of information and ideas online to make your life easier. A friend shared one stroke of brilliance on social media - the Cheat Sheet. Draw a table with the following headings: Protein, Carbs, Vegetables, and Fruit.

Together with your child, fill out the table with their preferred choice of each food group. Come up with ideas that are affordable that you know your child will eat.

## Bento Box

Bento boxes are all the rage, and with good reason. They are packaging-free, offer variety, and are portion controlled. You can find loads of

bento inspiration on Instagram and other social media platforms.

## Veggie Muffins

I'm all about hiding vegetables to make sure my kids aren't going to fade away. Veggie muffins are a great substitute for sandwiches, and a much healthier option. They are delicious, they use up all the veggies you might have thrown away and they're easy to make! I'm a terrible baker, but I can cook up a batch with ease, meaning anyone can do it. A simple Google search will give you a bunch of recipes to choose from. You can bake in bulk, freeze them and use whenever you like.

## Leftovers

Don't be afraid to cook up a little extra dinner and throw some in a Tupperware container. Most dinners taste great the next day and don't have to be reheated. Be mindful of food safety and check whether or not some foods need to be refrigerated.

## Be Organised

In this modern world, everyone has a fridge. Prepare and pack school lunches the night before and give yourself an extra 15 minutes to sleep in. Good luck parents.

*For more parenting inspiration, follow Suzi on Parenting for Trashabags on Facebook and Instagram.*



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# Meet the School



**BRETT HORTON**  
Principal

## Southern Cross Catholic College

In 2019, Southern Cross Catholic College students are challenged to live out our Lasallian theme for the year: One Heart; One Commitment; One Life. We are asked to look to the future, recommit ourselves to renew our shared life in community and reinvigorate our hearts with enthusiasm. Our challenge for the year is to work together in pursuit of our common goal – the successful education of each child. I wish our students and staff every success for the year.



### SOUTHERN CROSS CATHOLIC COLLEGE

307 Scarborough Road, Scarborough  
Phone: 3480 3600



**MS GALVIN**  
Principal

## St John Fisher College

Ms Galvin is an outstanding education professional and advocate for girls' education, learning and enrichment. She is passionate about developing adaptable, resilient and independent learners who think creatively about challenges to solve problems within and beyond their schooling. Since embracing the role of Principal at St John Fisher College in late 2017, Ms Galvin has introduced a series of innovative programs: French Language Immersion, Fisher Innovation Research & Enterprise (FIRE) and Learning Enhancement and Acceleration designed to further develop high-achieving girls.



### ST JOHN FISHER COLLEGE

John Fisher Dr, Bracken Ridge  
Phone: 3269 8188



**DAVID RADKE**  
Principal

## Grace Lutheran College

My prayer and hope for each of us is that the highlights of this year will be lasting memories for each of us in the Grace College community. Our challenge is to take on learning and working opportunities during 2019 and approach them with an open mind. We need to always strive to push ourselves academically, mentally, physically, emotionally and spiritually. Our goal should always be to put others first, helping without being asked and always on the lookout for ways to support each other; appreciating that God made each of us unique individuals with different gifts and talents.



### Grace Lutheran College

Anzac Ave, Rothwell  
Phone: 3203 0066

# PRINCIPAL.



**MR CHRIS MAYES**  
*Principal*

## St Patrick's College

St Patrick's College was established on the cliffs of Shorncliffe on 29 January 1952. From its beginning, it has become a significant and proud part of the Shorncliffe and Sandgate communities offering a holistic Catholic education to many local young men from Years 5 to 12. Over the decades, the College has become well-known for its excellence in education and our service programs which have shared much with our local community. We invite you to join us at our Open Day on 28 May 2019.



**ST PATRICK'S COLLEGE**  
60 Park Parade, Shorncliffe  
3631 9000



**CATHERINE WALDRON**  
*Principal*

## Humpybong State School

In my fifth year as Principal of this great school, with the best view in Queensland overlooking Moreton Bay, our school's mascot 'Sol' (Sea of Learning for the Future), inspires us to Care for Self, Others, Learning and Property. Humpybong State School's vision: "Working together to support all students to develop skills, compassion and innovation to navigate their future." We value the partnerships with families and our community in order to support student learning improvements.



**HUMPYBONG STATE SCHOOL**  
Ernest St, Margate  
3385 1666



**PETER FULLAGER**  
*Principal*

## St Joseph's Nudgee College

The holistic education of each boy remains the key focus of St Joseph's Nudgee College. We offer a rich diversity of educational opportunities in the classroom, in extensive co-curricular pursuits, as well as in faith development and social justice activities. I am confident you will find that Nudgee College is a school that can fulfil both your son's dreams and those you hold for him, and I encourage you to visit us during our Open Day on 18 May 2019.



**ST JOSEPH'S NUDGEES COLLEGE**  
2199 Sandgate Road, Boondall  
3865 0555

# Mar. GIGGUIDE

## 01 FRIDAY

Simply Two  
Moreton Bay Boat Club 6pm

Lynelle Leighton  
Ambassador Redcliffe 6:30pm

High Noon  
Redcliffe RSL 7:30pm

Jukebox Heroes  
Redcliffe Leagues Club 9pm

## 02 SATURDAY

Mr John  
Redcliffe RSL 12pm

Steve Sparrow  
Ambassador Redcliffe 6:30pm

Kaffene  
Redcliffe RSL 7:30pm

Mirrorball Express  
Redcliffe Leagues Club 9pm

## 03 SUNDAY

Moon Martin Acoustic Duo  
Redcliffe RSL 12pm

Alan Mac  
Moreton Bay Boat Club 12:30pm

Lance Galloway  
Suttons Beach Pavilion 3pm

Kelsie Sings Campbell/Diamond  
Redcliffe Leagues Club 5pm

## 07 THURSDAY

Dave Clayton  
Redcliffe RSL 11am

David J  
Redcliffe RSL 6pm

## 08 FRIDAY

Danny Mose - Soul meets jazz  
Suttons Beach Pavilion 6pm

Fiddle Me Please  
Moreton Bay Boat Club 6pm

Cliff Longshaw  
Ambassador Redcliffe 6:30pm

Soul Cutz  
Redcliffe RSL 7:30pm

Rush Hour  
Redcliffe Leagues Club 9pm

## 09 SATURDAY

Paul Predebon  
Redcliffe RSL 12pm

Steve Blaik  
Ambassador Redcliffe 6:30pm

Nightshift  
Redcliffe RSL 7:30pm

## 10 SUNDAY

Dave Gray  
Redcliffe RSL 12pm

Shane Crump  
Moreton Bay Boat Club  
12:30pm

Luke Goodwin  
Suttons Beach Pavilion 3pm

Luella & The Mix  
Redcliffe Leagues Club 5pm

## 14 THURSDAY

Dave Clayton  
Redcliffe RSL 11am

Laura Doolan  
Redcliffe RSL 6pm

## 15 FRIDAY

Richard Waterson  
Moreton Bay Boat Club 6pm

Cheyne Starkie  
Suttons Beach Pavilion 6pm

Mr Baritone  
Ambassador Redcliffe 6:30pm

Caught in the Act  
Redcliffe RSL 7:30pm

Beyonce Tribute Show  
Redcliffe Leagues Club 9pm

## 16 SATURDAY

Vic Kena  
Redcliffe RSL 12pm

Dave French  
Ambassador Redcliffe 6:30pm

Wild Card  
Redcliffe RSL 7:30pm

Rok of the Irish Tribute  
Redcliffe Leagues Club 9pm

## 17 SUNDAY

Craig Taylor  
Redcliffe RSL 12pm

Goran Sedlar  
Moreton Bay Boat Club 12:30pm

Cohen Anderson  
Suttons Beach Pavilion 3pm

## 21 THURSDAY

Dave Clayton  
Redcliffe RSL 11am

Glenn Callaghan  
Redcliffe RSL 6pm



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## 22 FRIDAY

Andrew Cowan  
 Moreton Bay Boat Club 6pm

Lance Galloway  
 Suttens Beach Pavilion 6pm

Angie Whiteley  
 Ambassador Redcliffe 6:30pm

Tracy Vaughan Duo  
 Redcliffe RSL 7:30pm

## 24 SUNDAY

Shayne Crump  
 Redcliffe RSL 12pm

Jenny Balmer  
 Moreton Bay Boat Club 12:30pm

Luke Goodwin  
 Suttens Beach Pavilion 3pm

Chi Chi  
 Redcliffe RSL 7:30pm

Erin May Band  
 Suttens Beach Pavilion 8pm

## 23 SATURDAY

David Lee  
 Redcliffe RSL 12pm

Paul Kerin  
 Ambassador Redcliffe 6:30pm

Fiddle Me Please  
 Redcliffe RSL 7:30pm

## 28 THURSDAY

Dave Clayton  
 Redcliffe RSL 11am

Marco  
 Redcliffe RSL 6pm

## 30 SATURDAY

Inder  
 Redcliffe RSL 12pm

Brent Hutchinson  
 Ambassador Redcliffe 6:30pm

The John Farnham Experience  
 Redcliffe RSL 7:30pm

## 29 FRIDAY

Goran Duo  
 Moreton Bay Boat Club 6pm

Quinton Cassidy  
 Ambassador Redcliffe 6:30pm

## 31 SUNDAY

Big Willy James  
 Redcliffe RSL 12pm

Lachy Pascoe  
 Suttens Beach Pavilion 3pm

# Local DINING GUIDE

## Classic Martini Recipe

Legend has it that stockbrokers on Wall St would have Martini lunches. The number of olives would dictate the number of sips the martini would have to be finished in.

Before learning the many variations of the martini, why not try making The Classic or Dry Martini version.

45ml gin  
5ml vermouth  
Lemon peel  
Olive for garnish

Stir the gin and vermouth with ice cubes in a mixing glass until chilled. Very quickly strain the mix into a chilled glass. Twist then add the lemon peel and finally add the olive garnish.



*Bartender Bianca Long demonstrates her martini-making skills.*

# SHAKE THINGS UP WITH COCKTAILS & CANAPES



Story *Kylie Fennell* Photo *slapics*

**W**hether it's shaken or stirred, the martini holds a special place in our culture making it the perfect choice for the Redcliffe Leagues Club's upcoming Cocktails and Canapes event in March.

The masterclass is the first in what the club plans to be a series of nights focusing on different cocktails.

Participants will learn how to make the world's most famous cocktail like a pro, creating three martini-inspired cocktails, served with delicious canapes and sweet desserts.

Daniel Kelly from the Club said the martini was "arguably the greatest of the classic cocktails".



Since its invention in the early 20th Century, it has become a cultural icon from James Bond to Winston Churchill. It is synonymous with class and sophistication," Daniel said.

It's only fitting then that a special menu is devised for the masterclass with the club's experienced catering team set to create some spectacular canapes that go perfectly with martinis.

The Cocktails and Canapes event is the latest offering in a series of food and wine-related events the club has been hosting.

"Our first event took place in November 2018. It was a fine food and wine night with all dishes featuring one key ingredient, Huon Salmon. It was a fantastic social occasion bringing foodies, wine enthusiasts, friends, families, and couples together to enjoy great food."

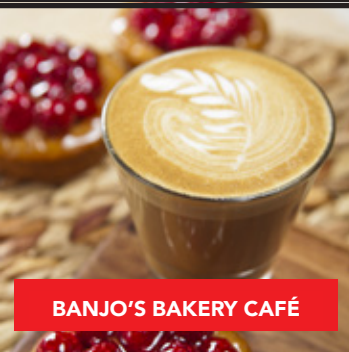
Call the club or see reception to secure your place in the Cocktails and Canapes Masterclass.

## **Cocktails & Canapes – Martinis Masterclass**

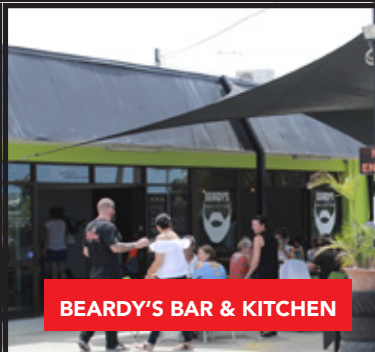
**Friday 29 March, 7pm-10pm**  
**Redcliffe Leagues Club**  
**Cnr Klingner Rd & Ashmole Rd,**  
**Redcliffe**  
**Tickets \$50**



# Local Dining Guide



BANJO'S BAKERY CAFÉ



BEARDY'S BAR & KITCHEN



BIKINI BEACH CAFÉ



161 Redcliffe Parade, Redcliffe

Bakery Cafe

Ph 3284 0166

## BANJO'S BAKERY CAFÉ

**Feature:** Banjo's Redcliffe bake fresh on-site every day! Fresh breads, pies, pastries, sweets and salad products with delicious full-bodied coffee... Banjo's is the perfect place for breakfast, lunch or a treat anytime. Dine in or take away.



405 Elizabeth Ave, Kippa-Ring

Bar & Kitchen

Ph 0477 635 013

## BEARDY'S BAR AND KITCHEN

**Feature:** Beardy's Bar & Kitchen is a one-stop shop for your culinary needs, caffeine fix and a place to quench your thirst. The bearded brothers prepare their food, fresh on site. A relaxed venue with, arguably the best burgers on the peninsula, fantastic coffee, drive through, live bands and a fully licensed bar.



Shop 2 / 77 Redcliffe Pde, Redcliffe

Homestyle, Modern Australian

Ph 3883 1515

## BIKINI BEACH CAFÉ

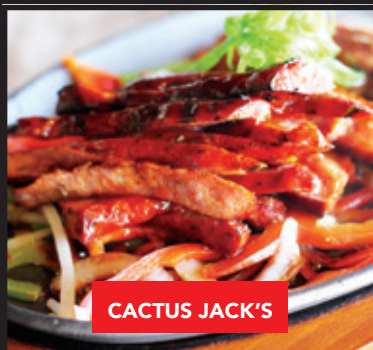
**Feature:** We offer a variety of freshly prepared dishes for both breakfast & lunch in a warm, friendly, relaxed atmosphere.

All with breathtaking views across Moreton Bay.





BRAD'S BURGER BAR



CACTUS JACK'S



DANNY'S BAR + TAPAS



97 Landsborough Ave  
Scarborough  
**Burger Bar**  
Ph 0403 454 451

## BRAD'S BURGER BAR

**Feature:** Serving delicious breakfasts, coffees, burgers, toasties, salads and smoothies with vegetarian and gluten free options available.

We are open for breakfast and lunch 7 days a week for dine in and take away. Located on the Scarborough water front offering glorious views of Moreton Bay.



165 Redcliffe Pde, Redcliffe  
**Tex Mex**  
Ph 3284 7990

## CACTUS JACK'S

**Feature:** Great Steaks, Sizzling Fajitas and authentic Mexican served with a full cocktail list and up to 16 Beers on tap.

Open 11.30am till late from Monday to Saturday and open for Breakfast on Sunday from 8.30am.



89 Landsborough Ave Scarborough  
**Casual Tapas Bar**  
Ph 3203 7031

## DANNY'S BAR + TAPAS

**Feature:** Danny and Sue are BACK in their Scarborough venue! Their \*NEW TAPAS BAR\* is now open 5 nights a week Tuesday to Saturday. Wines, Spirits and Craft Beers On-Tap PLUS live entertainment Fridays and Saturdays. Sit. Sip. Savour.

# Local Dining Guide



LA LANTERNA



MARGATE BEACH HOUSE



MON KOMO HOTEL



## LA LANTERNA

**Feature:** At La Lanterna Restaurant we're the pasta and focaccia specialist.

Every dish is made from scratch with simple and fresh ingredients, so customers can have a genuine italian experience in a welcoming atmosphere.

31 Redcliffe Pde, Redcliffe

**Traditional Italian Restaurant**

Ph 3142 3150



## MARGATE BEACH HOUSE

**Feature:** Open seven days for breakfast, lunch and dinner, enjoy our innovative menu showcasing the best local and seasonal produce. Try our tempting share plates, mouth-watering local seafood or a delicious Wagyu Burger on our alfresco deck overlooking the calm waters of Moreton Bay and choose from a selection of our specialty cocktails or craft beers.

1 McCulloch Ave, Margate

**Relaxed Waterfront Dining**

Ph 3448 3400



## MON KOMO HOTEL

**Feature:** With world class bars and dining, state-of-the-art function rooms and exciting gaming machines, Mon Komo Hotel at Redcliffe is one of Queensland's iconic destinations. Immaculately designed, taking inspiration from Caribbean resorts, come and experience the luxurious, relaxed, fun, seaside atmosphere at Mon Komo Hotel.

99 Marine Parade, Redcliffe

**Steak & Seafood**

Ph 3284 6520



MORETON BAY BOAT CLUB



OVER THERE CAFÉ



PREECE'S AT THE JETTY



Bird O'Passage Pde, Scarborough

Steak and Seafood

Ph 3203 5188

## MORETON BAY BOAT CLUB

**Feature:** Dine overlooking 118 berth Marina and the Glass House Mountains. MBBC is a fully licensed Restaurant offering lunch and dinner 7 days a week. Café open Tuesday - Sunday from 8.30am (Sunday breakfast from 7:30am).



over there cafe  
see you there

Shop 7 Dolphins Central,  
Ashmole Rd, Kippa Ring

Cafe

Ph 3203 6510

## OVER THERE CAFÉ

**Feature:** Offering breakfast and lunch 7 days a week. Relaxed atmosphere to enjoy great coffee, with a fantastic range of gourmet meals including our 'Half Price Pancakes' every Tuesday.



Preece's

155 Redcliffe Pde, Redcliffe

Modern Australian  
& Mediterranean

Ph 3284 2986

## PREECE'S AT THE JETTY

**Feature:** We have the BEST Vanilla Slice in Redcliffe. All cakes, biscuits, slices & ice cream are homemade. Fabulous seaside location.

**SPECIAL** 3 course dinner deal Thur, Fri, and Sat nights for \$30, entree, main, and dessert.

Sunday–Wednesday: 5:30am – 4pm

Thursday–Saturday: 5:30am – 9pm

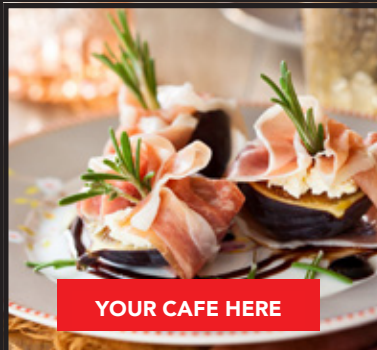
# Local Dining Guide



SCARBOROUGH'S 3EIGHTNINE



SEA SALT AND VINE CAFÉ



YOUR CAFE HERE



89 Landsborough Avenue,  
Scarborough

**Eclectic Modern Cafe**

Ph 3880 4770

## SCARBOROUGH'S 3EIGHTNINE

**Feature:** Famous for our range of breakfasts & lunches, providing fresh seasonal dishes, dine while overlooking the beautiful Moreton Bay. We provide options for vegetarians & the gluten intolerant & do great functions!



Reef Point Esp, Scarborough  
(situated behind caravan park)

**Modern Australian**

Ph 3880 4456

## SEA SALT AND VINE CAFÉ

**Feature:** Looking for a tranquil place to enjoy a quality breakfast, lunch or relaxing coffee – overlooking the water with Glass House Mountains views we are open 7am 'til 4pm every day.

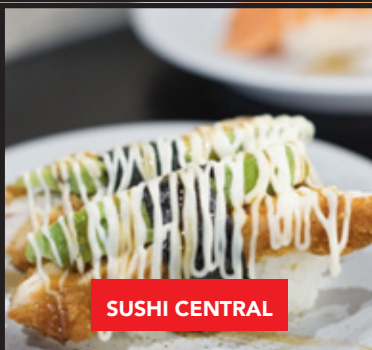
# Advertise

YOUR *Cafe* OR  
*Restaurant*



FROM \$80+GST  
Ph: **07 3338 5091**





**SUSHI CENTRAL**



**SUTTONS BEACH PAVILION**



**TEMPEST RESTAURANT**



141 Sutton Street, Redcliffe

**Japanese, Sushi**

Ph 3283 8188

## SUSHI CENTRAL

**Feature:** Want to experience an amazing time with astonishing flavours? Come to Sushi Central at 141 Suttons street Redcliffe and purchase a variety of products that cater to all your eating desires. Join us on Monday night and Tuesday for our \$3.00 specials.

Open 7 days for lunch and dinner.



Suttons Beach Parkland

Marine Pde, Redcliffe

**Casual Beach Side Dining**

Ph 3284 3320

## SUTTONS BEACH PAVILION

**Feature:** A beautiful art deco building situated right on Suttons beach, open from 7am every day. A fully licenced venue with a Cafe and Fish & Chippery. The Restaurant offers home style modern Australian food and the terrace bar serves up Tapas and stunning views across Moreton Bay.



Bird O' Passage Parade, Scarborough

**Seafood & Teppanyaki**

Ph 3203 5744

## TEMPEST SEAFOOD RESTAURANT & TEPPANYAKI GRILL

**Feature:** SEAFOOD RESTAURANT: A true trawler-to-plate experience. All you can eat seafood buffet held on the last Thurs of each month. Open 7 days lunch and dinner.

TEPPANYAKI: Japanese grill featuring fresh Australian produce. Open 7 nights, Wed-Sun lunch.

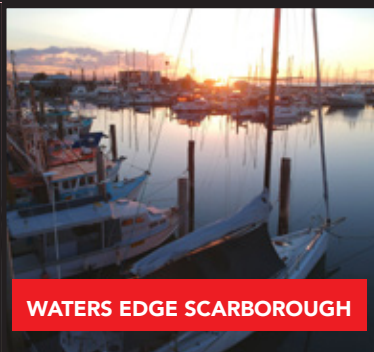
# Local Dining Guide



THAI HUT



THE BIG KID ICE-CREAMERY



WATERS EDGE SCARBOROUGH



Shop 3/265 Oxley Avenue, Margate

**Thai Restaurant**

Ph 3284 5962

## THAI HUT

**Feature:** Thai Hut has been on the Redcliffe Peninsula, for over Sixteen years. We reopened in August 2017 back to where we First started in 2000.

We have been so very happy to see friends come back, and say we are so glad that you are back. Thai Hut cooks Authentic Thai Food. We do Take Away, Home Deliveries and Dine in.



23 Redcliffe Pde, Redcliffe  
(Opposite Lagoon)

**Ice-Creamery**

Ph 3284 5859

## THE BIG KID ICE-CREAMERY

**Feature:** Ice Cream Flavours for Everyone!!! Over 30 delicious flavours to choose from.

Come on in and personalise your own milkshake... How about... White Chocolate & Tiramisu? YUM!!! Don't forget breakfast. Try our mouth watering waffles and fruit smoothies. Open 7 days a week. For "The Big Kid" in everyone!!



11 Bird O Passage Pde  
Scarborough

**Private Events Centre**

1800 727 104

## WATERS EDGE SCARBOROUGH

**Feature:** The Peninsula's much loved waterfront venue has had a makeover! Still boasting stunning views over the Scarborough marina and the Glass House Mountains beyond. We are open & ready to celebrate your event in style.

Showcasing the venue every 2nd & 4th Sunday with food, beverage & relaxed live entertainment.

# Our Team...

## Natalie

**Qualified Laser and Dermal Technician**

*"I have been in the industry for 13 years.*

*My passion and specialty is in the treatment of vascular lesions and laser pigmentation. My favorite thing to do is spend time with my family and go to the beach."*

## Danni

**Qualified Laser and Dermal Technician**

*"I have been in the industry for 14 years.*

*I specialise in Pigmentation and Skin Rejuvenation treatments. My favorite thing to do is hang out by the water and paint."*

## Sarah

**Qualified Laser and Dermal Technician**

*"I have been in the industry for 6 years,*

*and am currently studying my nursing degree. I specialise in treating acne and scarring. My favourite thing to do is to spend time with family and friends and listen to music."*

## Rebecca

**Qualified Laser and Dermal Technician**

*"I have been working in the industry for 14 years*

*and have a passion for skin rejuvenation. I specialise in Skin Needling treatments for acne scarring and rejuvenation and laser treatment for pigmentation. My favorite thing to do is spend time with my children and go to the gym."*



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redcliffe@antiwrinklebrisbane.com.au  
www.antiwrinklebrisbane.com.au

BRISBANE  
**Anti Wrinkle  
& Skin Studios**  
REDCLIFFE



# Maddy Bull

## ARTIST OF THE MONTH

Maddy Bull is an artist based in Redcliffe QLD, born in Brisbane and raised in the surrounding mountains. She finds great inspiration from her artistic family, the community and the natural world around her.

From a young age, Maddy found ways to explore her creativity, and over time her art has developed along side her busy life as a mother. Over the past five years, she has begun to intensify both her studies and creation of art. Although mostly self taught, Maddy has gained knowledge and friendship from her artistic mentors, who always challenge and inspire her.

Maddy paints in a variety of styles including pet portraiture, illustration, mandala and abstract art. She uses a range of mediums, with her favourite being watercolours. Maddy exhibits at Seaside Art Gallery, has had notable commissions, and is working on a number of pieces for upcoming exhibitions, both local and interstate.

**maddybull.net.au**

**Email maddybull@gmail.com**

**Mobile 0406 885 436**

**f: @madmustardmayhem**





An aerial photograph of the Redcliffe coastline and city. The image shows a sandy beach curving along the edge of the ocean, with a road and residential buildings inland. The water is a deep blue-green color. The sky is clear and blue.

# A Redcliffe Summer

THE PERFECT  
TIME TO SELL

Summer is a great time to sell, just give Clinton at Belle Property a call and he'll show you what a relaxing experience it can be.

**CLINTON VIERTEL 0401 200 222**  
[clinton.viertel@belleproperty.com](mailto:clinton.viertel@belleproperty.com)

**BELLE PROPERTY REDCLIFFE**  
67 Redcliffe Parade  
[info.redcliffe@belleproperty.com](mailto:info.redcliffe@belleproperty.com)

[belleproperty.com/redcliffe](https://belleproperty.com/redcliffe)

**belle**  
PROPERTY



# BEYOND REDCLIFFE

## A Dam Nice Spot

Story *Philip Woods*

**T**here are hidden secrets all around the south-east corner. While locals of suburbs around The Gap and the foothills of Mt Nebo have known about the tranquil beauty of Enoggera Reservoir for decades, many people are yet to discover it.

Just a short drive from Redcliffe is a man-made dam that was constructed across Enoggera

Creek in 1866, to create a water supply for the growing city of Brisbane. Thomas Brady was responsible for the construction of the 380m dam wall. Nestled in a largely natural catchment area, the dam can hold nearly 5 million litres of water when full.

A few things have changed since 1866, and while Enoggera Reservoir still provides a back-up water supply for the city, the dam is now joined by the Walkabout Creek Wildlife Centre, a café and a function venue. The area is a popular place for swimming, paddling, hiking, mountain bike riding and relaxing, just 15km from the CBD.



Margie Davison and her family have been enjoying the dam and its natural charms for years. "We found it when we moved here in the nineties, and we still come out on the weekends for a swim when it's hot," Margie says.



**It's a great place for the kids, they love it. Sometimes we bring their bikes out and ride around the dam before we swim."**

Enoggera Reservoir was built on the land of the Turrbal people, who have been responsible for looking after much of (what we now know as) Brisbane for over 40,000 years. It has always been an important area for Aboriginal people; it has many natural resources and is believed to have been used as a meeting and ceremonial place.

Most weekends throughout the year you can hire a kayak or a bike, grab a coffee and sit in the shade of one of the majestic trees that surround the dam and the designated swimming area, enjoying both the beauty and the history of this special spot.

Getting there is easy; just follow Waterworks Road to The Gap and then drive another few short minutes until you see the signs. Such beauty so close to home!



## Lions Sunday Markets

**Redcliffe Showgrounds**  
6.00am to 11.00am

*Free on-site parking*

Entry fee of 20c for adults goes to local charities each week.

**Come for an early breakfast and browse our stalls and fossick for bargains**

**Enquiries 0418 191 578**

or email

**[ChairmanR4S@lions.org.au](mailto:ChairmanR4S@lions.org.au)**



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Selena Mitchell, Rachelle Bennett (front), Luke Howarth, Kerri-Anne Dooley, Yvette D'Ath, and Police Representative Inspector, Lee Jeffries.

# Peninsula Residents Encouraged to Dob in A Dealer

**T**he manufacture and supply of illicit drugs are being targeted via the 'Dob in a Dealer' campaign recently launched in Redcliffe.

As part of the campaign, Redcliffe residents are being urged to report anything they know about drug-dealing offences.

Crime Stoppers Queensland CEO, Trevor O'Hara, said that with public support, the campaign would help police disrupt the supply of drugs and alleviate the cost to local communities.

"Criminal drug-related activity is not only costing millions of dollars in healthcare and law enforcement, but it is tragically and unnecessarily costing human lives," Mr O'Hara said.

In 2017, more than \$102,000 worth of drugs were seized in Redcliffe, with 863 reports being made to Crime Stoppers in the area.

Mr O'Hara stressed the campaign was about helping your mates rather than hurting them.

**Through Dob in a Dealer, we're not asking you to dob in your mates. We're asking you to be a mate and look after the welfare of friends, family, and colleagues by reporting to Crime Stoppers anything you have seen or heard that could relate to the import, manufacture or supply of illicit drugs.**

"You don't have to have the complete story. Your small piece of information could be the missing piece of the puzzle."

The nation-wide 'Dob in a Dealer' program aims to stop Australia's supply chain of illicit drugs, including methylamphetamine (ICE), cocaine, MDMA, heroin, and cannabis. It has been running in Australia since 2013, and has seen a marked increase in the number of ice-related contacts made to Crime Stoppers by the public.

Through Crime Stoppers, the police, community organisations and volunteers work in partnership to bolster the success rate of the campaign. Local individuals and other community groups are encouraged to promote the Dob in a Dealer campaign and to share information with their networks. To get involved or volunteer with Crime Stoppers, go to [www.crimestoppersqld.com.au](http://www.crimestoppersqld.com.au) for more details.

*If you have any information about someone who is manufacturing or dealing drugs, you can call Crime Stoppers on 1800 333 000 or report online at [www.crimestoppers.com.au](http://www.crimestoppers.com.au). You can remain anonymous.*



# Cancer Care Outpatient Programs offered at Peninsula Private Hospital

The Cancer Care Program is an exercise, education, and social support rehabilitation program for people who are actively undergoing cancer treatment or who have had cancer in the past. The program is aimed at improving quality of life, helping reduce the side effects of treatment or medications, as well as regaining physical and emotional strength and wellbeing.

## How will the Cancer Care Program help me?

- It will provide coping strategies to help manage your cancer
- Individual and group exercise programs to increase your general strength and fitness
- Dietary advice for healthy eating and safe swallowing
- Stress management and relaxation training

All sessions are delivered by health professionals with extensive experience in their fields, including;

- Rehabilitation Consultant
- Exercise Physiologist
- Dietitian
- Physiotherapist
- Occupational Therapist
- Speech Pathologist



For further enquiries, please contact

**Peninsula Private Hospital Day Rehabilitation**

 Cnr George & Florence Streets,  
Kippa-Ring QLD 4021

 07 3883 9456

 07 3883 9344

 [www.peninsulaprivate.com.au](http://www.peninsulaprivate.com.au)

Free parking



**Peninsula**  
PRIVATE HOSPITAL

# Music By The Sea

SANDGATE TOWN HALL

## ► March: Luca Ciarla (Italy) - solo violin

After gracing concert halls and world music festivals in more than fifty countries around the world, Italy's solo violinist Luca Ciarla arrives in Sandgate to wow our local audience with the magical seduction of his innovative jazz, classical and world music.

**Saturday, 2 March, 7.30pm**



Jane Rutter / photo by Brendan Read



Giuseppe Zangari

## ► April: Jane Rutter - flute, Giuseppe Zangari - guitar

*Story Donna Phillips*

**Sandgate spices up its reputation as a top music destination when a French knight and an Aussie master salute romantic, passionate Italy with their flute and guitar concert, Viva L'Italia!**

Translated here as 'Life is beautiful', the heady union of Jane Rutter and Giuseppe Zangari celebrates the music of a country that gave the world Michelangelo, Leonardo da Vinci and the Renaissance, with popular compositions by Vivaldi, Corelli, Caccini, Rossini and more.

The magnificent, some would say unsurpassable Ms Rutter is a maestro, whose being is steeped to the core with the very-essence of the French Flute School style, and she is also a Knight of the Order of Arts and Letters.

A favourite of Music By The Sea audiences, Ms Rutter has 22 albums to her credit, has shared

the stage with transgender stars, composed the chart-topping sound track album to her film 'An Australian in Paris: Homage to French Flute', and has graced stages from the Sydney Opera House to La Sainte-Chapelle in Paris.

Also of interest are gigs with some of the cool people from Manhattan Transfer, Tina Arina and Tommy Emmanuel, to drop just a few names.

The London Daily Mail said of Ms Rutter: "A star of the flute...Une etoile de la flute".

In Sandgate Town Hall, Ms Rutter will be accompanied, and well-matched, by Giuseppe Zangari, who holds a Bachelor and Master of Music from the Sydney Conservatorium.

Australian-born Zangari is an applauded guitarist with very well-appointed collaborations, and is touring internationally.

This concert is a must see. It would be wise to book early.

**Saturday, 6 April, 7.30pm**

**Sandgate Town Hall**

**Tickets online: [musicbythesea.com.au](http://musicbythesea.com.au)**

**ZONTA**  
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**International Women's Day**  
**High Tea with**  
**Leading**  
**Women**  
**Educators**  
**Q & A Panel**

Sunday 10th March  
1 for 1.30pm

Suttons Beach Pavilion  
50 Marine Parade, Redcliffe,  
Qld. 4020

Tickets: \$45

Bookings:  
<https://www.trybooking.com/461379>  
Ph. 0422 932 337

Panel guests:

- Shona McKinley Principle, Redcliffe SHS
- Jo House, Principle, Clontarf Beach SHS
- Cheryl Budd, Vice Principle Grace Lutheran College at Rothwell

Margate Community Bank® Branch  
Bendigo Bank

international Women's Day

# Call Out to Clean Up Australia Volunteers

This month more than 7,500 local resident volunteers and students are expected to get involved in Clean Up Australia and you can be one of them.

The Clean Up Australia campaign involves communities, businesses and schools in removing rubbish from our environment with Clean Up Australia Day held on Sunday 3 March.

You can register or volunteer at a Clean Up Australia Day site in a local park, reserve, beach, or waterways, including a clean up that is being held around the Redcliffe foreshore, Rotary Park and Captain Cook Park.

Mick Larter from Redcliffe Sunrise Rotary Club said the club had been coordinating the clean

up for 18 years, with volunteers coming from across the peninsula.

"We clean up around Rotary Park, the beach area north of Rotary Park and down past Redcliffe Jetty area to Suttons Beach," Mick said.

"If we all pitch in and do a bit then collectively we will make a huge difference to our environment."

*You can register for the Rotary Club's clean up or find information about other local clean ups via [www.cleanupaustraliaday.org.au](http://www.cleanupaustraliaday.org.au). Volunteers are encouraged to bring a hat, sunscreen and water.*

**Rotary Park Clean Up**  
**Sunday 3 March, 8-11am**  
**186 Redcliffe Parade, Redcliffe**

# Correct Change Please!

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Story *Sharon France*

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**D**espite some teething issues with the ban on single-use plastic bags from July last year, most people shop quite happily now using reusable bags. Our beautiful state is at least 50 tonnes of plastic-bag-litter lighter. If you listen, you can almost hear the environment and its creatures heaving a collective sigh of relief.

In November 2018, we were asked to step up again to do more. Containers For Change (CFC) is an ambitious statewide scheme, where we get to cash in our containers for some loose change. For many it's an attractive dangling carrot, but like many new ventures, it's not been plain sailing.

According to Adam Nicholson, the scheme's spokesperson, there have been some "quirks and kinks" that have needed to be ironed out to promote a seamless customer experience.



Redcliffe Art Society presents

Wednesday 6 March  
to Sunday 31 March 2019

# Neapolitan

## Exhibiting artists:

- Pamela Dammerel
- Marcelien Hunt
- Barbara Niczynski



Like Neapolitan ice-cream, life is relational on all levels. This combined exhibition offers three different flavours from three very different artists.

**Join us for the official opening 2pm Saturday 9 March 2019**

- Be entertained by Harpsichord Recitals
- Light refreshments available and free entry

## Gallery & Gallery Shop

Open 10am to 3pm,  
Wednesday to Sunday.

– Free entry

Redcliffe Art Society | Old Fire Station Gallery | 395 Oxley Avenue Redcliffe  
(07) 3284 0852 | [ras395@redcliffeartsociety.com.au](mailto:ras395@redcliffeartsociety.com.au) | [www.redcliffeartsociety.com.au](http://www.redcliffeartsociety.com.au)

"In just under four months, almost 200 million containers have been diverted from landfill. That's a win for the environment," Adam said.



We are responding to issues as they arise...and there have been some unexpected things—like one individual removing all 'onion bags' from a Sunshine Coast facility on a daily basis. Users of the system were frustrated that there were never any bags—and rightfully so! And we had no clue until a camera was installed.

"Bowen residents are so committed to the scheme that collections from that facility are now twice a day instead of the projected once a week. But if you are in an area that you think could be better served—all you have to do is let us know. We are only too happy to talk with individuals and groups."

Currently there are two registered Peninsula container refund points—Margate and Kippa-Ring, with another in nearby Rothwell. According to Facebook chat, many locals also seem keen on outlying services—Geebung, Narangba and Murrarie to name a few.

Getting a bit of change for your containers is a positive, but the real change, the correct change, if you will, is for our beautiful environment.

*For more information about Containers for Change, collection points and how to register for a scheme account for easier refunds, phone 13 42 42 or go to [www.containersforchange.com.au](http://www.containersforchange.com.au)*

Redcliffe author, publisher  
and self-publishing coach  
Deborah Fay



## Local Author Spotlight: Deborah Fay

Story *Sally Eberhardt* Photo *Ben McShea*

**H**elping people is a common thread that runs through Redcliffe author, publisher and self-publishing coach, Deborah Fay's life and work. Deborah, who has a background in counselling, writes real stories about real people with a view to making their lives better.

Deborah's passion for helping everyday people to understand and apply emotional intelligence so they can manage and overcome

issues including anxiety, depression and low self-esteem, prompted her to write her first book, '6 Keys to Happiness'.

Her second book, 'Domestic Detox', is a compilation. Each author offering tips on how to live cleaner, greener and healthier lives by avoiding the chemicals in food and the environment that negatively impact both physical and mental health.

Deborah also wrote 'Grow Up – 13 Ways To Improve Emotional Intelligence at Home and at School' to help parents and teachers navigate the challenging behaviours of some children.



I have only ever wanted to write books that help people grow and be happier, healthier and better versions of themselves," Deborah said.

The journey to becoming an author was a long road for Deborah.

"I started journaling when I was a teenager and I knew then that writing was more who I was than something I did. But it took me until I was 49-years-old to realise my dream of writing and publishing a book.

"I inadvertently stumbled upon print on demand in its earliest days and I became an author and publisher in one move."

Through MJL Publications, Deborah helps other writers to realise their dreams of becoming authors by contributing to compilation books and self-publishing their own works.

Compilation books from MJL Publications include 'Get Known Be Seen: How to Write Your Book' and Leverage It' and 'Parenting a Child on the Spectrum'.

Deborah has some sage advice for aspiring authors, "Don't wait for permission from anyone before you publish. If you have a calling, a message or a desire to become a published author then get on with it and don't let anyone get in your way – especially you."

*You can find out more about Deborah's books and services at [www.mjlpublishations.com.au](http://www.mjlpublishations.com.au)*



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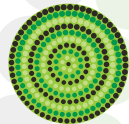
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# HISTORY

Image courtesy of  
Moreton Bay Regional  
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People ready to board the amphibious plane 'Cutty Sark' at Suttons Beach - 1937

## Suttons Beach Joy-Flights

Story John Sayles

It's quite a common sight to see parachutes landing on a beach on the Peninsula these days, but did you know that 80 years ago you could have had a similar uplifting experience on a seaplane joy-flight?

Keith Caldwell, a New Zealand-born pilot based in Sydney, purchased the Cutty Sark VH-UNV in 1937, with the intention of flying it to Cairns to provide joy-flights during the winter months. On the way, he stopped off at Suttons Beach hoping to make some extra money. Caldwell offered people joy-flights for 10/- (\$1), which was a lot of money in those days.

Caldwell learnt to fly on Walsh Brothers Flying Boats and he referred to aircraft as 'grids', a



A ticket from the Cutty Sark joy-flights. Image courtesy of Redcliffe Historical Society with their permission.





Image courtesy of Moreton Bay  
Regional Council, image ID 000\000479

habit that earned him his nickname Keith 'Grid' Caldwell. He was also a fighter ace of the Royal Flying Corps in WWI.

After being unable to make the business profitable, Caldwell sold the Cutty Sark in late 1937 to Qantas Empire Airways Ltd for £750, and it was used to train air crew on the Brisbane River.

Caldwell joined QEA, and later Captained a S23 Empire Flying Boat. He also served with the RNZAF during WWII.

Unfortunately, the Cutty Sark VH-UNV had a sad ending in 1938. During a training exercise from Archerfield Airport to Pinkenba near Eagle Farm Airport, it touched down on the Brisbane River, but its wheels were still extended, which caused it to nose dive vertically into the water. Luckily there were no casualties. After a clumsy effort to salvage the plane with a barge and a crane, the hull was crushed, so VH-UNV ended its life in the scrap yard.

What a magnificent sight it must have been, seeing the Cutty Sark taking off and landing at Suttons Beach in the winter of 1937. The locals would have flocked to see it. The SARO A17 Cutty Sark was one of only 12 built in the UK, so the residents of Redcliffe were fortunate to witness this legendary aircraft when it graced our shore.

Our thanks to Redcliffe Historical Society  
([historyredcliffe.com.au](http://historyredcliffe.com.au)) for assisting with this story.

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# UPLIFTING DOCO OPENS FILM GALA



Story *Christine Chamberlain*

**A**n inspiring story about troubled young men turning their lives around will be the feature film at this month's Sandgate Film Gala. Catherine Scott's award-winning documentary, *Backtrack Boys*, will kick off the weekend of film at the Sandgate Town Hall

The documentary was filmed over two years and follows three boys in a youth program run by jackaroo, Bernie Shakeshaft, on the outskirts of Armidale, NSW.

The story reveals the challenges and triumphs these boys face as they try to find their place in the world, and the dogs that help them.

"I hope this film will foster a greater understanding of the issues these kids face and inspire communities to develop real alternatives that will help keep them out of jail," director Catherine Scott said.

The film won the Audience Award for Best Documentary at the Sydney Film Festival and screened at the Heart of Gold Short Film Festival last year.

This year also sees the addition of a 4017 Creators' Session to the Film Gala on the Saturday afternoon.

Film Gala organiser Lachlan Smith said the session was added to give local filmmakers an opportunity to showcase their skills.

"Some of the big film festivals are hard to break into, so here is a great local opportunity for anyone to give their ideas a go," Lachlan said.

"Following the success of the Bay of Lights project, we recognised the love the community held for the stories held within our village's history.

"We want our current residents to tell their stories – to show us "their 4017".

Entry is free and open to all ages. Films should be between one to five minutes long.

The 10 best films will be screened at the gala and the winner announced on the night. The winner will receive a cash prize and a day's work experience with a local filmmaker. Submissions close Monday, 11 March.

Following the Creators' Session, the best short films from the Heart of Gold festival, curated specifically for the Sandgate gala, will air from 7pm.

Money raised from the weekend will go towards supporting the Sandgate Historical Society.

## SANDGATE FILM GALA

**Friday 29 March & Saturday 30 March  
Sandgate Town Hall**

**Opening night Backtrack Boys, Friday,  
March 29, 7pm; 4017 Creators' Session,  
Saturday, March 30, 4-6pm**

*To book tickets visit the event on Facebook.*

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**Labor**







*Story Donna Roberts*

**D**espite the name, Erin May is not a solo female country singer but a four-piece rock band who hail from Bribie Island. After reaching number 1 on Triple J's Unearthed competition, the band's star is on the rise, making their intimate gigs on the peninsula even more of a must-see.

Founding members, Singer, Kirk Jeffs, and guitarist, Derek Pakuza, met playing on the same cricket team. Kirk's bass playing sister, Lana, then joined the band, with Kirk's workmate and drummer, AJ Kena, rounding out their unique sound.

*The Redcliffe Guide recently caught up with the band, and here's what they had to say.*

### **Why the name 'Erin May'?**

Kirk: I'm the youngest of six and after five consecutive girls, [my parents] assumed I was a girl too. They were all calling me Erin May through the pregnancy and it was a big shock when my parents introduced me to the girls. They sometimes call me Erin May to make fun.

### **What has been your career highlight so far?**

Lana: Getting played on Triple J's 'Roots 'n All' show was definitely a highlight, but the support we've received from friends and people who've come to listen and support live music has been amazing.

Kirk: Coming home, kicking back on my recliner, turning on the radio and listening to Triple J when our song came on.



## Who influences your unique music style?

Derek: This is where it gets messy! Kirk loves bands with a flair for song-writing, like Ball Park Music or Kasabian. Lana loves PJ Harvey and Fleetwood Mac, but is not a big fan of heavy metal. AJ is more of a rock and roller with a soft spot for church music. I love guitar bands like Violent Soho and Dune Rats.

## What's your favourite thing about playing live?

AJ: The best thing about playing live is the end result – all the work you've put in pays off!

Erin May returns to Suttons Beach Pavillion on Friday, 29 March after owner, Oli Thomson, was wowed by the response to their February gig at the venue.

### ERIN MAY

Friday 29 March, 8pm, free.  
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# THE FRESHWATER EEL'S REMARKABLE JOURNEY

Story **Leanne Palmer**

**I**f you've ever walked along the banks of Humpybong Creek in Redcliffe you're bound to have seen the freshwater eels that thrive there. The Longfinned Eel (*Anguilla reinhardtii*) is a common resident and easily spotted with a little patience.

When people throw food into the water for the birds (which is discouraged for the health of the entire ecosystem), you will see them jostling for position with the waterfowl. Reaching an average size of up to 1.6m long and 22kg in weight, they are the apex predators of most of the habitats they are found in. Not only do they eat fish, crustaceans, frogs and insects, but also young waterbirds.

Adult eels undertake a remarkable one-way journey that sees them leave their freshwater homes, travel downstream to the ocean, then swim to the Coral Sea in order to lay their eggs. Although it's an easy journey from Redcliffe, they have been known to travel hundreds of kilometres and even jump down dam walls and slither across land to accomplish this, elsewhere in Australia.

Reaching sexual maturity appears to be the main trigger for the migration. The eels undergo

a number of changes: enlargement of the eyes, building up of fat reserves, and growth of their pectoral fins, to name a few. They also need to regulate the salt levels (salinity) in their blood as they transition between fresh and salt water, a mechanism more highly developed in freshwater eels than any other fish.

An equally remarkable journey then occurs, after the eggs hatch and the young eels return to the east coast of Australia on ocean currents. By now they have grown and are known at this stage of their lives as glass eels, due to the transparency of their bodies. They can detect where freshwater is entering the sea from the land. They find estuaries to enter, and swim upstream (and up the dam walls and over land again, if necessary).

Eels can also be found in the Redcliffe Botanic Gardens pond system. It is an admirable feat for a fish that's only a few centimetres long, to reach this location (although it's only a short journey compared to that undertaken by many young eels).

Next time you see an eel in our waterways, you may well wish to take your hat off to their impressive migratory efforts.



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Time m	Time m	Time m	Time m
<b>1</b> 0609 2.11 1252 0.83 FR 1826 1.67	<b>9</b> 0503 0.49 1108 2.28 SA 1735 0.51 2329 2.15	<b>17</b> 0621 2.34 1308 0.64 SU 1848 1.87	<b>25</b> 0024 2.35 0645 0.59 MO 1233 2.04 1844 0.52
<b>2</b> 0024 0.71 0704 2.20 SA 1343 0.73 1921 1.76	<b>10</b> 0538 0.56 1139 2.19 SU 1804 0.54	<b>18</b> 0055 0.51 0723 2.49 MO 1408 0.50 1949 2.01	<b>26</b> 0108 2.27 0735 0.74 TU 1315 1.84 1920 0.64
<b>3</b> 0120 0.64 0749 2.27 SU 1426 0.65 2005 1.85	<b>11</b> 0006 2.14 0614 0.64 MO 1210 2.09 1835 0.58	<b>19</b> 0158 0.39 0816 2.59 TU 1458 0.39 2041 2.15	<b>27</b> 0157 2.16 0834 0.87 WE 1406 1.67 2004 0.76
<b>4</b> 0205 0.56 0829 2.33 MO 1502 0.60 2042 1.93	<b>12</b> 0045 2.12 0656 0.73 TU 1247 1.96 1910 0.62	<b>20</b> 0253 0.30 0905 2.65 WE 1543 0.32 2129 2.27	<b>28</b> 0257 2.07 0951 0.93 TH 1519 1.56 ● 2107 0.86
<b>5</b> 0244 0.51 0905 2.36 TU 1536 0.56 2115 2.00	<b>13</b> 0132 2.10 0747 0.82 WE 1334 1.83 1956 0.68	<b>21</b> 0343 0.25 0949 2.63 TH 1625 0.29 ○ 2214 2.35	<b>29</b> 0412 2.02 1113 0.91 FR 1651 1.56 2230 0.90
<b>6</b> 0320 0.47 0938 2.37 WE 1607 0.54 2147 2.06	<b>14</b> 0232 2.08 0856 0.89 TH 1441 1.72 ● 2101 0.72	<b>22</b> 0430 0.26 1032 2.56 FR 1702 0.30 2258 2.40	<b>30</b> 0526 2.04 1218 0.82 SA 1802 1.66 2350 0.85
<b>7</b> 0354 0.45 1009 2.37 TH 1637 0.52 ● 2221 2.11	<b>15</b> 0349 2.10 1024 0.88 FR 1611 1.67 2223 0.72	<b>23</b> 0515 0.32 1113 2.42 SA 1737 0.34 2341 2.40	<b>31</b> 0625 2.11 1307 0.73 SU 1855 1.79
<b>8</b> 0428 0.46 1039 2.34 FR 1706 0.51 2254 2.14	<b>16</b> 0510 2.19 1153 0.79 SA 1736 1.74 2343 0.64	<b>24</b> 0600 0.44 1153 2.24 SU 1811 0.42	



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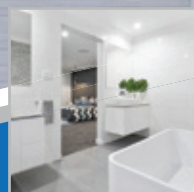
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***"Such excellent care. My hearing now is just brilliant."*** (Maurice & Sheila Pinniger, Taigum)

**When we meet new clients, it is not uncommon to hear comments like:**

*"I paid \$5000 for my hearing aids and I still can't understand what my family says."*

*"I went back to my previous provider many times. They can't do anymore to help me."*

*"Forget it. My hearing loss is too bad. Hearing aids can't help me."*

At Sandgate Hearing we have a keen interest in dealing with people struggling with severe and profound hearing losses. Our audiologist, Ronnie Lam, completed his Biomedical Engineering Degree and Master Degree in Audiology. We disregard those beliefs and focus on every single detail in the diagnosis and treatment of hearing loss. The results allow our clients to hear life so much better. We use the latest research results, scientific testing procedures, have a deep understanding of the hearing system and integrate clinical results from many thousand of patients to regularly up-date our own in-house research program for our clients benefit.



### *"I was given many options"*

I've been to others, but I feel very comfortable and happy with the friendly service and support I get from Sandgate Hearing. I was given many options and took my time choosing the correct hearing aids. I would highly recommend Sandgate Hearing to anyone who needs a hearing check.

**Jo Quinn, Boondall.**



### *"I couldn't be happier"*

Over the last ten years I've been to 5 different hearing centres. The last place told me that the hearing aids I've been wearing could not be repaired. I had heard about Ronnie at Sandgate Hearing. Within 15 minutes Ronnie had repaired both of my hearing aids. I couldn't be happier! I have since introduced my friends to Ronnie. Ronnie is an absolute legend!

**Michael Vassilakos, Tingalpa.**



### *"Back in the loop"*

After years of hearing problems, Ronnie brought the sound back. I now enjoy hearing my grandchildren and feel like I belong. After time spent in artillery in Vietnam, my hearing started to vanish and it was all too hard to fix. Then along came Ronnie. Thank you is not enough to express my gratitude for the job you do, Ronnie. Sandgate Hearing is simply the best.

**Douglas Schmidt, Burpengary**

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