

The Great Moreton Bay Paddle National Paddle Series

New You in 2015

A fitness feature to kick off your New Year Artisan Gift Pack Giveaway Page 16

PLUS New Look Fire Station

Photo by Paul Neil



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DINE BRACE BAR TABLE (left) BRACE BAR STOOLS(left) PRAHU TABLE SETTING (right)

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Redcliffe

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EDITOR'S NOTE

After an indulgent festive season, many of us vow to be healthier and happier in the New Year. In this issue, we seek the expert advice from our local fitness gurus to assist us in achieving our resolution of keeping healthy and well.

We also explore the colour and wonder of the Yachting Spectacle in Moreton Bay, learn about Redcliffe's old nightclub Ace of Clubs, and talk to Love Handmades' curator about the markets exciting new location.

This year, we hope to make your local guide bigger and better. Any events, ideas, feelings or opinions you may have, we would love you to share them with us on editor@ redcliffe.net.au.



Dominic Alberth & Suzi O'Shea



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A WORD FROM OUR REPRESENTATIVES

Luke Howarth MP



Happy New Year! Last year we saw many wonderful developments like the rapid construction along the Moreton Bay Rail Link and the launch of the Redcliffe Festival. We also saw the approval of Anzac Centenary

grants for local organisations like the Moreton Bay Regional Libraries, to begin projects that will help commemorate the service and sacrifice of local Australian servicemen and women in WWI.

With the New Year upon us, I wish you all the best for 2015. May it be a year filled with happy moments, great adventures, and goals achieved.

I wish our local students and teachers a fantastic year ahead as they begin their first term. I look forward to working with our local schools, organisations and residents to ensure this year will bring bigger and better advances for the Peninsula.

Yvette D'Ath MP



Happy 2015! I hope you had a wonderful Christmas and New Year spent with the people you love.

It's been a hectic start to the year. It was wonderful to have Shadow

Infrastructure Minister, Anthony Albanese, visit Redcliffe to inspect the progress on the Moreton Bay Rail Link. As the previous Federal Member for Petrie, I was very proud to be able to deliver the funding for the rail. I am excited about the opportunities it will bring to the Peninsula once it is completed.

I wish you all the very best for a healthy and happy year ahead!

Cr Koliana Winchester



On behalf of the Moreton Bay Regional Council, I wish all Redcliffe residents a Happy New Year. This year will see a number of Council initiatives come to fruition, including

the much anticipated Old Redcliffe Fire Station being reopened as the Community Arts and Volunteers Hub. This project will provide a fantastic community precinct as a place to create, share and contribute to the peninsula. Residents will also see stage one of a project to rejuvenate Pelican Park commence, enhancing this well-known drawcard. As we go through the summer storm season, Council staff work around the clock to ensure local roads, footpaths and drains are well maintained and operational. If you see or experience any issues during weather events, please do not hesitate to report these matters. You can always get in touch with me on 0417 267 738 or email Koliana.Winchester@moretonbay.qld.gov.au.

4 February 2015



Specsavers Kippa-Ring: Peninsula Fair Shopping Centre, (Opposite Best & Less) 3889 3516.



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Redcliffe

Want to work for the Redcliffe Guide?

Kick off the New Year with a new role working for a fabulous new magazine. We are currently seeking an Advertising Sales Representative to join our team.

The role is very autonomous; so high motivation and a drive to achieve results are a must.

If you're a local who loves to have a yarn, get to know new people and have a passion for print, we would love to talk to you.

Work your own hours and be a part of a friendly, laid back team. Sales experience preferred but not essential.

If this sounds like you, send through your resume and a short blurb on what makes you amazing to editor@redcliffe.net.au.



REDCLIFFE COMMUNITY UNITES FOR HOMELESS

Rockin' 4 the Homeless Event

Club Shambles has announced that the Rockin' 4 the Homeless Community Fundraising Event is on again in 2015, and whilst the location is yet to be revealed, organisers Dan Nebe and Craig Miley have confirmed Rock Legends *Mental As Anything* as the lead act.

The event will be officially launched in February and local business owners, community leaders and members of parliament are strongly encouraged to attend along with the media.

"Residents say there has been a visible increase [in homelessness] and they want to find ways to help. About 150 people are registered as being homeless, but many are not registered or counted in Census statistics. The statistics don't tell the story of the temporarily affected families who need a helping hand for only a short time," stated Craig Miley, Communications Manager.

Last year, over one thousand people attended this family friendly fundraiser which raised over \$25,000. The 2015 event is scheduled for 9th May with the aim to double the amount raised last year.

"The purpose of the launch is to profile one of the biggest community days in Redcliffe,

and obtain sponsorship and donation support," said Dan Nebe, Executive Producer and Artistic Director.

"Rockin' 4 the Homeless raises money to support Chameleon House and The Breakfast Club, without whom many local homeless people would have even less. The abiding goal is to get a drop in centre for Redcliffe, to better service the needs of these people.

"Sponsorship of the 2015 Rockin' 4 the Homeless event will associate your organisation as one that is sympathetic to the needs of the Redcliffe community – and you will be seen as an organisation that supports those who provide the much needed help to Redcliffe's homeless community."

With 20 live bands, Club Shambles' Rockin' 4 the Homeless is set to be the community fundraiser of the year, entertaining all ages.

Those interested in attending the February launch are encouraged to register their interest for this invitation only event as soon as possible at rockin4thehomeless@gmail.com. You can also email the Rockin' 4 the Homeless Crew to obtain media and sponsorship information. R

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Scarborough blood donor Colin Braybrooke at the Redcliffe mobile donor centre in Portwood St.

ROLL UP YOUR SLEEVES

Red Cross Blood Donor Centre

Redcliffe residents have been so generous that the Red Cross Blood Service's mobile donor centre will now visit every month instead of every three months.

The Redcliffe mobile blood donor centre will be at the Red Cross Centre in Portwood St, Redcliffe for three days each month and will be open for late night sessions until 7pm on two of those days.

"We want the community to consider it like a static centre just for Redcliffe," Red Cross Blood Service spokesperson Bernadette Dias said.

"Currently, we get about 32 donations each day that we visit, but we would like to see new donors book in as well," she said.

Scarborough man Colin Braybrooke, who has been a plasma donor since 1984, has booked in for next month's visit.

Mr Braybrooke, who will be giving his 420th donation, was recently recognised by the Australian Red Cross Blood Service for making an amazing difference to the lives of more than 1200 Australians.

The BP Health and Safety Advisor has been donating plasma at Chermside donor centre

every fortnight for many years, but said he would be happy to donate at the Redcliffe mobile donor centre as well because it was closer to home.

Mr Braybrooke said his mother received a blood transfusion in hospital recently when she had gastro-intestinal issues.

"There is a need for blood for many types of issues and illnesses so it's a good reason for me to spend a bit of time donating blood.

"It's an easy thing to do, I just get 40 minutes of rest when reclining on those comfortable chairs," Mr Braybrooke said.

Ms Dias said Mr Braybrooke's life-saving donations have potentially improved the lives of thousands of Australians, including new mothers, cancer patients and people undergoing emergency surgery.

"A donation of blood has a ripple effect, from the person receiving the blood, right through to their entire family and their friends.

"Colin Braybrooke is just one person but every donation he gives makes an amazing difference to the lives of countless others."

To become a blood donor, call 13 14 95 or visit donateblood.com.au

Mika

Mika receives a blood product every two weeks to help with his neurological disorder.

MOBILE BLOOD DONOR CENTRE VISITING 2-4 MARCH

Roll up your sleeves and give blood. Call 13 14 95 or visit donateblood.com.au





NEW LOOK OLD FIRE STATION OPENS ITS DOORS

Community Arts & Volunteer Hub

Recultifie's historic fire station is Respected to re-open its doors in late February following a \$2 million council redevelopment.

Moreton Bay Regional Council's Division Six Councillor, Koliana Winchester said the exciting and innovative project had breathed new life into the heritage listed building.

"Since closing its doors in 2008, the fire station had been sitting idle, however council took the view that this beautiful historic old building deserved a second lease on life," Cr Winchester said.

"I have been passionate about seeing this old

heritage listed building restored to its former glory and enjoyed by local generations for many years to come.

"Council purchased the building from the former Queensland Fire and Rescue Service so that it could be repurposed and reused as a modern new community arts and volunteer hub well into the future."

Cr Winchester said the fire station, which opened in 1948 was a truly unique local building and one of only a few brick double storey fire stations built around the State.

"That's why it has been so important for us to retain as many of the building's original characteristics from the outset," she said.

"We undertook significant research, and engaged with former fire station staff and nearby neighbours to help protect and promote the building's features including the grand old garage which has become a statement feature of the building."

Internal renovation work was funded through a \$400,000 grant from the State Government to help retain as much of the original floor plan as possible.

Council prepared a master plan for the site in 2013 to guide the redevelopment project including a public consultation phase and expressions of interest process to hear from interested local residents and community groups.

The old Redcliffe fire station community arts and volunteer hub includes a new art gallery and art workshop space, a volunteer hub and meeting space for local groups, car park and lift, and residency for the Redcliffe Arts Society and Redcliffe Pottery Group.

Local volunteer and community groups will be able to book space in the building for local meetings and events.

Other local residents wishing to use the outside of the building as the backdrop for wedding photos and other special events can also make booking through council's community facilities team.

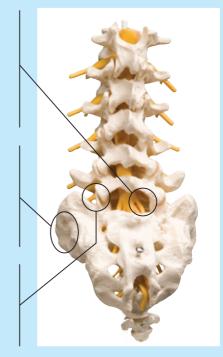
For more information about the fire station including booking details, contact council on 3205 0555. R

Lower Back Pain: **Common Causes & Correction**

1. Disc bulging - severe low back pain can radiate into back of leg. Muscle spasm may bend spine to one side. Caused be bending, lifting & twisting movement. Pain when you cough, sneeze or sit.

2. Sacro-iliac sprain - low back pain can radiate into groin or front of leg. Caused by sudden unguarded movement (slip in mud, step into a hole) Pain when bending or sitting.

3. Facet joint sprain - low back pain in the movable joint on either side caused by twisting (as in golf swing) or lifting. Pain when bending or twisting.



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ACE OF CLUBS THE TOP OF REDCLIFFE

Excerpt from story by Rex Borradale

n the summer of 1946, returned serviceman Bob Borradale, his wife May and good friends the Jordans had a bright idea that Redcliffe needed a top nightclub. The enthusiastic Bob approached Arthur Comino with his embryonic idea, and persuaded Arthur that the top floor of Comino's Arcade was the ideal venue for this exciting enterprise. Arthur Comino always had a grand vision for his gigantic building in Redcliffe Parade. Among these ideas was a palatial ballroom to be called the 'Panorama Ballroom'. The idea presented by Bob Borradale appealed to Arthur and the majestic nightclub called the 'Ace of Clubs' was formed.

Much hard work saw the finishing touches to the club completed in time for the grand opening night in December 1946, which was a fully booked out affair. At the switching on of the lights, the whole of Redcliffe was blacked out, because no one had bothered to test out the lighting in the club. However, Joe Allen and his dance band kept the revellers amused and ensured that the rest of the night went off without a hitch. (The Ace of Clubs dance band led by Joe Allen went on in 1947 to become the ABC Dance Band and was acclaimed world wide as one of the leading dance bands of the period.) The clientele was predominantly from Brisbane (90%) with the remainder from the Peninsula.

During the next couple of years, the club built up a great rapport with the Cremorne Theatre and with 4BH and many local people had their 21st birthday or wedding receptions in the Ballroom. Singers of great repute such as Gloria Dawn sang in the club. Radio Station 4BH had regular one hour broadcasts from the 'Ace of Clubs' during 1947.

Although the club was one of the most respected nightclubs in Australia at the time, it would appear to have been before its time when the sleepy hollow of Redcliffe had a fledgling population of about 15,000. It was placed on the market in late 1948 in the Sydney papers but due to lack of response, closed in early 1949, with Arthur Comino taking over what was left of the club in return for moneys owed for rent. He turned the top floor area into several serviced rooms and conducted the "Rendezvous" which was a basic continuation of the 'Ace of Clubs' with entertainment on Friday and Saturday nights with host Ray Goldner (late of Princes) and Joe Allen's ABC Band.

To learn more about the History of Redcliffe, vist the Redcliffe Historical Society located at 75 Anzac Avenue, Redcliffe. R

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LOCAL AWARDED NEW COLOMBO PLAN 2015 SCHOLARSHIP

A Redcliffe local is one of 69 Australian undergraduate students to have been awarded a New Colombo Plan scholarship to live, study and work overseas.

Federal Member for Petrie, Luke Howarth MP congratulated the *Queensland University of Technology* Business and Law student from Scarborough, Joel Adsett, at a special morning tea in Parliament House.

Luke Howarth MP said to receive the NCP scholarship, Joel had to demonstrate academic excellence, a strong commitment to engaging with our neighbours and the character to represent Australia with distinction.

"Students can choose to work and study in one of 17 locations, including Japan, Singapore, Hong Kong and the Republic of Korea," Mr Howarth said. "This is a very prestigious scholarship, so I am very proud that a student from my electorate has been selected and I wish Joel all the best for his adventure."

Joel will study at BINUS International University in Indonesia for six months, before undertaking a five-month internship with international infrastructure and environmental services company Cardno Emerging Markets.

The announcement follows the New Colombo Plan 2015 mobility round outcomes announced on 24th November supporting around 3150 students from across Australia to study in 32 Indo-Pacific locations.

For more information or to apply, visit www. dfat.gov.au/new-colombo-plan. R

RIDE ON WITH FREE BIKE WORKSHOPS

Bike On Australia Holds Workshops

earn how to keep your bike in tip-top condition with Moreton Bay Regional Council's free cycle workshops.

Council's Lifestyle and Amenity spokesperson, Councillor Julie Greer, said the workshops were ideal for both new riders and experienced cyclists who wanted to refresh their bike maintenance and repair skills.

"For anybody with a bike, council's series of free workshops are a must for keeping your machine well-oiled and trouble free," Cr Greer said.

"The workshops cover just about everything, from basic on-the-road repairs and cleaning techniques to safety and riding skills."

All tools required for the two-hour workshops are provided.

To register for a bike workshop, visit www.moretonbay.qld.gov.au/events, email

travelchoiceofficer@moretonbay.qld.gov.au or call council on 3205 0555.

Children under 12 must be accompanied by an adult. R

The workshops are run by Bike On Australia at:

Deception Bay State School Beaufort Place, Deception Bay Saturday 21 February 2015 10am-12noon & 1pm-3pm

Scarborough State School 47 Eversleigh Road, Scarborough Saturday 28 February 2015 8-10am & 11am-1pm





'LOVE HANDMADE MARKETS' GIVEAWAY

The generous folk at Love Handmade Markets have put together a wonderfully eclectic prize pack. One lucky winner will receive:

- Gardener Round & Sea Dragon soap by Mabel Jane rrp \$4.00 & rrp \$6.00
- 'More Picnics' Tea towel by Nadine Sawyer Art rrp \$25.00
- Tickle the Imagination Magazine Issue 17
 rrp \$15.00
- Mandarin Apple Chutney from Berry Good Jam & Chutney rrp \$6.00
- 2 Gift Cards by Nadine Sawyer Art rrp \$8.00

This collection is generously donated by the Love Handmade Redcliffe Market.

Simply email editor@redcliffe.net.au with your full name and phone number for your chance to win this great prize. Entries must be in by Friday 27th February. If you would like to kindly offer a prize and showcase your business, please email editor@ redcliffe.net.au for more details.

December '14 Giveaway Winners

Thanks so much to all who entered and congratulations to all our winners listed below. Thanks to all the businesses who got on board.

My Bomb Shells Eyelash Extension -Tina Haffenden

Avida Medispa - David Griffiths

Little Bear Brown - Colin Lanigan

Yummy Flowers - Rhys Dragt

Madison In Bloom - Kerry Holmes-Munro

What's Your Team - Janice Elmer

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As we see in the new year, many of us have the intention of being fitter, healthier and happier. We start the year bright, hopeful and full of beans, then usually by about February, all our great intentions seem to give way to cream buns, takeaway food and big nights in on the couch.

Fitness Through The Ages

Annaliese Carter

Regardless of your age, getting fit and being healthy is essential for longevity and a better quality of life, both physically and emotionally. Here is a guide to achieving fitness suited to your age group.

Teens Bodyweight and Fun. Teenagers will generally be interested in team or individual sports. Their regime needs to be more about fun rather than fitness. Training techniques are best focussed on bodyweight – eg. squats, push-ups, crunches.

Top Tip Get on the Moreton Bay Council website for free events and sporting groups.

20s Power and Speed. Try plyometric training (squat jumps, power push-ups, exercises with fast explosive muscle movements). Interval training using calisthenics (skipping, squat jumps, mountain climbers, burpees, plank thrusts, surfer get-ups, star jumps). Proper form and core stability are paramount while performing these exercises to prevent injury.

Top Tip Check out youtube, instagram, etc. to keep training fun, fast and fresh.

NEW YOU IN 2015

We spoke with some local fitness and wellness professionals to give us some tips on how to make this year different and to help you along with your wellness & fitness goals.

May 2015 be your year to shine.

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30s – 40s Strength and Stability. Invest in some dumbbells or resistance tubes to gain the benefits of resistance training. Target all major muscle groups through basic exercises (squats, chest press, deadlift, rows, crunches, planks). Refrain from high impact cardio to protect the joints.

Top Tip Invest in tried and true equipment, not fads like the ab-doer, and seek expert advice on form.

50s – 60s Flexibility and Functionality. Continue resistance training for bone density, use bodyweight exercises to maintain mobility (squats, push ups or modified versions such as a push-up off a wall or a squat to sit on a chair). Spend more time on static stretching, but only after the muscles have been warmed up. Use tools like a hill, stairs or swimming to add intensity to low-impact cardio exercise.

Top Tip Maintain an active and social fitness regime for a healthy lifestyle, strong mind and a happy soul.

Annaliese Carter is the director of Snap Fitness Redcliffe and can be contacted at www.snapfitness.com.au/redcliffe



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NEW YOU IN 2015

Take Wellness A Little Higher

Paige Enright

We have high expectations of wellness. We don't just want to not be sick or injured. We want to feel vibrant and energised, connected and alive.

Sustaining this higher level of wellness requires focusing on physical, mental and emotional health. Where previously disease and illness were understood to manifest from the physical body, the medical and science professions now appreciate stress, anxiety, tension and trauma can be the cause for many modern day ailments.

Finally the western approach to wellness has caught up with the eastern perspective. Focus just as much on your mind as your body. True wellbeing cannot exist without finding a collective rhythm between the mind, body and emotions.

In our time-poor lives find a way to combine all three by moving your body, stilling your mind and inspiring your soul. It's the activity where you forget about time and daily stresses and every part of you becomes immersed in what you're doing.

Some people find it running, walking, swimming or with martial arts. Some activities lend themselves a little more to mental and emotional connection including yoga, meditation and tai chi. While it doesn't matter the activity, what's important is the connection.

Paige Enright – Director at Yoga Emporium www.yogaemporium.com.au



What's Your Excuse?

Kerry Sharp

Keeping physically active is an important part of a healthy lifestyle. But unfortunately many of us feel we don't have the time or motivation to exercise regularly.

The good news is, it doesn't take much to make a significant difference. As little as 30 minutes of moderate exercise a day can have fantastic health benefits. So if you're not as fit and healthy as you could be, now's the time to get started on a fresh exercise program.

So what's your excuse?

"I really don't have time" – Start small with as little as a one hour session, two times a week.

"This is just too hard" – It may seem hard at first when trying something new, but once you get into it you will find that it quickly becomes routine.

"I just hate exercising" – This is a mindset and you can change it. Have a think about what you do enjoy, and how you can incorporate that into your workout.

"You need to be fit to go to the gym" – No, you don't. People at the gym were all beginners once, probably with similar stories to you.

So what are you waiting for?

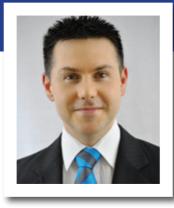
Kerry Sharp is Managing Director Sharp Fitness Solutions confitks@yahoo.com.au



Valerie Mobile personal train

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Mark Susnja Your local mortgage broker

NOW IS A GOOD TIME TO REVIEW YOUR FINANCES

The nation's official unemployment rate fell unexpectedly in December 2014 to 6.1 per cent.

The better than expected results will ease pressure on the Reserve Bank of Australia to cut rates this year.

Before the unemployment data was released, traders were expecting a more than twenty-five per cent chance of a 0.25 percentage point rate cut at the next RBA meeting in February, which then fell to a nine per cent chance of a February rate cut according to Credit Suisse.

The market still expects at least one rate cut in 2015, but the likelihood of two rate cuts this year has dropped to forty-four per cent.

In these times of historically low interest rates, competition amongst lenders within the home loan market is fierce.

The average life of a loan back in 2009 was approximately seven years, but more recent data suggests customers are refinancing their loans every three to four years.

The continuous discounting and special offers for home loan lending has lead mortgage customers towards refinancing their loan sooner rather than later.



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So now is an opportune time to review your finances, and a good place to start is to give your home loan a health check.

The home loan market is a forever-changing environment. Reductions in lender interest rates and fees, and even refinancing cash-back incentives of \$1,000 or more are signals that there may be more cost-effective options for your current home loan, regardless of how long you have had it for.

Perhaps your personal and financial situation has changed. Changing jobs, getting married, renovating, starting a family, and helping your children buy their first home are life events that flag a need to review your current arrangements.

As your needs and circumstances change, consider whether there are more suitable solutions from home loan lenders for your situation.

If you are on a variable interest rate or coming out of a fixed rate period, it's a good time to review your interest rate and the allocation between fixed and variable to ensure you are getting the best deal from the home loan market.

Are you satisfied with the service from your existing lender? Are you paying high fees or for features that you don't use? Are your savings offsetting the amount owing on your home loan and reducing the amount of interest you pay? There are lots of factors to consider when reviewing your home loan.

Refinancing your home loan may save you a significant amount of money, but always check that the benefits, such as interest rate savings, outweigh the costs involved.



YACHTING SPECTACLE IN MORETON BAY!

Sailing Challenges on our Beautiful Bay

Colourful spinnakers and close racing will make fantastic viewing for locals and visitors to Redcliffe in February 2015. Whether picnicking on the beautiful Redcliffe foreshore or relaxing in one of the many cafes on Redcliffe parade, people ashore will get to enjoy watching a fleet of yachts racing just offshore.

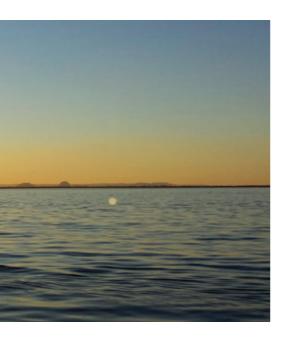
It will be a diverse fleet of yachts including the super quick sports boats, impressive multihulls, classic yachts and many well renowned Brisbane to Gladstone race yachts.

Moreton Bay Boat Club Commodore Greg Hamilton explains "The regatta comprises two main races both of which start with an exciting sprint race around a short course right in front of the Redcliffe Jetty. From here, all yachts head off racing in either the long offshore event or the shorter but equally challenging Bay Race called the Pearl Challenge." The long race called the Fairway Challenge, is actually the first section of the famous Brisbane to Gladstone race. This event is a very important regatta on the racing calendar as it is used by the serious racers as a 'shakedown' race or for those needing to qualify for the Brisbane to Gladstone Race. Already, expressions of interest have been received from competitors from as far afield as Hervey Bay and as far south as Sydney.

As both races involve considerable distances, yachts are given 24 hours to complete each course. Depending upon the weather conditions, most yachts will finish in the dark and many yachts will finish in the early hours of the morning. You can join us at the post race celebration and presentation at Moreton Bay Boat Club on the Sunday.

Everyone is welcome.

Aerial photography will be used for both races so look out for some great photos.



For the sailors, a choice of Events...

The Fairway Challenge

Open to all boats that meet the safety criteria. Divisions will include PHS, IRC, ORCI, short handed yachts and Multihulls. The Fairway attracts many entrants looking to qualify for the Brisbane to Gladstone. This is an 80nm passage event starting at the front of the Redcliffe Jetty and travelling out to Caloundra and finish in the vicinity of Moreton Bay Boat Club (MBBC).

The Pearl Challenge

Open to Sports Boats, Trailer Sailors, Classic Yachts and Keel Boats preferring a challenging but shorter course than the Fairway. This event is a moderate length passage race starting from Redcliffe Jetty and travelling out to Tangalooma and return via the Pearl Channel to finish in the vicinity of Moreton Bay Boat Club (MBBC). R

The Fairway Challenge & The Pearl Challenge Yacht Races -21st & 22nd February 2015







ARTISAN LOVE

Suzi O'Shea

over of all beautiful things handmade, Janmaree Lowe is a champion for artisan wares. A Clontarf local, born and bred, Janmaree was determined to make a dream of showcasing local artists by the sea into a reality.

After graduating with a degree in Special Education from Griffith University, Janmaree

succumbed to her need to work with her hands and create beautiful things. She went on to get an accreditation in floristry and opened Trinkets & Roses.

From humble beginnings at her own store, the hardworking mum, moved on to work for multinational organisation Loreal Luxe, launching their brand Kiehl's, here in Queensland.

Whilst on maternity leave with her second

baby, Janmaree cast her mind back to her vision for local handmade markets.

"I love to be busy, so during my downtime on maternity leave, I thought I would love to have a market to go to with baby Saffron. When you have a baby, you don't want to travel too far," said Janmaree.

After creating a Facebook page for the markets to gauge the interest of the local community, she was overwhelmed with the response from so many locals wanting the same thing. The demand was fervent and the concept blossomed.

"I always imagined beautiful markets by the sea here in Redcliffe. I never thought I would be the one to make it happen," said Janmaree.

And make it happen she did. In July 2013, the very first Love Handmade Redcliffe market launched and was a huge success. The markets gained a following and grew. Janmaree has created a legacy and runs three markets:

- Coastal Redcliffe monthly flagship market
- Country Samford bi-monthly
- Cultural Redcliffe Library held 3 times a year

So what makes these markets different? Janmaree curates all the markets and only successful applicants can have a stall to ensure the quality of the markets is of a high standard.

All this success has prompted a shiny new location at Reid's Place in Scarborough. Here Janmaree combines her three loves: handmade things, high tea and a gorgeous setting close to Scarborough beach.

If you are interested in perusing beautiful handmade trinkets, head down to the unveiling of the new location at Reid's Place, 377 Scarborough Road, Scarborough on Saturday 7th February from 9am – 3pm.

For more information, go to www.love-handmade.com.au. R





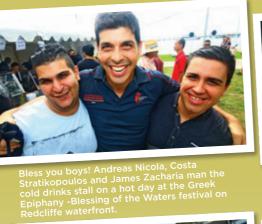


Out 'n' About with Photographer



Pics of people and life

These pics and more on my blog at www.paut-neit-photography.com and follow us on facebook





Happy couple, Willy Eriksen and Sam McDowall, stop for a chat and a pic while out for a fun day at the very first Margate Festival.







What a Kutie! Indian Ringneck, 'Kuta' and Annie Haskins check out the Redcliffe Sunday morning markets together.



Go Dan! Despite a plague of blue bottles in the bay, jet ski rider, Dan Dyer, tears up the broadwater at Clontarf beach.



"Yes, I can see everything now, Dad." Madison Kauffmann and Dad, Michael, join the crowds and see the sights and stalls at the inaugural Margate Festival.



THE GREAT MORETON BAY PADDLE

Reclink Australia is a non-profit organisation whose mission is to provide and promote sport and art programs for people experiencing disadvantage. Established in Victoria in 1990, Reclink Australia operates nationally providing over 4500 activities and 80,000 participation opportunities for disadvantaged Australians annually.

This summer, Reclink Australia will host the National Paddle Series, paddle events designed for people of all ages, craft & ability.

The event has a unique course distance suitable for both the novice and experienced paddler and all craft are welcome including kayaks, canoes, outriggers, surf skis, stand up paddle boards, rowing shells, couta boats and dinghies!

The primary objective of the National Paddle Series is to raise awareness of Reclink Australia in the local community and to use these events to raise much needed funds for the organisation.

To encourage participants to fundraise, everyone who raises \$20 will receive a souvenir 2XU Australia cap.

Reclink Australia Chief Executive Officer, John Ballis says, "Now in its 6th consecutive year, the National Paddle Series is a much anticipated and highly successful summer event series with ever-growing participant numbers registering to compete across three states."

Individuals or teams have their choice of a short or long course. Participants will paddle 2km south toward Woody Point before turning back to Redcliffe to complete the 4km return course. For those more experienced paddlers, a second lap will be offered to form an 8km course.

The Great Moreton Bay Paddle is now in its 3rd year and attracts participants of all ages and abilities ranging from families and recreational paddles through to the elite. Participants are timed and prizes are awarded at the end of the race, however not everyone is there to win; many just enjoy a day on the water taking in the beautiful Moreton Bay scenery and spending time with family and friends.

Upon conclusion of the paddle there will be a BBQ and activities for the whole family to enjoy!

The Great Moreton Bay Paddle will be held at Suttons Beach, Redcliffe on Sunday 1st March, 2015 at 9am sharp starting from the Redcliffe Surf Lifesaving Club.

Registrations are now open! Visit www.reclink.org/paddle

Dining Guide



TALES, ALES & BARRELS DINNER

Craft Beers, Wine & Delicious Food

Enjoy a decadent evening of food, wine and beer next month, as Mon Komo Hotel hosts a crafty 'Tales, Ales and Barrels' dinner event with special guest speaker and renowned master brewer Dr Charles 'Chuck' Hahn.

The event will see guests learn the fine art of pairing quality food with craft beer and premium wine selections.

Held out on the Cabana Bar's Terrace, the 'Tales, Ales and Barrels' Dinner will welcome special guest, prominent master brewer Dr Chuck Hahn to host the evening. Dr Hahn, original founder of Hahn Brewery, now Malt Shovel Brewery, will take guests on a special epicurean journey as they indulge in a delicious menu paired with matching wines and craft beer from Australia's leading labels.

With wine generally the popular choice for fine food pairing, the upcoming dinner event will showcase how new and flavoursome craft beers can be an alternate for a glass of red or white.

Dr Hahn will educate guests on the importance and art behind choosing the right beer when dining, particularly how to match the flavour intensity of each blend with the selected dish.

The well-known 'Brewmaster' will also speak on his history within the industry, and delve deeper into the leading fine beer brand and Australia's growing craft beer segment.

Sure to appeal to the tastes of many, Mon Komo Hotel's Director of Hospitality, Matt Newberry said he was looking forward to the upcoming event, and welcoming the internationally renowned brewer to the venue.

"Last year's event was a huge success, attracting a great audience of food and wine enthusiasts," Mr Newberry said.

"While wine and food pairing is conventional, there is also a lot to learn about the art of matching craft-style beers with quality food, and as craft brews are growing in popularity and range across Australia, this is a dinner with a difference."

Attendees of the Tales, Ales and Barrels Dinner will be served a delectable three course menu, and perfectly paired with speciallyselected wines from various vineyards and craft beers from the popular James Squire range.

Tales, Ales and Barrels Dinner will be held on Thursday, 5th February at 6.30pm. Tickets are \$69.00 per person.

For more information or to book your seat, please call 07 3284 6520 or visit www. monkomohotel.com.au. R

REDCLIFFE

Dining Guide





Owner David with staff Abi and Ben



Feel Goodz is located at 14 Oxley Avenue, Woody Point

FEEL GOODZ GOURMET

Making a move from Bundaberg to Brisbane, David opened Feel Goodz Gourmet with his daughter five years ago. Located on the peninsula's gorgeous Woody Point, Feel Goodz Gourmet is in a prime location.

David has forged a career in hospitality for 35 years, working on Hastings Street in Noosa, teaching cookery and hospitality at TAFE, and even hosting his own weekly cooking show for many years on ABC Wide Bay radio.

Feel Goodz Gourmet has celebrated much success, which has led to an expansion. Taking over the shop next door, David now has his son and sonin-law on board, as well as his daughter, as the family business expands.

Boasting spectacular sunsets that are second to none, the café attracts a diverse clientele of locals, cyclists, walkers and weekend visitors.

Providing a huge range of home made options, all the food is made fresh to order. With a delectable selection of cakes and gelato and sorbet made on site, Feel Goodz Gourmet certainly caters to those with a sweet tooth. Not to mention a diverse range of local and imported gourmet food for sale.

"The thing I love most about what I do is the people I meet, I love our community and the people within it", says David.

So enjoy the sunset, some great coffee, delicious food and some family hospitality at Feel Goodz Gourmet.





Name: Avida Organic Café

Address: 89 Landsborough Ave, Scarborough Cuisine: Organic meals: from gluten free and vegan, to a great beef burger or steak. Feature: Located across from the tranquil Scarborough Beach. Come and enjoy the serenity, views, and organic food & beverages. Contact: 3880 2007





Name: Baan Phaya Thai Restaurant Address: 95 Prince Edward Pde Scarborough Cuisine: Thai Feature: Real Thai food - come in for take

away, dine in, or call us for delivery. We're open Tuesday - Sunday 4.30-9.00 pm . We can do functions and we are also fully licensed.

Bann phraya *T*hai



Name: Brick Bistro Bar

Address: 97 Redcliffe Parade, Redcliffe Cuisine: Modern Australian restaurant. Wine bar.

Feature: Fresh, quality food at great prices! Our style is house-made, showing passion in everything we do. Waterfront location / Live music / Cocktails / Craft beer / Tapas / Burgers.

Contact: www.brickbistro.com.au







Name: Kashmir Cafe and Gift Galleria Address: 59 Redcliffe Parade, Redcliffe Cuisine: Gluten Free Cafe Feature: Enjoy 100% Gluten Free, all food cooked on premises. Breathtaking views of Moreton Island. Very relaxing atmosphere. Contact: 0490 343 748



Name: Kazzy's Larder

Address: Shop 1/52 King Street, Woody Point Cuisine: Home Cooked Meals

Feature: We serve a variety of delicious home cooked meals including roast of the day made with the highest quality meats.

Contact: 3142 2244



Name: Marconi Coffee

Address: 295 Oxley Ave, Margate Cuisine: Cafe

Feature: Friendly cozy feel with great service, excellent locally grown organic coffee and home made treats! Catering Available.

Contact: 3283 3439







Name: Mon Komo Hotel

Address: 99 Marine Parade, Redcliffe Cuisine: Steak & Seafood Feature: Overlooking sparkling Moreton Bay, the hotel delivers fresh seafood, great steaks and other Pacific inspired dishes in a resort style atmosphere.

Contact: 3284 6520





Name: Pasta Kitchen

Address: 14 Oxley Ave Woody Point Cuisine: Modern Italian Feature: Genuine wood fired pizza and fresh house made pasta & gelato. Situated at Woody Point jetty with Waterfront views of Bramble Bay. All menu items priced under \$20. Contact: 3889 5246





Name: Pilpel Restaurant and Bar

Address: 26 Baynes Street, Margate Cuisine: Authentic Middle Eastern style grill bar, Fully Licensed.

Feature: Pilpel restaurant will bring to your table the Middle Eastern dining experience. Every feast in the Middle East must be big and tasty.

Contact: 3092 2864



REDCLIFFE



Name: Preece's at the Jetty

Address: 155 Redcliffe Parade, Redcliffe Cuisine: Modern Australian & Mediterranean Feature: We have the BEST Vanilla Slice in Redcliffe. All cakes, biscuits, slices & ice cream are homemade. Gluten Free desserts also available. Fabulous seaside location.

Contact: 3284 2986





Name: **Reef Point Cafe** Address: 75 Redcliffe Parade, Redcliffe Cuisine: Modern Australian Feature: Modern Australian Food with the best views. Open for breakfast & lunch 7-4pm. Functions & specialty. Day or night. Contact: 3880 0250 mandy@reefpointcafe.com.au





Name: The Ambassador Of Redcliffe

Address: 41 Redcliffe Parade, Redcliffe Cuisine: Steak & Seafood Feature: The Ambassador Of Redcliffe

offers a variety of sumptuous food, freshly prepared by our talented kitchen staff. Contact: 3284 6424





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THE INCEPTION OF GOOD VIBES ESPRESSO

Anita Onofia Shares Her Story

Growing up, I travelled the world with my family, moving from place to place to accommodate the needs of my father's work in the oil industry. When I was ten, we settled in Clontarf. I enjoyed growing up here. I loved the beaches, beautiful ice-cream parlours and the amazing fish 'n' chips down on Suttons beach. As time went on we moved away. After many jobs, I secured a role as a Blue Care Nurse. Driving around Brisbane would mean having lunch and coffee at new places most of the time. This is where my interest in coffee began.

My health soon took a turn for the worst when I was injured at work, enduring two years of emotional and physical pain, with



the decision to sell our house and move to Redcliffe. I spent a year as a stay at home mum, gaining an interest in owning our very own coffee business. My husband and I soon found the old service station and with our passion and determination, we set work to creating 'Good Vibes Espresso'.

The store itself is full of artworks and photographs from local artists, with a large and colourful mural outside and a feature wall inside as well as our very own photo-booth painted by 'Subtle Studios'.

We're about to open and I'm anxious and worried, but with the support of locals, friends and family I know it will be great. A friend of mine once said, "If you build it they will come." We have finally built it and we sure do hope you come, for a coffee, a laugh and a good time. Feel the community spirit, bring your pets, bring your book, bring your records and feel right at home at Good Vibes Espresso.

Good Vibes Espresso is on the corner of Anzac Ave & Suttons Street, Redcliffe. R

physiotherapy, specialist appointments, lawyers and being shunted from one position to another.

These events led to depression. In a session with my psychologist she asked me, "What is it Anita wants?" My childhood memories in Redcliffe came flooding back. What I wanted was to be happy and free.

After talking to my husband, we came to



REDCLIFFE MARKET UPDATE

Tina Smith

What a fantastic time to be selling on the Peninsula!! Auction clearance rates are on the rise, and there are more instances of multiple offers on properties.

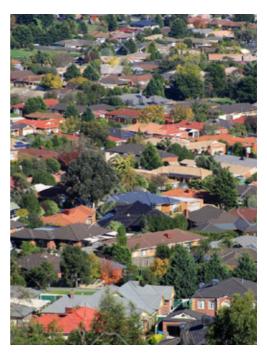
Investors and first home buyers are back in the market thanks to the RBA keeping interest rates steady. Buyer confidence is back. Properties within the \$350-\$450k range especially are racing out the door, and buyers are forced to make quicker decisions due to more competition in the market, which also means higher sale prices, shorter average days on market and those multiple offer situations more prevalent!!!

It's definitely a good time to take advantage of that competition and use the auction process to your advantage to maximise the sale price for your property.

One of the most important things to consider when choosing an agent is their level of experience in the local market. In an active market like this, it doesn't take much skill as such to get an offer from a buyer. However, you need an experienced agent with a high level of marketing and negotiation skills to maximise your highest sale price. A comprehensive marketing plan is essential to ensure the right buyers are seeing your property, allowing your agent to work with the interested parties to achieve a top result.

Changes in the Property Occupations Act (previously the Property Agents and Motor Dealers Act) brought in on 1st December 2014 now allows a maximum appointment time of 90 days for selling, with the capped commission rate of 2.5% + GST previously set being scrapped and agents now able to negotiate commission on a per property basis. This being said, remember the cheapest agent is the one who gets you the most for your property.

For more tips on buying or selling in the local market, call your local area expert Tina Smith on 0408 079 645.



QUICK STATS

Average days on the market and median sales prices for the last 12 months

Suburb	Median House Price	Ave Days on Market
Redcliffe	\$367,250	70 days
Scarborough	\$399,000	109 days
Newport	\$797,500	118 days
Kippa-Ring	\$355,000	68 days
Rothwell	\$360,000	66 days
Clontarf	\$357,000	79 days
Margate	\$365,000	72 days
Woody Point (Source myrpda	\$372,000 ata)	105 days



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EXHIBITION COVERS ARTISTS' STORY

Redcliffe City Art Gallery Exhibition

Explore the story behind the works of 11 local artists with the Cover Story exhibition at the Redcliffe City Art Gallery.

Moreton Bay Regional Council Division Six Councillor Koliana Winchester said from January 22, the Redcliffe City Art Gallery will showcase the art and inspirations behind local arts group Carte Blanche and its members.

"Cover Story is your chance to see how 11 local artists developed their artistic skills and used contemporary techniques and various materials to express themselves," Cr Winchester said.

"The exhibition features items such as embroidered aprons and fashion made from recycled materials to explore themes of interest to the artists."

Cover Story will visit the Redcliffe City Art Gallery until February 21.

The Redcliffe City Art Gallery is located at 470 Oxley Avenue, Redcliffe and is open Monday to Saturday from 10am to 4pm.

For more information on exhibitions and events at the Redcliffe City Art Gallery, visit www.moretonbay.qld.gov.au or phone 3283 0415. **R**



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ST+BAKER+STUDIO

Jo St Baker

My studio will now close at 2.00pm daily, as I am embarking on a new series and will be on site working. This is a big focus for me this year.

When I am working at the back in the studio, enquiries and viewings of the studio and gallery are still most welcome by knocking on the door or calling me on 0417 573 737. I am never far away.

Friday afternoon hours are extended for my painting group of which enquiries are welcome.

Summer Open Hours

Monday - Thursday 10am - 2pm Friday 10am - 5pm (Painting Group 2 - 5pm) Every second Saturday 10am - 2pm **ADVERTISEMENT**

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Authorised by L. Howarth, 40 Hornibrook Esp, Clontarf 4019.

VOX POP

Suzi O'Shea Photos by Paul Neil

As we start the New Year full of hope, the Redcliffe Guide Vox Pop Team hit the streets at Redcliffe Markets to talk to the locals and find out what aspirations we have for the New Year.



MANOHARAN (NORTHLAKES)

I hope to achieve a work/life balance this year (and listen to my wife).



MICHELLE MURENEC (MURUMBA DOWNS)

I would love to get a performing arts degree, singing, acting, dancing, the lot!!



NILLIAM MOTSUNU DECEPTION BAY)

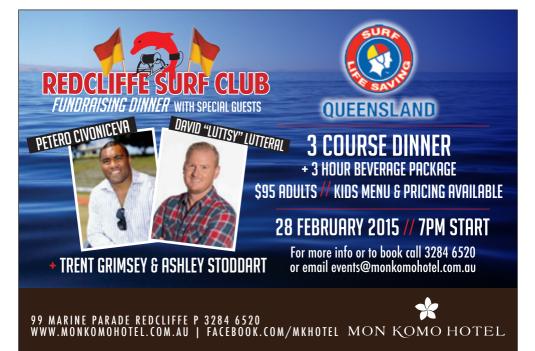
I would like to stay in my full time job to save money so I can move to Melbourne in 2016.



KERRIE DRAKE (BARDON)

I would like more enlightenement through working with people, sharing my experiences and training in human behavior.





MARKET STALL PICKS

Suzi O'Shea Photos by Paul Neil

GREEN VALLEY QUEENSLAND

The colours and aromas of the spices at this stall delight all the senses. Chef Jahjah along with Eallany, Esmarel and Ely run this family business, and have had a stall at the Redcliffe markets for 3 years. Chef Jahjah worked in restaurants all over Sydney before moving with his family to Brisbane 4 years ago. If healthy exotic cooking is on your to-do list for 2015, Green Valley Queensland will certainly help your quest.



DEADLY IDEAS

Deadly Ideas create beautiful and quirky holders for mosquito repellants. Couple Chris & Ronni Brundin, originally from Townsville, got their 'Deadly Idea' when a friend caught Dengue fever. This insipired them to create the crafty coil holders, equipped to hold a mosquito coil and stick - they look great too!



OUTDOOR RUGS

Couple Cathy & Geoff Curtis run the Outdoor Rugs stall, selling a wide variety of beautiful rugs and baskets (that are very handy indeed for carrying all your fresh market produce). After an unfortunate turn of events and working 7 days a week in Sydney, Cathy & Geoff decided there was more to life than work. So they moved to the Sunshine State for a new lease on life, and Outdoor Rugs was born.



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TACKLING MORETON BAY



Mark Templeton

Well Christmas has been and gone and the kids are back at school.

We hope that everybody had a great break and everyone kept themselves safe.

We found that over the holidays quite a number of families came in store wanting information about getting into fishing for the first time, and families that had not been for a while and wanted to get back into it.

Good news is that the basics of fishing really have not changed at all and getting set up really does not cost all that much.

Once you have a basic rod and reel, basic tackle selection and then a bit of bait you are almost set. A very important item, which is just about always overlooked, is the Law regarding fish sizes and bag limits.

Most Specialist Tackle Stores can give you all the information that you need to make your fishing experience more memorable and help ensure that we all do the right thing.

If you have younger children it could be well worthwhile introducing them to the art of "plastics" fishing. This is where we use artificial bait with a jig head. There are so many to choose from and it can really be daunting when you first investigate the huge range of plastics and jig heads available.

The easiest way is to drop in and ask for some guidance. We are here to make sure you get the best start and get the gear we know works well for beginners. I would suggest that you limit your purchase to no more than 2 - 3 different types. After all, if plastic fishing is not for you, we do not want a big expense weighing you down.

Plastics fishing is not exactly the easiest style to learn but if you give it a fair trial period you may just find that it can be rewarding and just a bit exciting when you master the basics. I was a bit sceptical at first, but after my first fish (a 15cm Flathead), I knew it was going to be worth the effort. It is better to try and fail than to not try at all!

If you would like more Fishing Tips or you would like us to cover particular topics, visit www.tackleland.com.au and drop us a line.

Enjoy your time with the family and "Maintain the Passion".

FEBRUARY 2015 TIDE CHART

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0843 2.39	0624 0.64	0724 2.38	0645 0.45
MO 1519 0.58	MO 1229 2.11	MO 1401 0.57	MO 1245 2.23
2057 1.89	1854 0.57	1935 1.94	1911 0.40
3 0300 0.40	10 0100 1.95	17 0148 0.35	24 0121 2.24
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TU 1555 0.56	TU 1305 1.99	TU 1455 0.44	TU 1332 2.02
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5 0408 0.40	12 0246 1.90	19 0334 0.18	26 0321 2.09
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Mic Travers Belvedere Hotel 12.30pm

MONDAY 2

Toby Tyler Redcliffe Leagues Club 11am

TUESDAY 3

Ronnie Christie Redcliffe Leagues Club 10.30am

THURSDAY 5

Michael Redcliffe Leagues Club 11am

Yee-Ha Country Redcliffe Leagues Club 6pm

James Squire Dinner Mon Komo Hotel 7pm

Musical Bingo Mon Komo Hotel 7pm

Krazy Kath Karaoke Mon Komo Hotel 8pm

FRIDAY 6

Bob Mildren Redcliffe Leagues Club 11am



Amy Kate Belvedere Hotel 5:30pm

FRIDAY 6

Pieter Van Leeuwen The Ambassador of Redcliffe 6pm

Jukebox Heroes ft DJ Luke Redcliffe Leagues Club 6:30pm

Stifflers Mum Mon Komo Hotel 6:30pm

Chester (Band) Captain Cook Tavern 7pm

SATURDAY 7

Craig Shaw Redcliffe Leagues Club 11am

Sean Wade (Soloist) Belvedere Hotel 2:30pm

Melaanie & Brown Suga ft. DJ Luke Redcliffe Leagues Club 6pm

Steve Sparrow (Soloist) Ambassador of Redcliffe 6pm

Mad Mile Mon Komo Hotel 8:30pm

SUNDAY 8

Mic Travers Belvedere Hotel 12:30pm

Jahbutu Mon Komo Hotel 1pm

Merlin Redcliffe Leagues Club 6pm

MONDAY 9

Toby Tyler Redcliffe Leagues Club 11am

TUESDAY 10

Ronnie Christie Redcliffe Leagues Club 10.30am

WEDNESDAY 11

Jared Alexander Redcliffe Leagues Club 11am

Henry Chase Redcliffe Leagues Club 6pm

THURSDAY 12

Bob Mildren Redcliffe Leagues Club 11am

high Noon Redcliffe Leagues Club 6pm

FRIDAY 13

Amos Pella Belvedere Hotel 5:30pm

Peter Vandersteen (Soloist) The Ambassador of Redcliffe 6pm

Stifflers Mum

Mon Komo Hotel 6:30pm

Jabba ft. DJ Luke

Redcliffe Leagues Club 6:30pm

CFAM (Band) Captain Cook Tavern 7pm

SATURDAY 14

Shayne Crump Redcliffe Leagues Club 11am

Sean Wade (Soloist) Belvedere Hotel 2:30pm

Carter Roser (Soloist) The Ambassador of Redcliffe 6pm

Jericho ft. DJ Nikistix Redcliffe Leagues Club 6:30pm

Rush Hour Mon Komo Hotel 8:30pm

SUNDAY 15



Mic Travers Belvedere Hotel 12:30pm

Chris Stevenson Mon Komo Hotel 1pm

Cliffy Redcliffe Leagues Club 6pm

THURSDAY 19

Casey Watt Redcliffe Leagues Club 6pm

Musical Bingo Mon Komo Hotel 7pm

Krazy Kath Karaoke Mon Komo Hotel 8pm

FRIDAY 20

Jared Alexander Redcliffe Leagues Club 11am

Amy Kate Belvedere Hotel 5:30pm

Chris Todd (Soloist) The Ambassador of Redcliffe 6pm

ACDC Tribute ft. DJ Luke Redcliffe Leagues Club 6:30pm

Stevenson St - Band Mon Komo Hotel 6:30pm

The Copy Cats (Band) Captain Cook Tavern 7pm

SATURDAY 21

Shayne Crump Redcliffe Leagues Club 11am

Sean Wade (Soloist) Belvedere Hotel 2:30pm

Peter Kinch (Soloist) The Ambassador of Redcliffe 6pm

Industry of Kool ft. DJ Nikistix Redcliffe Leagues Club 6:30pm

Brookesy & CO Mon Komo Hotel 8:30pm

SUNDAY 22

Mic Travers Belvedere Hotel 12:30pm

Chris Stevenson Mon Komo Hotel 1pm Brian Avery Redcliffe Leagues Club 6pm

WEDNESDAY 25

Noel Parlane Redcliffe Leagues Club 11am Melaanie & Brown Suga ft. DJ Luke Redcliffe League

THURSDAY 26



Melaanie & Brown Suga Redcliffe Leagues Club 11am

Krazy Kath Karaoke Mon Komo Hotel 8pm

THURSDAY 26

Country Boys Redcliffe Leagues Club 6pm

FRIDAY 27

Rob Rosenlund Redcliffe Leagues Club 11am

Amy Kate Belvedere Hotel 5:30pm

Carter Roser (Soloist) The Ambassador of Redcliffe 6pm

Off the Leash ft. DJ Luke Redcliffe Leagues Club 6:30pm



Trifecta Captain Cook Tavern 7pm

Trace Mon Komo Hotel 10:30pm

SATURDAY 28

Craig Shaw Redcliffe Leagues Club 11am

Sean Wade (Soloist) Belvedere Hotel 2:30pm

Steve Rudken The Ambassador of Redcliffe 6pm

Stevenson Street Band ft. DJ Nikistix Redcliffe Leagues Club 6:30pm

Zoophonic Blonde Mon Komo Hotel 8:30pm

LOCAL DIRECTORY

Accommodation

Beach House B&B 20 Thompson Cres Clontarf Beach . 3284 0534

Kippa-Ring Village Motel **418** Elizabeth Ave Kippa-Ring 3283 3933 Oaks Mon Komo 99 Marine Drive Redcliffe 3283 9300 Waltzing Matilda Motel 109 Margate Parade Margate . 3283 7177

Accounting & Bookkeeping



Air Conditioning



Banks

ANZ Bank 270 Oxley Avenue Margate
ANZ Bank 81 Redcliffe Pde Redcliffe
ANZ Bank Cnr Anzac Ave & Boardman Rd Kippa-ring 3284 6122
Bank of QLD Shop 31, Anzac Avenue Kippa-ring 3284 0888
Commonwealth Bank 292 Anzac AveKippa-ring
Commonwealth Bank Cnr Redcliffe Pde & Baker St Redcliffe 13 22 21
Commonwealth Bank Oxley Avenue Margate
Heritage Bank Shop 107, 272 Anzac AveKippa-ring 3283 4766
Margate Community Bank 300 Oxley Ave Margate 3883 2399
NAB Bank L 1, 14 Boardman RdKippa-ring
Suncorp Bank Peninsula Fair Shopping Kippa-Ring 1800 133 103
Suncorp Bank Cnr Anzac Ave & Sutton St Redcliffe 3362 2222
Westpac 262 Anzac Ave Kippa-ring
Westpac 65 Redcliffe Pde Redcliffe

Cafes & Restaurants

1 st Stop Cafe 98 Elizabeth Avenue, Clontarf	3284 8770
	3883 1970
Aussie Rooster Cnr Anzac Ave & Broadman Rd Kippa-Ring	
	3880 2007
Baan Phaya Thai 82 Anzac Pde, Redcliffe	3283 2935
Baan Phaya Thai 95 Prince Edward Pde, Scarborough .	
	3203 5033
	3283 4141
	3283 1755
Big Dad's Pies 295 Oxley Ave, Margate	
Bikini Beach Cafe 77 Redcliffe Parade, Redcliffe	
Billy's On The Bay 109 Margate Parade Margate	
Breakers Snack Bar 2/150 Maine Road Clontarf	3284 0011
	3284 1117
Ceylon Inn Classic Curries 85 Redcliffe pde, Redcliffe .	3889 5775
Danny's 89 Landsborough Avenue Scarborough	3880 1900
Delgado's 255a Victoria Avenue Redcliffe	3284 5258
	3283 4603
	3889 5801
	3384 2111
	3284 5650
Feel Goodz Gourmet 14 Oxley Ave, Woody Point	
Fed Lin 26 Ashmole Road Redcliffe	3283 7117

Cafes & Restaurants

Fish'n at Bell's Beach 184 Hornibrook Espl Clontarf 3283 1618
Flip 'N' Fish Cltrf 1/9 Elizabeth Avenue Clontarf 3283 6426
Healthy Noodle Bar 300 Oxley Avenue Margate 3283 5228
Herbert's Hot Food 7a Sheehan Redcliffe
Hog's Breath 115 Redcliffe Parade Redcliffe 3284 7244
Honey Pot 29 Redcliffe Parade Redcliffe
Hungry Jack's P/L 286 Anzac Avenue Kippa-Ring
Indian Brothers Restaurant 40 Hornibrook Espl Clontarf 3284 5599
JD Thai 3a Oxley Avenue Margate
Jetty Café 155 Redcliffe Pde Redcliffe
Kashmir Cafe 59 Redcliffe Pde, Redcliffe
Kazzy's Larder 1/52 King Street Woody Point 3142 2244
KFC 307 Oxley Avenue Redcliffe
Lighthouse Takeaway 151 Oxley Ave Woody Point 3284 2866
Mamma's Italian Restaurant 265 Oxley Ave Margate 3284 4512
Marcello's Italian Restaurant 116 Sutton St Redcliffe . 3284 2312
Marconi Coffee Shop 7/295 Oxley Ave Margate 3283 3439
Masala Point Café Restaurant 14 Oxley Ave Woody Pt 3284 0035
McDonald's Clontarf 4 Oasis Court Clontarf 3283 8260
McDonald's Kippa-Ring 272 Anzac Avenue Kippa-Ring . 3889 3833
McDonald's Redcliffe 94 Silvyn Street Redcliffe 3883 2644

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Miccolini's Pizza & Pasta 143 Griffith Rd Scarborough . 3880 2755
Morgans Seafood Bird of Passage Pde Scarborough . 3203 4592
Outback Jacks Cnr Anzac Ave & Sutton St Redcliffe 3283 8125
Pasta Kitchen 6/14 Oxley Ave Woody Point 3889 5246
Pasta Kitchen 6/14 Oxley Ave, Woody Point
Peninsula Fair Carvery 284 Anzac Avenue Kippa-Ring 3284 2956
Depincula Takeaway Palmoral Street Margate 2292 2651
Peninsula Takeaway Balmoral Street Margate
Dilpol 26 Pouros Street Margate 2002 2964
Pilpel 26 Baynes Street, Margate
Red Rooster 405 Elizabeth Ave Kippa-Ring
Red Wing Charcoal Chicken 23 Redcliffe Pde Redcliffe
Red Wing Charcoal Chicken 23 Redcline Poer Redcline
Redcliffe Pizza & Kebab Café 303 Oxley Ave Margate . 3889 5550
Reddy Kebabs 133 Redcliffe Parade Redcliffe 3284 6911
Reef Point Café 75 Redcliffe Parade, Redcliffe 3284 6956
Sails Restaurant Marine Parade Redcliffe
Samila Thai Restaurant 295 Oxley Avenue Margate 3284 4430
Saucy Mama 115 Sutton Street Redcliffe
Silver Lake Chinese Rest. 63 Landsborough Ave Scborough 3880 1209
Sizzler Redcliffe 76 Anzac Avenue Redcliffe
Something Moore-Ish Cafe 27 Lilla St Woody Point
Subway Clontarf 9 Elizabeth Avenue Clontarf
Subway Kippa-Ring 272 Anzac Avenue Kippa-Ring 3283 7707
Subway Redcliffe 159 Redcliffe Parade Redcliffe 3283 3411
Sushi Central 141 Sutton Street Redcliffe
Sutton St Café 137 Sutton Street Redcliffe
T&J's Snack Bar 33 Brewer Street Clontarf. 3284 4471 Tasha's Snack Bar 52 High Street Kippa-Ring 3284 3033 Thai Hut 95 Redcliffe Road Redcliffe 3284 0744
Tasha's Snack Bar 52 High Street Kippa-Ring 3284 3033
Thai Hut 95 Redcliffe Road Redcliffe
That Surprise 95 Prince Edward Parade Scarborough 3880 34//
The Boat Shed 63 Landsborough Avenue Scarborough 3880 0555
The Coffee Club 171 Redcliffe Parade Redcliffe 3283 6147
The Coffee Club - Kippa-Ring 284 Anzac Ave Kippa-Ring 3283 4739
The Golden Ox 330 Oxley Avenue Margate
The Oasis On The Esplanade 163 Redcliffe Pde Redcliffe 3283 1677
The Rumbling Tummy Takeaway 57 Ashmole Rd Redcliffe 3203 7127
The Rustic Olive 79 Redcliffe Parade Redcliffe 3889 3199
Under The Verandah 155 Oxley Ave Woody Point. 0415 728 825
The Rumbling Tummy Takeaway 57 Ashmole Rd Redcliffe 3203 7127 The Rustic Olive 79 Redcliffe Parade Redcliffe
Wok Me Noodle Bar Bluewater Square Redcliffe
Woody's Seafood 42 Oxley Avenue Woody Point
Yung Lee Kippa Ring Shopping Centre Kippa-Ring 3283 4402
Zarraffa's Coffee 20 Anzac Ave Redcliffe
Zorba's Pizza & Pasta 12 Duffield Road Margate 3283 7000

LOCAL DIRECTORY

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Anytime Fitness 9 Elizabeth Avenue Clontarf
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Galleries
Redcliffe City Art Gallery 470-476 Oxley Ave Redcliffe . 3283 0415

Redcliffe City Art Gallery 470-476 Oxley Ave Redcliffe . 3283 0415 Redcliffe Cultural Centre Downs Street Redcliffe . . . 3283 0400 Sea Side Artists Gallery 133 Redcliffe Pde Redcliffe . . 3284 3356

Government & Services

Centrelink 279 Oxley Avenue Margate	. 13 24 68
Luke Howarth MP Member For Petrie Clontarf	3284 8008

Hair & Beauty

Medicare 279 Oxley Avenue Margate
Redcliffe Hospital Anzac Avenue Redcliffe
Redcliffe Library 470-476 Oxley Ave Redcliffe 3283 0311
Yvette D'Ath MP Cnr Anzac Ave and Sutton Str Redcliffe3284 2667
198 Hair Studio 17 Moonga Crt Clontarf
Allured Hair Studio 295 Oxley Ave Margate
Anthony Presotto 13 Balmoral Street Margate 3283 2228
Arke Hair Artistry 14 Oxley Avenue Woody Point 3889 5005
Barber's Den Kippa-Ring Shopping Village Kippa-Ring 3284 5370
Bayside Int Hair & Beauty Bar 2 Anzac Ave Redcliffe. 0423 713 193
Beautiful You Hair & Beauty 4 Duffield Rd Margate 3284 6463
Becky B Hairdressing 138 Sutton St Redcliffe 0432 908 541
Benita's Hair Shop 43a Anzac Ave Kippa-Ring 3284 0780
Bio Point Hair Shp 1b/ 27 Lilla St Woody Point 3283 1722

Hair & Beauty

Blue Mango 103 Kate Street Woody Point
CJ Shears Cltrf 10 Lucinda Street Clontarf
Hair Revolution 319 Oxley Avenue Margate
Ink Hair Creations 180 Anzac Áve Kippa-Ring 3142 4824 Jaffa's Styling Studio 83 Griffith Rd Scarborough
Kidman's Hair Studio 147 Sutton Street Redcliffe
Midway Hair 538 Oxley Ave Redcliffe
NVS Hair & Beauty Bluewater Sq Shopping Redcliffe 3284 1474 Piasecki's Hairstudio Dakis Arcade, Sutton Str Redcliffe 3284 2644 Rebhorne 127 Sutton Road Clontarf
Rustic Blend Hair 65 Landsborough Ave Scarborough . 2003 5441 Silhouette Hair Design 26 Baynes Street Margate
Stefan Hair Fashions Peninsula Fair Kippa-Ring
The Texture Crew 538 Oxley Avenue Redcliffe
Vicki's Hairtrix Kippa-Ring Vlge Kippa-Ring

Health & Wellbeing



326 Oxley Ave (cnr Bank St Margate) 0434 032 166

OCAL DIRECTORY





Retail

Coljo's Fashion Shop 15a Cominos Arc, Redcliffe . 0404 413 967



Redcliffe State High Klingner Rd Redcliffe ...

Scarborough State School Eversleigh Rd Scarborough

Southern Cross Catholic Clge 307 Scarborough Rd Scarb

Woody Point Special School 85 Georgina Str Woody Pt 3480 4333

3897 5111

3897 1111

3480 3333

3480 3600

Ph: 3284 9222

nellowor 90 Sutton St Redcliffe

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